



September 2018 St. Theresa's

Monday September 3rd	Tuesday September 4th	Wednesday September 5th	Thursday September 6th	Friday September 7th
School Holiday	Pulled Pork Sliders w/ Cauliflower Mac N' Cheese Veggie Medley Salad Bar Fresh Fruit	Hand-Breaded Chicken Tenders Oven-Roasted Sweet Potatoes Cauliflower & Peas Fresh Fruit	Beef Tacos Spanish Rice Seasoned Green Beans Fruit of the Day	Cheese or Pepperoni Pizza Slices Roasted Vegetable Marinara Pasta Daily Fruit Salad Bar
September 10th	September 11th	September 12th	September 13th	September 14th
Grilled Cheese Sandwich on Whole Wheat Bread Veggie Sticks Fruit & Salad Bar	Baked Ziti w/Beef & Roasted Vegetable Marinara Seasoned Green Beans Fresh Fruit & Salad Bar	Glazed Teriyaki Chicken Steamed Basmati Rice Broccoli & Peppers Daily Fruit & Salad Bar	Crunchy Chicken Tenders & Waffles Optional: Syrup Roasted Brussel Sprouts Fruit of the Day & Salad Bar	Cheese or Pepperoni Pizza Slices Roasted Vegetable Marinara Pasta Daily Fruit Salad Bar
September 17 th	September 18 th	September 19 th	September 20 th	September 21 st
Bean & Cheese Burrito w/Seasonal Roasted Veggies Salad Bar Fresh Fruit & Salad Bar	Pasta with Homemade Turkey Meatballs In Marinara Fresh Cooked Broccoli Salad Bar Daily Fruit	Oven Roasted Chicken Drumsticks w/Biscuits & Honey Glazed Carrots Fresh Fruit Salad Bar	Sloppy Joe on Sweetish Hill Whole Wheat Bun Oven-Fried Potatoes Seasonal Green Beans Salad Bar Fruit of the Day	Cheese or Pepperoni Pizza Slices Roasted Vegetable Marinara Pasta Daily Fruit Salad Bar
September 24 th	September 25 th	September 26 th	September 27 th	September 28 th
Hamburger on Whole Wheat Bun Home Fries Optional: American Cheese Veggie Sticks Fruit & Salad Bar	Ham or Turkey Sub Sandwich on a Whole Wheat Bolio Bun Tortilla Chips Black Bean & Corn salad Fresh Fruit & Salad Bar	Natural Baked Chicken on Flour Tortilla w/ Pinto Beans Honey Glazed Carrots Salad Bar Daily Fruit	Pasta Bolognese with Roasted Vegetable Marinara Fresh Seasoned Green Beans Salad Bar Fruit of the Day	Cheese or Pepperoni Pizza Slices Roasted Vegetable Marinara Pasta Daily Fruit Salad Bar
October 1 st	October 2 nd	October 3 rd	October 4 th	October 5 th
Beef Hot Dog w/Baked Beans Veggie Sticks Salad Bar Daily Fruit	Pulled Pork Sliders w/ Cauliflower Mac N' Cheese Veggie Medley Salad Bar Fresh Fruit	Hand-Breaded Chicken Tenders Oven-Roasted Sweet Potatoes Cauliflower & Peas Fresh Fruit Salad Bar	Beef Tacos Spanish Rice Seasoned Green Beans Salad Bar Fruit of the Day	NOON DISMISSAL- NO LUNCH

Fruit selection for the day includes one of the following based on availability:

Organic: Grapes Apples Strawberries Pears Other: Banana Pineapple Mandarin Oranges

Local: Honeydew Oranges Watermelon Cantaloupe Peaches