

FALL

BROCHURE | 2016



**REGISTER
TODAY!**

Secure your spot and
save \$10 — avoid the
late registration fee!

See Page 2



GREATERMIDLAND
COMMUNITY
CENTER

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MEMBERSHIP

YOUTH	AUTO DRAFT	12 MONTH
JOINING FEE	\$39	
SINGLE	\$20/MONTH	\$279
PREMIER	\$29/MONTH	\$387

ADULT	AUTO DRAFT	12 MONTH
JOINING FEE	\$69	
SINGLE	\$32/MONTH	\$453
PREMIER	\$51/MONTH	\$681

FAMILY	AUTO DRAFT	12 MONTH
JOINING FEE	\$99	
SINGLE	\$59/MONTH	\$807
PREMIER	\$89/MONTH	\$1167

FAMILY PREMIER MEMBERSHIP

Includes everything under the Single Premier membership plus free Kid's Corner at the Community Center & North-End Fitness Center, Jungle Gym and drop-in gymnastics at the Community Center and free Family Fun Nights at the Community Center & Tennis Center.

SINGLE PREMIER MEMBERSHIP

Includes memberships to the following Greater Midland facilities: Community Center, Tennis Center, North-End Fitness Center, North Family Center, Coleman Family Center. Activities include Swimming, Wellness Center, Courts, court reservations, Climbing Wall and core land & water fitness classes.

SINGLE ACTIVITY MEMBERSHIPS

Memberships are available for swimming pools, the wellness center, or courts (including gyms, racquetball, table tennis & pickleball). See page 16 for drop-in schedule.

* The Greater Midland Community Center provides sliding scale assistance for those in need. Please inquire at the Welcome Center for more information: 989-832-7937 ext 4413 or visit greatermidland.org

IMPORTANT DATES

FALL SESSION 1: SEPTEMBER 4-OCTOBER 22, 2016
FALL SESSION 2: OCTOBER 23 – DECEMBER 17, 2016
REGISTRATION BEGINS: MONDAY, AUGUST 8

MEMBER DISCOUNT ENDS: Saturday, August 20
 FALL 1 \$10 LATE FEE BEGINS: Sunday, August 21
 FALL 2 \$10 LATE FEE BEGINS: Sunday, October 9
 CLOSED Labor Day, Thanksgiving, Christmas Day and New Years Day

*** REGISTER TODAY!** A \$10 late fee will be assessed to any activity registered within two weeks of session start date.

BUILDING HOURS

LABOR DAY – MEMORIAL DAY

MONDAY - FRIDAY 5:00 AM - 9:30 PM
 SATURDAY 7:45 AM - 9:00 PM
 SUNDAY 11:00 AM - 5:00 PM

CLOSED: Labor Day, Thanksgiving, Christmas Day, New Year's Day, Easter, Memorial Day & July 4th

OPEN SPECIAL HOURS: Christmas Eve & New Year's Eve

CONTACTS

MEMBERSHIP

CALLY TAYLOR 989.832.7937 EXT. 2250
 CTaylor@greatermidland.org

CHILDCARE / PRESCHOOL

ANDREA SECREASE 989.832.7937 EXT. 2237
 ASecrease@greatermidland.org

ATHLETICS

JENNY ROAN 989.832.7937 EXT. 2261
 JRoan@greatermidland.org

AQUATICS

SAM MITHOEFER: 989.832.7937 EXT. 2272 OR EXT. 2281
 SMithoefer@greatermidland.org

DANCE, GYMNASTICS, CHEER LEADING & ARTS

JENNIFER HALLMAN: 989.832.7937 EXT. 2264
 JHallman@greatermidland.org

CLIMBING WALL

JOSH POWELL: 989.832.7937 EXT. 2265
 JPowell@greatermidland.org

ACTIVE ADULTS

AMANDA EWALD 989.832.7937 EXT. 2270
 AEwald@greatermidland.org

POLICIES

WRISTBAND POLICY

Wristbands and/or activity passes may be required for participation in programs at the Community Center.

LOCKER RENTAL

\$80 per year - members
 \$110 per year - non-members

TOWEL RENTAL

Towels may be rented for \$1.00 each. One towel per person is included in Premier memberships.

MEMBERSHIP DISCOUNT

SYMBOL = MEMBERSHIP DISCOUNT INCLUDED

EXAMPLE:

PEE WEE COMBO • 3 - 5 YRS

This loosely structured combination class explores the basics of ballet, jazz, and hip hop! 30 minute class.

Membership discount is \$10 off the cost of select Youth & Preschool programs.



DROP IN HOURS

SWIM HOURS: SEPTEMBER 6 – DECEMBER 31, 2016

OASIS POOL OPEN SWIM

Mon/Tue/Wed	11:00am – 4:15pm
Thu	11:00am – 5:00pm
Thu (\$3 Nights)	5:00pm – 8:00pm
Fri	11:00am – 7:00pm
Sat	12:30pm – 8:00pm
Sun	12:00pm – 4:00pm

50+ EXCLUSIVE SWIM

Mon/Wed/Fri	7:00 – 8:00am
Tue/Thu	7:00 – 9:00am

PRESCHOOL SWIM

Tue/Thu	10:00 – 11:00am
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Preschool Swim: *Paying adult must accompany preschool child into water. \$10 for both the parent and the first child, only \$3 for each additional child. No more than 3 children per adult.*

EAST POOL LENGTH SWIM

Mon-Fri	5:30am – 8:00am (Adults only swim)
Mon-Thu	11:00am – 4:30pm
Mon-Thu	7:30pm – 9:00pm
Fri	11:00am – 6:30pm
Sat	9:00am – 12:00pm (Two lanes only)
Sat	12:00pm – 3:00pm
Sun	12:00pm – 3:00pm

East Pool Length Swim:

Because these times are scheduled for length swim not personal instruction, please follow length swim etiquette, including, but not limited to: staying to the proper side of the lane, swimming not playing, coaching or walking in the lane, adjusting lanes for appropriate speed. Lifeguards will assist with any guidance needed.

PLEASE NOTE:

- To swim alone children must be 7 years old; otherwise a parent must be IN THE WATER and within arm reach of the child at all times.
- Swimmers must be 15 years old to be alone in the hot tub.
- Children must be able to swim 15 yards to use the slide alone; if not, they must wear a lifejacket (provided by Community Center) and ride down with an adult 18 years or older.



FALL GYM HOURS* • SEPTEMBER 6, 2016- MAY 29, 2017

DROP-IN BASKETBALL

Adult	Mon-Fri	5:30am – 8:00am, 11:00am – 1:00pm
		5:00pm – 7:00pm
Youth	Mon-Fri	3:00pm – 4:30pm
Adult & Youth	Fri	6:30pm – 9:00pm
	Sat	4:00pm – 6:00pm
	Sun	11:00am – 1:30pm or 3:30pm (varies)

DROP-IN VOLLEYBALL

Adult	Fri	6:30pm – 9:00pm
Sun		11:00am – 1:30pm or 3:30pm (varies)

BADMINTON

Sun	11:00am – 2:00pm
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PICKLEBALL

Tue:	9:00am-11:30am
Thu:	9:00am-11:30am
Fri:	10:00am-12:00pm
Sun:	2:00pm-5:00pm

TABLE TENNIS

Mon/Wed/Fri	9:00am – 11:00am
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CLIMBING WALL OPEN CLIMB HOURS

Mon-Wed	6:00pm – 9:00pm	\$8/participant
Thu	Closed	
Fri	6:00pm – 9:00pm	
Sat	1:00pm – 4:00pm	
Sun	1:00pm – 4:00pm	

Open Climb is for anyone ages 4 and up; other age restrictions apply. Climbing Day Passes are \$8 per person. A Climbing Wall Participation Waiver must be on file before participating. Climbers are responsible for their own belayers. Groups with more than six participants are asked to make a reservation. For more information please contact Josh Powell, jpowell@greatermidland.org or ext. 2265.

* NOTE: Facility availability will vary due to leagues, tournaments or other programming. Consult weekly schedule for specific hours by calling the Welcome Center at x 0.

GYMNASTICS/JUNGLE GYM • SEPTEMBER 6, 2016- MAY 29, 2017

GYMNASTICS • AGES 7 & UP

Fri & Sat	6:30pm – 8:30pm	\$5/child
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FREE FOR FAMILY PREMIER MEMBERS • This is a drop in program for children 7 & up. They are allowed to utilize all of the gymnastics equipment. An instructor is present for help. Parents are not required to stay, but must sign children in.

JUNGLE GYM • 6 & UNDER

Mon/Wed/Fri	10:30am – 12:00pm	\$5/child
Fri & Sat	4:30 – 6:30pm	\$5/child

FREE FOR FAMILY PREMIER MEMBERS • Jungle gym is a parent/child playtime at it's best. It is a drop in activity that features an obstacle course, the Tumble Trak, different equipment each day, along with musical games. Jungle Gym is designed for creative play time between parent and child. Parent participation required. Great for play groups!

BIRTHDAY PARTY RENTALS

HAVE YOUR BIRTHDAY PARTY EVENT AT THE COMMUNITY CENTER!

