



“Awakening the Joy from Within”

Santa Barbara Narathon

March 11, 2017

Trinity Lutheran Church – Fellowship Hall

909 N La Cumbre Road, Santa Barbara

Fellowship - 9:30a.m.

Narathon - 10a.m. to 4p.m.

Donation at door - \$5 Suggested

Fundraising – Silent Auction, 50/50 Drawing, Items for Sale

Statement of Purpose: The Narathon raises funds for the Central California Region in support of Central California Nar-Anon Family Groups. The Narathon Day of Fellowship provides experience, strength, and hope from speakers and panel discussions. Please Come!

10 am “Just for Today; From Misery to Joy” Group Discussion; SESH page 108

11 am “Step Four – Searching and Fearless Inventory” Speaker

12 pm Pot Luck Lunch and Fundraising

1 pm “Twelve Steps and Twelve Traditions” Speakers

2 pm “Courage to Recover” Group Discussion; SESH page 96

3 pm “Sponsorship” Panel Discussion

4 pm Closing