

The Women's House in Århus started out in March 2008 as a meeting place for women from all parts of the world and from all walks of life. The idea was for the house to be a safe haven no matter what a woman's origin, religion or cultural background might be. In "Kvindehuset", the Women's House, women can meet to relax and enjoy each other's company. They can also take part in a wide variety of social and/or educational activities: join a Danish class suited to their level, learn about the Danish society and the city they live in, go to the gym and learn about their own bodies and the importance of exercise to their health and well-being. Whether a woman chooses to be part of a creative activity, a cooking project or perhaps an English class, in the Women's House she will have the possibility to be part of a community and get a network of women some of whom may have been in a similar situation to her own. Many friendships are formed in the Women's House bridging apparent differences.

The Women's House is based on voluntary work and uses the idea of volunteering as a principle for growth. Often women arrive with the purpose of using what the house may offer and end up finding resources to do volunteer work. Users and volunteers have a say in determining activities. In this way we have seen activities for young girls approaching adulthood, and right now we have bi-weekly social evenings for women and their children.

Some women have characterized the house as "my father's house". Here they can go to the certified social adviser for help with difficult social problems or just with a letter from a public institution that is hard to understand. They can also bring their children to a celebration of summer or Christmas or take part in an Eid festival. On Sundays and by appointment during the week women enrolled in a professional educational/training programme can get qualified one-to-one help according to their individual needs.

Kvindehuset i Århus, the Women's House in Århus, welcomes all women. Our aim is to make every single woman feel at home in a Danish environment that may be very different from the one she used to know. We offer the opportunities for her to find her inner resources and gain self-esteem, so that she can grow and be a role model to her children.

If having read the above you feel like visiting the Women's House, we'll be happy to welcome you Monday-Thursday from 10 o'clock to 3 p.m. On Friday the house is open to two groups only: mothers with children 0-3 years of age and a social club for women above 55 years of age.

Please feel free to drop in and have a cup of tea or coffee, and we'll show you the house. We look forward to seeing you.

*Kvindehuset i Århus ☺ The Women's House in Århus*