Parties include: Swimming, Gymnastics, Climbing, Princess Party, Nerf Party, and Bounce House. We provide cake, ice cream, all decorations and a special gift bag for every paid guest; **Standard Party Package:** Includes one hour in the party room and one hour in activity; **Party Plus:** Includes one hour in the party room and two, one-hour activities; **Ultimate Party:** One hour in the party room and two hours of activity with a personal party host. **Please contact Brittany Gillespie: 989-832-7937 x2266 or BGillespie@greatermidland.org.**

GYM RENTALS

The Midland Community Center has **three full-size gyms** to rent by groups and organizations. Special rates are available for Midland Community Center team practices/scrimmages. **For specific information contact Jenny Roan: 989.832.7937 ext. 2261 or jroan@greatermidland.org.**

SPECIALTY FITNESS

WELLNESS CENTER

Our Wellness Center provides different avenues to meet all fitness goals. Life Fitness and Free Motion weight circuits, 10 different varieties of cardiovascular equipment and a state of the art weight room area for your use. We also offer group fitness classes, massages, specialty fitness and a rock wall.

LAND AND WATER FITNESS CLASS PASS

See website for schedule. Download new fitness app available in the app store.

FALL SESSION

ADULT ANNUAL Pass \$330, Session Pass \$88, Drop In \$8
50+ ANNUAL Pass: \$315, Session Pass \$83, Drop In \$7

NO CLASS September 5th (Labor Day) & November 24-27th.

MASSAGE

It is all about you! Massage Therapy can alleviate lower back pain, relieves muscle tension, relax overused muscles and creates relaxation, minimizes anxiety and lessens depression. Swedish, Deep Tissue, Myofascial Release Therapy available.

Massages: \$60/Hour

Thera-Rub Massage: \$15 for 15 minutes

To set up an appointment with one of our Licensed Massage Therapists call Peggy Smith, 989.832.7937 ext. 4443 or Lisa Phillips, 989.205.8395

PERSONAL TRAINING

Your path to personalized wellness starts with our Wellness Concierges, Julie Dunsmore and Tyler DuRussel. They meet with you, assess your needs and match you with a training program and certified personal trainer. This free wellness assessment is available to members and nonmembers. Whether your goal is general wellness, weight loss, muscle toning, injury prevention, post-rehabilitation, power lifting competitions, bodybuilding and physique competition, our knowledgeable trainers motivate and encourage your journey. Personal training at Greater Midland is just that — personal. Contact: Matt Smith (Director of Personal Training) msmith@greatermidland.org 989-832-7937 x2253, Julie Dunsmore (Wellness Concierge) 989-832-7937 x2226 jdunsmore@greatermidland.org, Tyler DuRussel (Wellness Concierge) 989-832-7937 x2226 tduRussel@greatermidland.org

CURLING CENTER RENTALS

Group rentals are available for special events. Clubs, schools, churches, businesses and other organizations can try this fun sport. **Contact Kari Wedge at 832-7937 x2212 or KWedge@GreaterMidland.org for information.**

CURLING OPEN HOUSES!

Come try the Olympic Sport of Curling at our Curling Open House!

Sun	10/30	1pm – 3pm	\$10
Sat	11/5	1pm – 3pm	\$10



ATHLETIC REPUBLIC

We know how to develop competitive athletes. Our underlying mission is to tip the scales of sport in your favor. Using professional testing tools with synchronized video to document progress, we've tested, studied and perfected our training programs. Every individualized program is based on fundamental test data that identifies your strengths and targets your weaknesses. Our proven methods safely push you past your limits — increasing the competitive skills required to be a champion. **Please Contact Kyle Tigner today at 989-923-1952 or ktigner@greatermidland.org to set up your athletes Free Training Trial. midland.athleticrepublic.com**

ADULT YOGA

Our Adult Yoga program has something for everybody however beginners should consider attending Level 1 or Yin classes before attending Level 2 classes. Dress comfortably. Mats are available for your use. We offer Gentle, Alignment and Vinyasa Yoga. View our group fitness schedule for complete details. For information on specific yoga classes contact Mike Schafer: ext.2251 or mschafer@greatermidland.org. Visit greatermidland.org for additional details.

FAMILY FUN NIGHTS

Family Fun Nights take place the 1st Friday of each month from October to May. Bring the whole family to swim in the Oasis Pool, Climb our Rock Wall, Jump around in the Gymnastics Room, take part in our themed activities and enjoy snacks and refreshments! (A family of 4 can attend for \$20, each additional participant \$2.) For more information email Andrea Secrease at ASecrease@mymcc.org or call 989-832-7937 x. 2230.

MARTIAL ARTS

TAE KWON DO – YOUTH AND ADULT

Internationally certified instructors, Master Terry Batch, 8th degree black belt, and Chief Instructor Emily Batch, 5th degree black belt. Emphasis is on self-discipline and control offering students the opportunity to discover their own potential. Class includes patterns, sparring, board breaking, bag work and more. New students are accepted the first week of each month.

NOTE: Students are welcome to train in any class of their rank or lower. Late fees are applied after the 7th of each month on outstanding balances.

FALL 1: 10410 September	FALL 2: 60410 November
10411 October	60411 December

Beginner Class: 10th - 7th gup techniques practiced
Intermediate Class: 6th - 3rd gup techniques practiced
Advanced Class: 2nd gup - Black Belt techniques practiced
Section A 1 time/week at \$40 per month (1 - 3 hrs of training weekly)
Section B 2 times/week at \$76 per month (2 - 6 hrs of training weekly)
Section C 3 times/week at \$108 per month (3 - 9 hrs of training weekly)
Section D 4 times/week at \$136 per month (3 - 12 hrs of training weekly)

TRAINING HOURS:

TUESDAY:	6:00 - 7:00pm Beginner	THURSDAY:	6:00 - 7:00pm Intermediate
	7:00 - 8:00pm Intermediate		7:00 - 8:00pm Beginner
	8:00 - 9:00pm Advanced		8:00 - 9:00pm Advanced
WEDNESDAY:	7:00 - 8:00pm Beginner and Intermediate	SATURDAY:	9:00 - 10:00am Beginner
	8:00 - 9:00pm Advanced		10:00 - 11:00am Intermediate
			11:00 - 12:00pm Advanced

CONTACT: Master Terry Batch
terry@taekwondobatch.com
989.430.9143
www.taekwondobatch.com

HOLD AN EVENT!



CLIMBING WALL RENTALS

The Climbing Wall has a capacity of 18 and is available for private reservations and group activities. **For more information and special rates, please contact Kari Wedge: 989-832-7937 x2212 or KWedge@greatermidland.org.**

PRESCHOOL AQUATICS

STRUCTURED LESSONS

All aquatic instructional programs are offered under the standards of the American Red Cross program. Standardized skills and progress reports will be used in all classes to reflect each student's abilities.

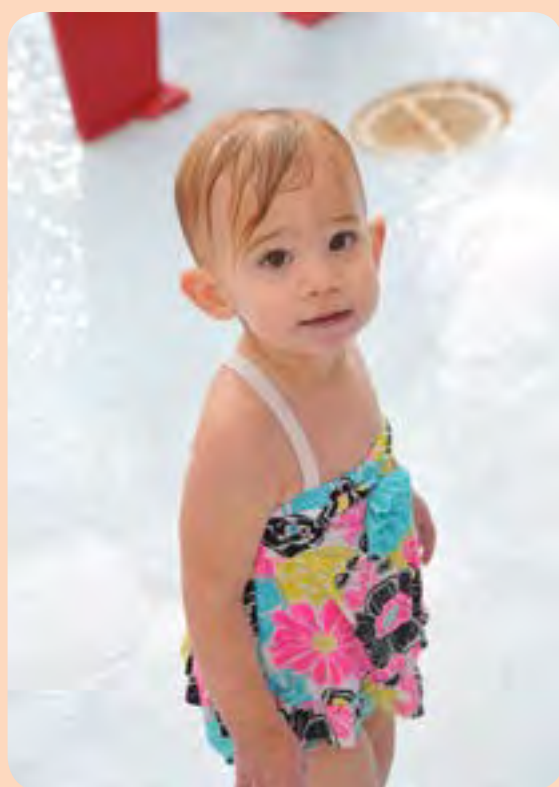
PLEASE NOTE: There will be **NO SWIM LESSONS** September 5, and November 24, 25, 26

PARENT - CHILD CLASSES

We offer several different parent-child programs to meet a variety of needs. These classes are designed to teach the adult skills and attitudes to help their child feel safe in the water, acquire necessary swimming skills, enjoy time together, and have fun.

THINGS YOU NEED TO KNOW BEFORE YOUR FIRST CLASS:

1. No make-ups will be given for any missed classes. Swim class fees do not include admittance to any open swim times.
2. During swim classes, parents will be asked to watch from the observation rooms overlooking the pools rather than on the deck. Please talk with your child about this so they know what to expect.
3. Please bring hair ties or clips for hair that will hang in the face when wet.
4. Please remove street shoes before entering pool area.
5. Please be sure the student uses the bathroom before class, especially younger students that may need help.



LITTLE ONES WATER ADJUSTMENT • 6 MO-2.5 YRS

Parents/guardians/caregivers (one adult in the water per child) will be taught methods to help their child with basic water adjustment skills, swimming techniques, confidence and independence in the water. Interaction, bonding, water safety and fun will also be a focus of this class.

