

Practice Yoga in Paradise

Barbados Yoga Retreat
with Jen and Kym Coco

Jan 17-23,
2016

Morning Yoga
with an ocean view

New & Experienced
Yogis Welcome

Yoga week at Beachside Location \$995 - \$1395

Restorative Yoga
Every evening


Lots of Local Activities
at your leisure:

-snorkeling, surfing
shopping, relaxing
by the beach, boat tours,
and more

Single & Double
Rooms Available
In beachside condos

Dine in or eat out

Make new friends
and have fun!



Combine the joy of traveling with the magical transformation that happens on your yoga mat. During this weeklong getaway, you'll have the chance practice overlooking the Caribbean sea, enjoy some rest and relaxation, as well as explore the enchanting island of Barbados. Whether you are a new or experienced student, this retreat will refresh your body, mind, and spirit.

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\$500 deposit. Space is limited.