FALL 1					
9/12 - 10/17	11100-A	M	5:45 - 6:15pm	\$60	
9/7 - 10/19	11100-D	W	5:45 - 6:15pm	\$70	
9/10 - 10/22	11100-H	Sa	10 - 10:30am	\$70	
FALL 2					
10/24 - 12/12	11100-J	M	5:45 - 6:15pm	\$80	
10/26 - 12/14	11100-M	W	5:45 - 6:15pm	\$80	
10/29 - 12/17	11100-R	Sa	10 - 10:30am	\$70	

2 PEAS IN A POD • 2.5 YRS & UP

This class is designed for families that want to continue a hands-on approach to their child's swimming skills. Parents/guardians/caregivers (one adult in the water per child) will be taught methods to help their child with basic water adjustment skills, swimming techniques, confidence and independence in the water. Class goals include water safety as well lots of fun. This is the perfect class for children with special needs or those who may need a little more personal attention to help their learning process.

FALL 1					
9/12 - 10/17	11200-B	M	6:15 - 6:45pm	\$60	
9/7 - 10/19	11200-C	W	6:15 - 6:45pm	\$70	
9/10 - 10/22	11200-D	Sa	9:30 - 10am	\$70	
FALL 2					
10/24 - 12/12	11200-F	M	6:15 - 6:45pm	\$80	
10/26 - 12/14	11200-G	W	6:15 - 6:45pm	\$80	
10/29 - 12/17	11200-H	Sa	9:30 - 10am	\$70	

PRESCHOOL CLIMBING

BOULDERING BUDDIES • 4-6 YRS

A beginner class covering the fundamentals of rock climbing. Builds confidence, teaches life skills, and encourages physical, mental, and social development.

FALL 1					
9/10 - 10/22	17700-A	Sa	12:15 - 1pm	\$43	
FALL 2					
10/29 - 12/17	17700-B	Sa	12:15 - 1pm	\$43	

PRESCHOOL GYMNASTICS

TUMBLE TOTS • 1-3 YRS

A structured class that builds on the basic motor skills learned in Baby Steps. Parent and child will learn basic skills such as rolls, balancing on the beam, etc. while focusing on a weekly goal, like turning turns or listening. Parent participation required.

FALL 1					
9/10 - 10/22	17045-B	Sa	9:30 - 10am	\$50	
9/12 - 10/17	17045-A	M	10 - 10:30am	\$44	
FALL 2					
10/24 - 12/12	17045-C	M	10 - 10:30am	\$57	
10/29 - 12/17	17045-D	Sa	9:30 - 10am	\$51	

HOPPERS • 2-3.5 YRS

This class will teach basic skills such as jumps, and rolls while learning basic skills on the balance beam and low bar. Each week will incorporate a fun activity such as parachutes or hula hoops! Parent participation required.

FALL 1					
9/7 - 10/19	17005-A	W	10 - 10:30am	\$50	
	17005-B	W	5:30 - 6pm	\$50	
9/10 - 10/22	17005-C	Sa	9 - 9:30am	\$50	
FALL 2					
10/26 - 12/14	17005-D	W	10 - 10:30am	\$57	
	17005-E	W	5:30 - 6pm	\$57	
10/29 - 12/17	17005-F	Sa	9 - 9:30am	\$50	

TUMBLE JUNGLE • 3.5-5 YRS

This class will teach basic tumbling skills, as well as skills on the low bar, balance beam and trampoline. Students will develop fine and gross motor skills as well as social and listening skills.

FALL 1					
9/6 - 10/18	17010-A	Tu	9:45 - 10:30am	\$62	
9/7 - 10/19	17010-B	W	6 - 6:45pm	\$62	
9/10 - 10/22	17010-C	Sa	10 - 10:45am	\$62	
FALL 2					
10/25 - 12/13	17010-D	Tu	9:45 - 10:30am	\$70	
10/26 - 12/14	17010-E	W	6 - 6:45pm	\$70	
10/29 - 12/17	17010-F	Sa	10 - 10:45am	\$62	

LEAPERS • 4.5-7 YRS

This class will teach basic tumbling skills, as well as skills on the low bar, balance beam and trampoline. Students will develop fine and gross motor skills as well as social and listening skills.

FALL 1					
9/6 - 10/18	17020-A	Tu	6:30 - 7:30pm	\$70	
9/8 - 10/20	17020-B	Th	5:30 - 6:30pm	\$70	
9/10 - 10/22	17020-C	Sa	10:45 - 11:45am	\$70	
FALL 2					
10/25 - 12/13	17020-D	Tu	6:30 - 7:30pm	\$76	
10/27 - 12/15	17020-E	Th	5:30 - 6:30pm	\$62	
10/29 - 12/17	17020-F	Sa	10:45 - 11:45am	\$62	

PRESCHOOL DANCE

DANCE TOGETHER • 2-3.5 YRS

As an introduction to climbing, this class focuses on traversing the wall without ropes, staying within a few feet of the ground. Lesson practice, games, and activities are planned in progression while allowing fun to rule the class. **No Classes on Nov 26 and Sep 9.**

FALL 1					
9/10 - 10/22	17901-A	Sa	9:30 - 10am	\$44	
FALL 2					
10/29 - 12/17	17901-B	Sa	9:30 - 10am	\$51	

PEE WEE COMBO • 3-5 YRS

This loosely structured combination class for pre-schoolers explores the basics of ballet, jazz, and hip hop! Dancers will learn basic movements in a fun atmosphere and also be able to explore their own creative movement!

FALL 1					
9/8 - 10/20	17907-A	Th	5 - 5:30pm	\$494	

PEE WEE TAP • 4-6 YRS

Pee Wee Tap teaches the fundamental movements of tap through repetition, barre and floor work and simple routines. Tap shoes are required.

FALL 1					
9/6 - 10/18	17910-A	Tu	4:30 - 5pm	\$51	
FALL 2					
10/25 - 12/13	17910-B	Tu	4:30 - 5pm	\$56	

ITTY BITTY PRINCESS BALLET • 3-5 YRS

Itty Bitty Ballet teaches ballet fundamentals, balance, and coordination through floor work and short routines. Dancers will learn first and second positions, basic footwork, jumps, and simple moving steps (gallop, ballet run, butterflies, etc.).

FALL 1					
9/6 - 10/18	17931-A	Tu	5:30 - 6pm	\$49	
9/10 - 10/22	17931-B	Sa	10 - 10:30am	\$49	
FALL 2					
10/25 - 12/13	17931-C	Tu	5:30 - 6pm	\$49	
10/29 - 12/17	17931-D	Sa	10 - 10:30am	\$49	

ITTY BITTY PRINCESS BALLET 2 • 4-6 YRS

Itty Bitty Ballet 2 builds on the basics taught in Itty Bitty Ballet. Students will learn more challenging footwork, fourth and fifth positions, and other steps. Recommended for students who have participated in Itty Bitty Ballet for three or more consecutive sessions.

FALL 1					
9/6 - 10/18	17932-A	Tu	5 - 5:30pm	\$49	
9/10 - 10/22	17932-B	Sa	10:30am - 11pm	\$49	
FALL 2					
10/25 - 12/13	17932-C	Tu	5 - 5:30pm	\$56	
10/29 - 12/17	17932-D	Sa	10:30 - 11am	\$59	

PRESCHOOL

PRESCHOOL DANCE

➤ PEE WEE CHEER • 2-5 YRS

Pee Wee Cheer teaches the basics of cheer performance and technique. Participants will learn jumps, arm movements, cheers, and short routines!

FALL 1					
9/8 - 10/20	17909-A	Th	5:30 - 6pm	\$51	
FALL 2					
10/27 - 12/15	17909-B	Th	5:30 - 6pm	\$56	

➤ ALL STAR CHEER • 3 YRS & UP

Please contact Jennifer Hallman for more information: (989) 832-7937 x2264 or jhallman@greatermidland.org

PRESCHOOL ATHLETICS

➤ BEANBAGS, HOOPS & PARACHUTES • 2-4 YRS

Children will be offered an opportunity to participate in a variety of fun activities with beanbags, hoops and parachutes. Children will develop many physical skills...hand-eye coordination, fine/gross motor skills, balance, rhythm, strength, general coordination and creative movement in an environment that will encourage cooperative behavior and promote good listening skills. **No class on Nov 26.**

FALL 1					
9/10 - 10/22	18535-C	Sa	11:30am - 12pm	\$45	
FALL 2					
10/29 - 12/17	18535-D	Sa	11:30am - 12pm	\$45	

➤ PEE WEE SPORTS SAMPLER • 3-5 YRS

Children, ages 3-5 are invited to participate in a program that will introduce them to new sports and games! Games, races, relays and drills will show the youngsters the wide world of sports.

FALL 1					
9/10 - 10/22	17106-A	Sa	10:30 - 11:15am	\$70	

➤ PEE WEE HOOP STARS BASKETBALL • 3-5 YRS

Participate in 45 minutes of basketball fun! Games, races, relays and drills will help introduce your child to the world of basketball. **No class on Nov 26.**

FALL 2					
10/25 - 12/13	17105-H	Tu	5:10 - 5:55pm	\$80	
10/29 - 12/17	17105-G	Sa	10:30 - 11:15am	\$70	

REGISTER TODAY!

Secure your spot and save \$10
— avoid the late registration fee!

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YOUTH

COOKING

➤ INTRO TO BAKING • 5-8 YRS

This is a class that will teach the basics of baking from cookies to cakes — and everything in between.

FALL 1					
9/6 - 10/18	13125-A	Tu	4:30 - 5:30pm	\$70	
FALL 2					
10/25 - 12/13	13125-B	Tu,Sa	4:30 - 5:30pm	\$70	

➤ BAKING FOR TWEENS • 8 YRS & UP

This is an introduction to baking for ages 8 and up. The students will learn how to bake cookies, cakes and more.

FALL 1					
9/6 - 10/18	13204-A	Tu	5:30 - 6:30pm	\$70	
FALL 2					
10/25 - 12/13	13204-B	Tu	5:30 - 6:30pm	\$80	

➤ DESSERT DECORATING • 7 YRS & UP

This class will teach the basics for decorating desserts. We will decorate cookies, cake pops, cupcakes, and many more!

FALL 1					
9/12 - 10/17	13209-A	M	5 - 6pm	\$60	
FALL 2					
10/24 - 12/12	13209-B	M	6 - 7pm	\$80	

YOUTH WELLNESS/FITNESS

➤ HOMESCHOOL FIT • 6-15 YRS

Join other homeschool families for fun and physical activity! 1 hour of each of the following activities followed by 1 hour of swim for the entire family. Swimming, climbing, athletics, fitness, gymnastics, 1:00-2:00 pm; Programmed activity, 2:00-3:00 pm; Open Swim. **For more information, contact Beth Gaertner at (989) 923-1978.**

FALL 1					
9/6 - 10/18	13005-A	Tu	1 - 3pm	\$60	
FALL 2					
10/25 - 12/13	13005-B	Tu	1 - 3pm	\$60	

TAE KWON DO

Please reference page 5 for additional information. Advanced Master Terry Batch: terry@taekwondobatch.com, 989.430.9143, www.taekwondobatch.com

FALL 1					
September	10410-A	1 session per week	\$40/month		
1st-30th	10410-B	2 sessions per week	\$76/month		
	10410-C	3 sessions per week	\$108/month		
	10410-D	4 sessions per week	\$136/month		
October	10411-A	Above pricing applies			
1st-31st	10411-B				
	10411-C				
	10411-D				
FALL 2					
November	60410-A	1 session per week	\$40/month		
1st-30th	60410-B	2 sessions per week	\$76/month		
	60410-C	3 sessions per week	\$108/month		
	60410-D	4 sessions per week	\$136/month		
December	60411-A	Above pricing applies			
1st-31st	60411-B				
	60411-C				
	60411-D				

YOUTH GYMNASTICS

➤ WHEELERS/SPRINGERS • 7 YRS & UP

Prerequisite: Students must be able to do a straight-leg cartwheel in order to enroll in Wheelers/Springers. This class is a continuation of a basic gymnastics class. More difficult skills on bar, beam, floor, and vault will be introduced. Students will build strength, flexibility, and confidence.

FALL 1					
9/12 - 10/17	17025-A	M	5:30 - 6:30pm	\$60	
FALL 2					
10/24 - 12/12	17025-B	M	5:30 - 6:30pm	\$77	

➤ KIPPERS/FLIPPERS • 7 YRS & UP

Prerequisite: Students must be able to do a backbend from standing in order to enroll in Kippers and Flippers. This class is a continuation of Springers. This class will focus on developing tumbling skills, such as handsprings, handstand pirouettes, etc. More challenging bar and beam work will be introduced. Students will continue to build strength, flexibility, and confidence. The students will be split into different levels the first week of class, based on ability.

FALL 1					
9/8 - 10/20	17035-A	Th	6:30 - 8pm	\$82	
FALL 2					
10/27 - 12/15	17035-B	Th	6:30 - 8pm	\$82	

➤ WARRIOR ZONE GYMNASTICS • 6-11 YRS

Boys will be introduced to various "Warrior" type activities, learning to roll over and around obstacles, rock climbing, agility drills.

FALL 1					
9/6 - 10/18	17047-A	Tu	5:15 - 6:15pm	\$70	
FALL 2					
10/25 - 12/13	17047-B	Tu	5:15 - 6:15pm	\$80	

➤ TWEENERS • 9 YRS & UP

This beginning gymnastics class is great for older students. They will learn the basics of tumbling, beam, bar and vault skills with kids their own age. 1 hour class

FALL 1					
9/7 - 10/19	17050-A	W	6:45 - 7:45pm	\$70	
FALL 2					
10/26 - 12/14	17050-B	W	6:45 - 7:45pm	\$80	

➤ TUMBLING FOR CHEERLEADERS • 5YRS & UP

This class is designed to teach cheerleaders the proper technique for jumping and tumbling at a competitive level. All levels are welcome. Having a hard time with a certain skill? Need some extra help that you are not getting in cheer practice? This is the class for you! 1 hour class We welcome cheerleaders from all schools and ages to get an edge on your competitive season.

FALL 1					
9/12 - 10/17	17060-A	M	6:30 - 7:30pm	\$70	
FALL 2					
10/24 - 12/12	17060-B	M	6:30 - 7:30pm	\$80	

YOUTH CLIMBING

➤ BOULDERDASH LEVEL 1 • 7-17 YRS

An introduction to top rope climbing, climbers in this class will learn the most basic fundamentals such as knot tying, commands, basic movements, and climbing terminology. Games and activities reinforce daily lessons. **No classes on Sep 5, Oct 31, Nov 24.**

FALL 1 • AGES 7-12					
9/7 - 10/19	17701-B	W	5 - 6pm	\$61	
9/12 - 10/17	17701-A	M	5 - 6pm	\$53	
FALL 1 • AGES 13-17					
9/6 - 10/18	17706-A	Tu	5 - 6pm	\$61	
FALL 2 • AGES 7-12					
10/24 - 12/12	17701-C	M	5 - 6pm	\$61	
FALL 2 • AGES 13-17					
10/25 - 12/13	17706-B	Tu	5 - 6pm	\$69	

➤ BOULDERDASH LEVEL 2 • 7-17 YRS

Pre-Requisite: Level 1 Skills Test; Level 2 classes build on skills learned in Level 1 and focus on improving movement patterns. Footwork, balance, grip, and route reading are emphasized through drills, bouldering, and climbing. **No classes on Nov 24.**

FALL 1 • AGES 7-12					
9/8 - 10/20	17702-A	Th	5 - 6pm	\$61	
FALL 1 • AGES 13-17					
9/9 - 10/21	17707-A	F	5 - 6pm	\$61	
FALL 2 • AGES 7-12					
10/27 - 12/15	17702-B	Th	5 - 6pm	\$61	
FALL 2 • AGES 13-17					
10/28 - 12/16	17707-B	F	5 - 6pm	\$61	

➤ BOULDERDASH LEVEL 3 • 7-17 YRS

Pre-Requisite: Level 2. The most technical of our climbing classes, the third level of the program is designed for those who treat climbing as a sport. Compression, opposition, advanced footwork, route climbing, and training are primary topics. **No classes on Nov 24.**

FALL 1 • AGES 7-12					
9/8 - 10/20	17703-A	Th	4 - 5pm	\$61	
FALL 1 • AGES 13-17					
9/7 - 10/19	17708-A	W	4 - 5pm	\$61	
FALL 2 • AGES 7-12					
10/27 - 12/15	17703-B	Th	4 - 5pm	\$61	
FALL 2 • AGES 13-17					
10/26 - 12/14	17708-B	W	4 - 5pm	\$61	

PRIVATE CLIMBING LESSONS

One-on-one climbing lessons allow climbers to improve at their own pace. Lessons will follow the Boulderdash program curriculum. To schedule your first climbing lesson, please contact Josh Powell, jpowell@greatermidland.org or ext. 2265.

17704	Single 1-hour session	\$19
17709	Six 1-hour sessions	\$99

YOUTH DANCE

BALLET/TAP COMBO • 6-10 YRS

This class will continue to learn the ballet as well as tap technique taught in the Itty Bitty Classes. Dancers will also learn to count music. They will also learn a dance in each of the genre.

FALL 1
9/8 - 10/20 17912-A Th 6 - 6:45pm \$63

FALL 2
10/27 - 12/15 17912-B Th 6 - 6:45pm \$63

BALLET/JAZZ COMBO • 6 YRS & UP

Children will continue learning ballet technique and movements, with a focus on coordination and balance. Proper ballet terminology will be taught throughout the class. Dancers will also begin to learn how to count music.

FALL 1
9/6 - 10/18 17930-A Tu 6:45 - 7:30pm \$63

FALL 2
10/25 - 12/13 17930-B Tu 6:45 - 7:30pm \$69

BALLET 101 • 6 YRS & UP

Continuation of the ballet techniques taught in Itty Bitty Ballet 2. The students will be taught all five positions with proper technique. They will also be counting music and putting together a small dance.

FALL 1
9/10 - 10/22 17934-A Sa 11 - 11:45am \$60

FALL 2
10/29 - 12/17 17934-B Sa 11:30am - 12:15pm \$60

ACRO DANCE • 8 YRS & UP

Acro-dance is a style that combines dance and gymnastics movements. Students will learn to smooth the two styles together into short routines. Skills in both dance and gymnastics will be taught during each class.

FALL 1
9/6 - 10/18 17960-A Tu 7:30 - 8:15pm \$60

FALL 2
10/25 - 12/13 17960-B Tu 7:30 - 8:15pm \$69

KIDS HIP HOP • 6-10 YRS

A fun, high energy class for any kid that likes to move and groove and wants to learn cool hip hop moves, increase flexibility, coordination and confidence! Dancers will also begin to learn how to count music!

FALL 1
9/6 - 10/18 17962-A Tu 6 - 6:45pm \$60
9/10 - 10/22 17962-B Sa 11:45am - 12:30pm \$60

FALL 2
10/25 - 12/13 17962-C Tu 6 - 6:45pm \$60
10/29 - 12/17 17962-D Sa 11:45am - 12:30pm \$60

YOUTH ATHLETICS

JUNIOR SPORTS SAMPLER • GRADES K-1

Children, in grades K-1, are invited to participate in this new program that will introduce them to an array of new sports and games. Games, races, relays and drills will help to encourage their interest in the wide world of sports.

FALL 1
9/10 - 10/22 17108-A Sa 9:30 - 10:25am \$70

DODGE!CLIMB!CAPTURE! • GRADES 2-4

An action-packed program that offers a new game or challenge every two weeks! Children, in grades 2-4, will play the schoolyard classics such as dodgeball, spider-ball and capture the flag along with two weeks of rock climbing. Come ready to DODGE!CLIMB!CAPTURE!

FALL 2
10/26 - 12/14 17110-A W 5 - 5:55pm \$66

JUNIOR BASKETBALL LEAGUE • GRADES K-1

Calling all kindergarteners and 1st graders! Beginner basketball program designed to teach the fundamentals of basketball (dribbling, passing, shooting, man-to-man defense), as well as teamwork and good sportsmanship in a clinic and 4-on-4 game setting. Each player will receive a basketball. **No Class on Nov 26.**

FALL 2
10/25 - 12/13 17104-E Tu 6 - 6:55pm \$86
10/29 - 12/17 17104-C Sa 10 - 11am \$76
17104-D Sa 9:30 - 10:25am \$76

I DREAM CHAMPIONS BASKETBALL LEAGUE • GRADES 2-3 & 4-6

Fundamentals (dribbling, passing, shooting man-to-man defense), game strategies, teamwork and good sportsmanship will be stressed. Fun-filled station drills, relays, skill-enhancing games and 4-on-4 scrimmages will help players improve their basketball skills

FALL 1 • GRADES 2-3
9/6 - 10/18 17140-A Tu 5:30 - 6:25pm \$76

FALL 1 • GRADES 4-6
9/6 - 10/18 17145-A Tu 6:30 - 7:25pm \$76

SEMI-PRIVATE BASKETBALL TRAINING GRADES 3-8 • 7-13 YRS

Even the best basketball players can benefit from individual or small group work. Semi-Private basketball trainings will allow players to put a focus on their offensive moves with a focus on scoring. One on one perimeter and post moves will be taught in this program. Groups will consist of 3-5 players. Participants can sign up individually or come to us as a group. Contact Shane Forfar to sign up for an age appropriate session

FALL 1
9/12 - 10/17 17214-A M 4 - 5pm \$130
17214-B M 5 - 6pm \$130
9/8 - 10/20 17214-C Th 4 - 5pm \$130
17214-D Th 5 - 6pm \$130

FALL 2
11/7 - 12/2 17214-F M 4 - 5pm \$130
17214-G M 5 - 6pm \$130
11/3 - 12/15 17214-H Th 4 - 5pm \$130
17214-I Th 5 - 6pm \$130

MICHIGAN ELITE VOLLEYBALL

For information regarding travel volleyball for girls ages 10-18, please visit www.mevba.com. For more information, please visit www.MEVBA.com.

CCL BASKETBALL LEAGUES • GRADES 7-12

Calling all 7th-12th graders who enjoy the game of basketball! Leagues will operate, December 9 through March 18. Games will be played on Friday evenings and Saturdays. Team registration will take place November 7-30. Mandatory organizational meeting for coaches and managers will be held Monday, November 7, 2016 at 7:30pm at the Greater Midland Community Center.

27235-A 7th-8th Grades \$50
27235-B 9th-10th Grades \$50
27235-C 11th-12th Grades \$50

YOUTH VOLLEYBALL CLINIC • GRADES 7-8

Get ready for your school volleyball tryouts! This clinic will meet in December and January just prior to middle school tryouts. This will be an instructional program involving every aspect of volleyball fundamentals. Individual skills, offensive and defensive strategies, team play, and sportsmanship will be covered. No classes on Dec 26, Dec 28, Jan 2

FALL 2
12/5 - 1/18 27832-C M,W 4:30 - 5:30pm \$100



MBA 50N5 BASKETBALL LEAGUE • GRADES 2-6

This league will include eight games and a weekly team practice. The Midland Community Center will provide team jerseys to be returned at the end of the season. **For more information, contact Shane Forfar: 832-7937 ext. 2204 or SForfar@GreaterMidland.org.**

PLAYER FEE:

On/Before September 16: \$70*
September 17-30: \$80
After September 30: \$90

*Save up to \$20 by registering on/before September 16.

GAME SCHEDULES: League games will operate from November 5–December 17, 2016. Each team will play every Saturday (except Thanksgiving weekend) and a minimum of one Friday night game. League schedules will be posted on midlandbasketball.com and emailed to team coaches by October 28.

PRACTICE SCHEDULES: Each team will be scheduled a one hour practice, once per week at local school gyms. Practices will begin the week of October 24. A coach will contact players' parents with practice schedules by October 17.

VOLUNTEER COACHES: Any parents interested in coaching can sign up during registration. There is a mandatory coaches meeting on October 13 at 7pm in the Barstow-Shipp's room at the community center. All volunteer coaches must complete and pass a criminal background check.

TEAM ROSTERS: Players who register individually will be placed on a team with other boys/girls in the same grade, from the same school. Teams with not enough players will be combined with others.

TEAM REGISTRATION: Players that wish to put a team together instead of registering individually must turn in a completed roster and all payments at once. Teams that register together must have played in the prior season on the same team or attend the same school; all players must be in the same grade. A volunteer coach must be in place to register as a team. Team rosters can be found at midlandbasketball.com schools.

GRADE	GIRLS	BOYS
2	27230A	27230B
3	27231A	27231B
4	27232A	27232B
5	27233A	27233B
6	27234A	27234B

ADULT FITNESS & ATHLETICS

GYM RENTALS The Greater Midland Community Center has three full size gyms to rent by groups and organizations. Special rates are available for Midland Community Center team practices/scrimmages. For specific information contact Jenny Roan at ext. 2261 or JRoan@GreaterMidland.org.

ADULT ATHLETICS

FALL & CO-ED VOLLEYBALL LEAGUES

Leagues are offered Monday - Thursday with individual leagues playing the same night every week. Each team will have two weeks of practice and play 14 league games. Teams are required to have a manager or representative attend the organizational meeting on Wednesday, September 7, 2016, at 7:30pm.

SPONSOR FEE

9/12- 1/19 27810-A \$220

PLAYER FEE

10/3 - 1/19 27811-A \$42

CO-ED FEE

10/2 - 11/20 27810-B \$110

CO-ED PLAYER FEE

10/2 - 11/20 27811-D \$22

4 ON 4 ADULT BASKETBALL LEAGUES • AGES 18+

Each team will have one week of practice and play six league games. There will be a single-elimination tournament at the end of the season. Games will be on Tuesdays and Thursdays evenings. League play begins the week of 9/13/16.

FALL 17211-A \$40 17211-B \$40

5 ON 5 ADULT BASKETBALL LEAGUES • AGES 18+

Leagues for all levels will be forming this fall. Leagues will be offered Monday through Thursday with individual leagues playing the same night every week. Each team will have two weeks of practice and play ten league games. Teams are required to have a manager or representative attend the organizational meeting on Wednesday, October 19, 2016, at 7:30pm.

SPONSOR FEE

11/17 - 2/2 27210-A \$285

PLAYER FEE

11/17 - 2/11 27211-A \$52

SPONSOR & TOURNEY FEE

11/17 - 2/16 27213-A \$320

CLIMBING

ROCK YOUR BODY • 16 YRS & UP

A climbing class designed for adults who want to have a unique fitness experience. This class presents the fundamentals of climbing as a fun but challenging fitness activity. **No Class Nov. 24**

FALL 1

9/8 - 10/20 17705-A Th 6 - 7pm \$61

FALL 2

10/27 - 12/15 17705-B Th 6 - 7pm \$61

ADULT FITNESS

TAE KWON DO

Please reference page 5 for more information. Advanced Master Terry Batch: terry@taekwondobatch.com, 989.430.9143, www.taekwondobatch.com

FALL 1

September	10410-A	1 session per week \$40/month
1st-30th	10410-B	2 sessions per week \$76/month
	10410-C	3 sessions per week \$108/month
	10410-D	4 sessions per week \$136/month

October	10411-A	Above pricing applies
1st-31st	10411-B	
	10411-C	
	10411-D	

FALL 2

November	60410-A	1 session per week \$40/month
1st-30th	60410-B	2 sessions per week \$76/month
	60410-C	3 sessions per week \$108/month
	60410-D	4 sessions per week \$136/month

December	60411-A	Above pricing applies
1st-31st	60411-B	
	60411-C	
	60411-D	

ADULT CURLING

Curling leagues begin in October and registration open in September. Visit midlandcurls.org for league rates and additional information or contact Kevin Heye: 989-832-7937 x2211.

Sunday Afternoon League: 1:30 - 3:30pm

Sunday Mixed/Open League: 4:00 - 6:00pm

Sunday Evening Open League: 7:00 - 9:00pm

Monday Middle School League: 3:30 - 5:00pm

Monday Open Leagues: 6:00 and 8:15pm

Tuesday Ladies' League: 6:30pm*

Wednesday Open Junior League: 4:00 - 5:30pm

Wednesday Open League 6:00 and 8:15pm

Thursday Sunrise League: 9:30 - 11:30pm

Thursday Novice League - 8 weeks: 6:00 - 8:00pm

Thursday Open League: 8:00 - 10:00pm

Friday Mixed League: 6:00 - 8:00pm*

*Starting time subject to final number of teams

PRIVATE CLIMBING LESSONS

One-on-one climbing lessons allow climbers to improve at their own pace. You may choose specific topics or skills to improve, or start fresh and let your instructor create an individualized plan. To schedule your first climbing lesson, please contact Josh Powell, jpowell@greatermidland.org or ext. 2265.

17704	Single 1-hour session	\$19
17709	Six 1-hour sessions	\$99

FALL 2016 * 9/18 - 11/13 * 8 WEEKS

INFINITY
FITNESS &
CHALLENGE

GREATER MIDLAND FITNESS APP * 'ASK THE TRAINER' VIA SOCIAL MEDIA
AWESOME PRIZES * INBODY ASSESSMENTS

→ FULL DETAILS AT GREATERMIDLAND.ORG

BARSTOW/SHIPPS WING

QUALIFYING MEMBERS Members who are 50 years or older have access to all the Barstow/Shipps wing has to offer if you have one of the following memberships: 50+ Center Membership (only \$38 annual fee), Premier, Multi, or Land & Water Fitness Pass.

50+ CENTER FUN ACTIVITIES

MONTHLY POTLUCKS

Every 3rd Monday of the month.
12:15 p.m. in the 50+ Center
Come enjoy food, games, and prizes! Bring a dish to share.

BLAST FROM THE PAST BALLROOM DANCING

Sponsored by Bickford of Midland. Free admission.
First Monday of the month October 2016 – May 2017.
Dance: 6:00 – 8:00pm and optional potluck at 5:15pm
Dates: October 3rd, November 7th, December 5th, 2016, February 6th, March 6th, April 3rd, and May 1st, 2017.

BILLIARDS - POOL

Six Brunswick pool tables. The room is open for play: Monday – Friday from 8:00am – 4:30pm and in evenings and weekends with a 50+ membership. Check often in the 50+ Center for Billiard Tournaments. Tournaments include snacks.

CONTRAST BRIDGE

Contrast bridge is played every Tuesday from 9:00am – noon. All levels are welcome and a partner not needed to join.

DUPLICATE BRIDGE

Monday, Wednesday & Sunday at noon.
This is sanctioned bridge and includes additional fees.

EUCHRE

Played every Wednesday at 1:00pm. Everyone is welcome.

MAH JONGG

Tuesdays & Thursdays at 1 pm. Mah Jongg is a rummy-like game played with tiles rather than cards. Beginners are welcome and instruction is offered if needed.

LINE DANCING

Tuesday & Thursday at 10:30. Led by a volunteer!

GENTLE AEROBICS

Mondays, Wednesdays & Fridays from 12:15pm – 1 pm.
A light and gentle aerobics class. Led by a volunteer.

50+ CENTER EXERCISE

SILVERSNEAKERS

SilverSneakers is a program offered under many insurance plans. Check with your insurance provider to see if you qualify! SilverSneaker classes are offered every Monday, Wednesday & Friday, 10:45am– 11:45am. Our experienced instructors will help you feel comfortable in this fun, lower intensity, group exercise setting.

SPECIAL INTEREST

COMPUTER HELP

Need computer help? Bring your questions to our experienced Midland Computer Club Members. Their help is free and they are here for you!

MONTHLY SESSIONS, SEPTEMBER 2016-JUNE 2017

2nd Monday, 9:00am – 11:00am
3rd Wednesday, 1:00pm – 3:00pm
1st Friday, 2:00pm – 4:00pm
2nd Friday, 10:00am – 12:00am

CURRENT EVENTS

Come and join this lively discussion about the events happening in our world today. Thursday, 8:00 – 9:30am

ANTIQUÉ SOCIETY

Bring your treasures and meet with others as they share their collections. They meet the 3rd Monday of the month at 7:30 pm. during the months of September, November, January, March, and May.



NEW! SILVER & FIT

This new program allows you to attend many of our Active Adult fitness classes where our instructors provide a fun, low intensity, group exercise setting. Offered under many insurance plans, be sure to check your provider for qualifications.

PUMPKIN PLUNGE, OCTOBER 14 • 2-6 YRS

Swim along with pumpkins in the Oasis Pool. Pick one out to decorate to display at home. Snacks and drinks will be provided. A late fee of \$5 will be assessed starting October 19. Children under the age of 7 must always be accompanied by an adult in the pool. Parents do not need to register and only the child receives a pumpkin. A maximum of 75 children allowed for each time frame. Preregister at the Welcome Center or online at greatermidland.org

FALL

10/21 - 10/21	11545-A F	6 - 6:45pm	\$3
	11545-B F	7 - 7:45pm	\$3

DIVE AND DECORATE, DECEMBER 16 • 2-12 YRS

Swim among hundreds of shatterproof Christmas ornaments, pick out your favorite color, decorate your ornament with craft paint, and display on your tree at home. Late fee of \$5 will be assessed starting December 14. Children under the age of 7 must always be accompanied by an adult in the pool. Snacks and drinks provided. Parents do not need to register and only the child receives a bulb. Maximum of 75 children allowed for each time frame. Preregister at the Welcome Center or online at greatermidland.org

FALL

12/16 - 12/16	11305-A F	6 - 6:45pm	\$3
	11305-B F	7 - 7:45pm	\$3

MURDER MYSTERY DINNER TRAIN • ALL AGES

Sunday, October 23rd • DEPART 10:30am • RETURN 8pm
Take this fully escorted trip through gorgeous Michigan, during the prime-time fall color season. Enjoy a Murder Mystery Dinner Train ride on the "Old Road" Charlotte Train, which is part of the Grand Valley Rail Road. This trip will include a fine dining meal with a hilarious table-side murder mystery acting performance. Be prepared to be part of the show in this intimate setting and fun atmosphere train ride. This will be a fully escorted trip that includes snacks on the Motorcoach bus ride down to Charlotte. The bus will pick and drop-off the group at the front entrance of the Community Center. Please sign-up no later than Sunday, September 11th.

FALL

10/23 - 10/23	15932-A Su	10:30am - 8pm	\$109
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On select days when Midland Public Schools are not in session, the Midland Community Center offers our schools day off programs. Youth, in grades K-5, can come for a day of swimming, sports, crafts, games and fun, under the supervision of MCC staff. **FEE:** \$35 per day; **TIMES:** 9am-5pm, free extended care from 7am-9am and 5pm-6pm; **WHAT TO BRING:** A lunch with drink, water bottle, tennis shoes, outdoor appropriate clothing, swimsuit and towel. For more information, please contact Shane Forfar: 832-7937, ext. 2204 or SForfar@GreaterMidland.org.

FALL

10/7	18114-B F	9am - 5pm	\$35
11/8	18114-C Tu	9am - 5pm	\$35

TURKEY BURNOFF, NOVEMBER 26 • ALL AGES

Join us for a special group fitness schedule and 'burnoff' calories from the Thanksgiving holiday. Further details to come in the Special Group Fitness Schedule this Fall.

WINTER WONDER CAMP

December 22, 23, 26-30 and January 2.
Enjoy our Winter Wonder Camp during school holiday break. Children will swim, play sports and games, make crafts and stay active with the supervision of MCC staff. Thursday (12/29), we will have an off-site field trip to go roller-skating! **FEE:** Eight day Package, \$250 Includes field trip; Full Week Package, \$160 Includes field trip (December 26-30); Single Day, \$35 (except Field Trip day, \$45) **WHAT TO BRING:** A lunch with drink, water bottle, tennis shoes, outdoor appropriate clothing, swimsuit and towel. For more information, please contact Shane Forfar: 832-7937, ext. 2204 or SForfar@GreaterMidland.org.

12/22	18115-A	Th	\$35
12/23	18115-B	F	\$35
12/26	18115-C	M	\$35
12/27	18115-D	Tu	\$35
12/28	18115-E	W	\$35
12/29	18115-F	Th	\$45
12/30	18115-G	Th	\$35
01/02	18115-H	M	\$35
Full Week	18115-J	M-F	\$160
8-day	18115-K		\$250



ENGINEERING FOR KIDS

Engineering For Kids brings science, technology, engineering, and math (STEM), to kids ages 4 to 14 in a fun and challenging way through classes, camps, clubs, and parties. We are proud to inspire children to build on their natural curiosity by teaching engineering concepts through hands-on learning. Engineering is one of the fastest growing industries in the world!

6-WEEK SESSIONS DAYS/TIMES/FEE:

Juniors (4 – 6 yrs), Mondays, 6:00pm – 7:00pm — \$92

Apprentice (7 – 10 yrs), Mondays, 6:00pm – 7:30pm — \$92

Master (11 – 14 yrs), Wednesdays, 6:00pm – 7:30pm — \$92

CONTACT: Brenda Ault

greatlakesbr@engineeringforkids.com

www.engineeringforkids.com/glbr

(989) 486-3255



JUNIOR ENGINEER • PRE-K TO 2ND GRADE

MARINE ENGINEERING: SET SAIL

What causes something to sink or float? How can engineers help explore and protect the ocean below? These questions and more are all explored in Junior Marine. In this class, students explore the concepts of marine engineering and mechanics, harnessing the power of water, and discovering designs that help us make the impossible, possible.

FALL 1

9/19 – 10/24 13100-A Mon 6 – 7pm \$92

ENVIRONMENTAL ENGINEERING: THINKING GREEN

Are you ready to get down and dirty searching for solutions to some of our biggest environmental problems? In Junior Environmental, students ponder some truly “hot” environmental issues. Students in this class save endangered animals, help plants grow, and create protection from the sun’s heat. By investigating natural processes like erosion, animal adaptations, and plant growth; we discover ways that we, as engineers, can be inspired by the world around us to take on all sorts of challenges.

FALL 2

10/31 – 12/5 13100-B Mon 6 – 7pm \$92

APPRENTICE ENGINEER • 3RD TO 5TH GRADE

INDUSTRIAL ENGINEERING: A-LINE PRODUCTION

During the Industrial Engineering classes, students use the Engineering Design Process to design, create, test, and refine efficient systems for production. Students explore foundational concepts of industrial engineering such as: assembly lines, safety, stamping, sorting and distributing materials. Students see just how fun and creative industrial engineering can be as they create their own ice cream factory and 3-D copies of designs.

FALL 1

9/19 – 10/24 13105-A Mon 6 – 7:30pm \$92

ELECTRICAL ENGINEERING: ELECTRIFIED

During the Electrical Engineering classes, students use the Engineering Design Process to design, create, test, and refine basic electronics and circuits. Students experiment with Snap Circuits® to discover the capabilities of major electronic components. In addition, students build their own flashlights and explore the world of magnetic energy by building their own Magnetic Levitation vehicle.

FALL 2

10/31 – 12/5 13105-C Mon 6 – 7:30pm \$92

MASTER ENGINEER • 6TH TO 8TH GRADE

ELECTRONIC GAME DESIGN: PLATFORM GAMES

During our Electronic Game Design: Platform camp, students will use Clickteam Fusion 2.5® to create their own video game. A platform game is a side-scrolling, Mario-type game where students program characters and a two-dimensional obstacle course. They attempt to avoid or overcome enemies and reach an end goal on multiple levels. At the end of the program, everyone takes home a working Windows-compatible game (Clickteam Fusion 2.5® does not support Mac or Android operating systems).

FALL 1

9/21 – 10/26 13105-B Wed 6 – 7:30pm \$92

SOFTWARE ENGINEERING: SCRATCH VIDEO SENSING

What’s more fun than playing an interactive video game? Writing one! Video sensing allows students to design and program their own video games and then test them by interacting with the program via webcam. In this Scratch program, students work together to create their own games, art, and musical instruments while exploring coding foundations. Get up and get moving with Engineering for Kids and Scratch: Video Sensing!

FALL 2

11/2 – 12/7 13105-D Wed 6 – 7:30pm \$92



RACES

ROCKIN’ RAVE RACE!

Bay City, MI — The Rockin’ Rave Race is an exciting night race with techno music and crazy lights. Come dressed in neon colors, 80’s clothes and run your way to Midland Street! It’s a Party! Packet pick-up opens at 6pm in DeFoe Park, Bay City (adjacent to Marquette Street). **For full details please visit GREATERMIDLAND.ORG/RACES.**



5K RAVE RUN • ALL AGES

FALL

10/8 10805-A Sa 8:00pm \$20/25/30/40

5K RAVE WALK • ALL AGES

FALL

10/8 10810-A Sa 8:00pm \$20/25/30/40

1 MILE KIDS’ RAVE • AGES 5-14 YRS

FALL

10/8 10815-A Sa 7:30pm \$10/20

COMMUNITY COLORS FUN RUN*

Join Northwood University for a unique color-filled afternoon with an event for everyone in the family! Be showered in neon color while celebrating the power of giving, supporting and volunteering. All races will take place on the Northwood University campus.

To register or volunteer visit GREATERMIDLAND.ORG/RACES.

5K COLOR RUN/WALK • ALL AGES

FALL

9/11 10605A Su 3:00pm \$20/25/30

1-1.5 MILE COLOR RUN • ALL AGES

FALL

9/11 10612A Su 3:00pm \$15/20/25

KIDS’ COLOR OBSTACLE COURSE • AGES 3-5

FALL

9/11 10615A Su 3:00pm \$5

FAMILY REGISTRATION • ALL AGES

FALL

9/11 10620A Su 3:00pm \$55/65/75

*This race is supported by the United Way of Midland County and Greater Midland Community Center.



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AQUATICS

MORE AQUATICS ON PAGE 18-19 »

STRUCTURED LESSONS

All aquatic instructional programs are offered under the standards of the American Red Cross program. Standardized skills and progress reports will be used in all classes to reflect each student's abilities. PLEASE NOTE - THERE WILL BE NO SWIM LESSONS September 5, and November 24, 25, 26

BEFORE YOU TAKE YOUR FIRST SWIM CLASS:

- 1) No make-ups will be given for any missed classes. Swim class fees do not include admittance to any open swim times.
- 2) During swim classes, parents will be asked to watch from the observation rooms overlooking the pools rather than on the deck. Please talk with your child about this so they know what to expect.
- 3) Please bring hair ties or clips for hair that will hang in the face when wet.
- 4) Please remove street shoes before entering pool area.
- 5) Be sure student uses the bathroom before class, especially younger students that may need help.

YOUTH SWIMMING LESSONS

➤ LEARN TO SWIM • 3-16 YRS

Youth lessons, for ages 3 through 16 years old, are DIVIDED BY AGE AND ABILITY within each time slot. All levels, from first time 3 year olds through advanced level 6, will be offered. Sign your child up for a time slot that accommodates your schedule and a qualified WSI Instructor will divide them into the appropriate levels. This accommodates all your children in one time frame!! Child is required to be 3 years old by first date of the first class.

FALL 1

9/12 - 10/17	11001-A	M	4:30 - 5:15pm	\$60
	11001-B	M	5:15 - 6pm	\$60
	11001-C	M	6 - 6:45pm	\$60
	11001-D	M	6:45 - 7:30pm	\$60
9/6 - 10/18	11001-J	Tu	4:30 - 5:15pm	\$70
	11001-K	Tu	5:15 - 6pm	\$70
	11001-L	Tu	6 - 6:45pm	\$70
	11001-M	Tu	6:45 - 7:30pm	\$70
9/7 - 10/19	11003-A	W	4:30 - 5:15pm	\$70
	11003-B	W	5:15 - 6pm	\$70
	11003-C	W	6 - 6:45pm	\$70
	11003-D	W	6:45 - 7:30pm	\$70
9/10 - 10/22	11006-A	Sa	9 - 9:45am	\$70
	11006-B	Sa	9:45 - 10:30am	\$70
	11006-C	Sa	10:30 - 11:15am	\$70
	11006-D	Sa	11:15am - 12pm	\$70

FALL 2

10/24 - 12/12	11001-E	M	4:30 - 5:15pm	\$80
	11001-F	M	5:15 - 6pm	\$80
	11001-G	M	6 - 6:45pm	\$80
	11001-H	M	6:45 - 7:30pm	\$80
10/25 - 12/13	11001-N	Tu	4:30 - 5:15pm	\$80
	11001-P	Tu	5:15 - 6pm	\$80
	11001-Q	Tu	6 - 6:45pm	\$80
	11001-R	Tu	6:45 - 7:30pm	\$80
10/26 - 12/14	11003-E	W	4:30 - 5:15pm	\$80
	11003-F	W	5:15 - 6pm	\$80
	11003-G	W	6 - 6:45pm	\$80
	11003-H	W	6:45 - 7:30pm	\$80
10/29 - 12/17	11006-E	Sa	9 - 9:45am	\$70
	11006-F	Sa	9:45 - 10:30am	\$70
	11006-G	Sa	10:30 - 11:15am	\$70
	11006-H	Sa	11:15am - 12pm	\$70

NEW!! TEEN SWIM LESSONS • AGES 13-18 • HELD IN EAST POOL

➤ BEGINNER TEEN SWIM

This class is for those who have never had formal swim lessons but are NOT afraid of the water.

FALL 1

9/12 - 10/17 11300-A M 6:45 - 7:30pm \$60

FALL 2

10/24 - 12/12 11300-B M 6:45 - 7:30pm \$80

➤ INTERMEDIATE TEEN SWIM

This class is for teens who have had formal lessons but have not mastered the crawl stroke or backstroke

FALL 1

9/6 - 10/18 11301-A Tu 6:45 - 7:30pm \$70

FALL 2

10/25 - 12/13 11301-B Tu 6:45 - 7:30pm \$80

➤ ADVANCED TEEN SWIM

This class is for those who can swim a length of crawl stroke and backstroke. Proper form not necessary. Form will be worked on during this class.

FALL 1

9/7 - 10/19 11302-A W 6:45 - 7:30pm \$70

FALL 2

10/26 - 12/14 11302-B W 6:45 - 7:30pm \$80

PRIVATE & SEMI-PRIVATE SWIM LESSONS

Private and Semi-Private Swim Lessons are available through the community center at various times throughout the week. This is a great opportunity to get one on one instruction into a time that fits your schedule. Our certified swim instructors are available to work with any skill level 3 yrs and up. PRIVATE LESSONS are \$40/30 minute session. SEMI-PRIVATE LESSONS are \$20/30 minute session per participant. A minimum of two participants at the same skill level are required for a semi-private lesson. Please contact Sam Mithoefer at 832-7937 ext 2272, for specific times and registration.

ADVANCED YOUTH CONDITIONING • 6-16 YRS

This class is designed for those who have completed group lessons level 6, or have instructor approval. Participants will work on stroke refinement and conditioning. Workouts will be tailored for each swimmer.

FALL 1				
9/7 - 10/19	11911-A	W	6:45 - 7:30pm	\$70
FALL 2				
10/26 - 12/14	11911-E	W	6:45 - 7:30pm	\$80

ADULT SWIM PROGRAMS

ADULT BEGINNER LESSONS • AGES 18 & UP

The adult lessons are designed for participants over 18 years old, and geared to each individual's personal goals. The beginner class is for adults looking to get comfortable in the water, as well as learning to begin to swim and work on the strokes.

FALL 1				
9/12-10/17	11810A	M	7:30-8:15pm	\$60
9/7-10/19	11810B	W	7:30-8:15pm	\$70
FALL 2				
10/24-12/12	11810E	M	7:30-8:15pm	\$80
10/26-12/14	11810F	W	7:30-8:15pm	\$80

ADULT INTERMEDIATE LESSONS • AGES 18 & UP

The adult lessons are designed for participants over 18 years old, and geared to each individual's personal goals. The intermediate class is for adults looking to improve stroke technique even further, as well as building up swimming endurance.

FALL 1				
9/6-10/18	11810C	Tu	7:30-8:15pm	\$70
9/10-10/22	11810D	Sat	8:15-9:00am	\$70
FALL 2				
10/25-12/13	11810G	Tu	7:30-8:15pm	\$80
10/29-12/17	11810H	Sat	8:15-9:00am	\$70

SPECIALTY CLASSES

LIFEGUARD TRAINING

American Red Cross Lifeguard Training. Prerequisites: Students must be able to swim 300 yards continuously using breast stroke and front crawl, swim 20 yards, dive to 7 foot depth, retrieve a 10 pound object and return to the starting point; and tread water for 2 minutes using legs only. You must be 15 years old on or prior to the first day of class. This class includes CPR/AED-PR & First Aid. Make-up sessions will not be given. Cost includes all books, pocket masks, and certification cards.

FALL 1				
9/6 - 10/18	11910-A	Tu	4:30 - 7:30pm	\$260

FIRST AID CPR AED RECERTIFICATION • 15YRS & UP

For those currently certified and needing recertification. Books will not be supplied, pocket masks are not required, face shields will be supplied. Participants must be able to pass both a practical and written test.

FALL 1				
10/6 - 10/6	11010-A	Th	6 - 9pm	\$65

FIRST AID CPR AED • 15YRS & UP

Books will be supplied; pocket masks are not required, face shields will be supplied. Participants must be able to pass both a practical and written test

FALL 2				
11/2 - 11/3	11111-A	W,Th	6 - 9pm	\$80

S.C.U.B.A.

This is a complete diving course from the use of masks to open water dives with tanks. For more information and registration, call SeaQuatics at 835-6391.

SWIM TEAMS

PORPOISE SWIM TEAM • 6-12 YRS

Not sure if your child is ready to commit to the Dolphins? Check out our introductory swim team. Children ages 6-12 years old can have the swim team experience and learn what a swim team is all about! Sign up for 1 or 2 practices a week. We will conclude the session with a swim meet. Practices are held in the East Pool at the Midland Community Center. Just a note about this program, this is a swim team and not a swim lesson we have outlined the prerequisites for this program: Participants must be able to swim 25 yards continuously without assistance or using any flotation, as well as needing to know the basics of the freestyle and back stroke.

FALL 1				
9/7 - 10/19	11916-A	M,W	5:30 - 6:30pm	\$120
9/8 - 10/20	11918-B	W	5:30 - 6:30pm	\$70
9/12 - 10/17	11918-A	M	5:30 - 6:30pm	\$60
FALL 2				
10/24 - 12/12	11916-B	M,W	5:30 - 6:30pm	\$150
10/24 - 12/12	11918-E	M	5:30 - 6:30pm	\$80
10/27 - 12/15	11918-F	W	5:30 - 6:30pm	\$80

MASTERS SWIM TEAM • AGES 19+

A year round adult swim team. Any adult, 19 and up, is eligible to join at any time of the year. Varying levels of competition are available, as well as practices three times per week to provide a challenge for everyone. Contact Coach Weezie Hofer, 989-312-0104 for more information.

MIDLAND DOLPHINS COMMUNITY SWIM TEAM

The mission of the Midland Dolphins Community Swim Team is to promote competitive swimming in the Midland Community. Together, the board of Directors, coaching staff, Midland Community Center and partners try to maintain a positive atmosphere that allows each athlete to achieve his/her personal goals. This is accomplished by providing both a local competitive swim team (Dolphins) and a more intensely competitive travel team (Barracudas). Children ages 5 - 18 may compete in both types of competition, but will be placed in practices according to their age, maturity, ability level, work ethic, and goals. The goal is to provide quality coaching and to give each an overall positive swimming experience. For more information contact Head Coach Betsy Kolm at (989)832-7937 ext 4407 or bkolm@chartermi.net or Sr.Program Director Beth Gaertner (989) 923-1978. For registration information please pick up the Swim Team Brochure from the Welcome Center. Register on line at www.greatermidland.org



REGISTER TODAY!

Secure your spot and save \$10
— avoid the late registration fee!

See Page 2

CHILDCARE

PRESCHOOL

Our preschool program utilizes a building-block curriculum designed to create a seamless transition from one classroom to the next. Ultimately your child will graduate from our program with the confidence and skills necessary to succeed as lifelong learners. Our qualified teaching staff use a thematic curriculum that includes developmentally appropriate learning activities including but not limited to:

- Literacy/Language Arts
- Small/Large Motor Development
- Social Studies (Self, Family, Community)
- Mathematics/Science
- Sensory/Art

Structured daily lesson plans include a great balance between education and recreation, including opportunities for swim, the use of our gymnastics facility, gym time, fitness classes, imaginary play, singing and storytelling. Wrap around care is also available to supplement your child's preschool day.

For more detailed information please call 989.832.7937 x.2237 or contact us at childcare@greatermidland.org

BEFORE & AFTER SCHOOL

Throughout the school year before and after care is available for Eastlawn, Siebert, Woodcrest and Chestnut Hill elementary schools. We also offer full day care for school children on non-MPS school days. Full day care is located on the campus at Greater Midland Community Center including: professional development days, winter break and spring break. We offer full day care on snow/inclement weather days on a first come first served basis. Kids have the opportunity to participate in a variety of activities on non-school days including swimming at the Oasis Pool, recreational gym time, rock climbing and organized games and activities.

For more detailed information please call 989.832.7937 x.2237 or contact us at childcare@greatermidland.org



CHILDCARE

Our State of Michigan Licensed childcare program is committed to providing a safe, nurturing environment that encourages every child to grow and learn through play and exploration. Each age group participates in planned daily activities designed to promote physical, social/emotional and cognitive development. Our qualified staff is dedicated to meeting each child's individual needs. Staff members are committed to ensuring every child is safe and engaged. We offer flexible enrollment and payment options for children six weeks through fifth grade.

KID'S CORNER

Kid's Corner is a drop-in babysitting program designed to provide quality care for the child(ren) of individuals participating in fitness activities on the campus of Greater Midland Community Center. Kid's Corner provides a safe, nurturing and engaging environment for children ages six weeks - 12 years. Kid's Corner is not a licensed program.

For more detailed information please call 989.832.7837 x.2306

- Monday: 8am - 12pm & 5pm - 8pm
- Tuesday: 8am - 1pm & 5pm - 8pm
- Wednesday: 8am - 12pm & 5pm - 8pm
- Thursday: 8am - 1pm & 5pm - 8pm
- Friday: 8am - 12pm
- Saturday: 8am - 11am

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AND ADVERTISING: Limited opportunities are available for the 2016/2017 Spring/Summer, Fall and Winter Brochures! If you are interested in supporting the goals of the Greater Midland Community Center by becoming a sponsor, please contact: Kevin Heye, 989-832-7937 ext. 2211

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