



ADULT DROP-INS LISTED BY DAY| JUNE 19 – SEPTEMBER 3

MONDAY

2.5 DOUBLES CLINIC	9:00 - 10:30 AM
1,000 BALL DRILL	11:00 AM – 12:00 PM
DRILLS & THRILLS	12:00 – 1:30 PM
4.0 DOUBLES CLINIC	7:00 – 9:00 PM
CARDIO TENNIS	7:00 – 8:00 PM
SWEAT IT OFF	8:00 – 9:00 PM

TUESDAY

CARDIO TENNIS	6:00 - 7:00 AM
3.0 DOUBLES CLINIC	9:00 – 11:00 AM
CARDIO TENNIS	12:00 – 1:00 PM
CARDIO TENNIS	7:00 – 8:00 PM
SWEAT IT OFF	12:00 – 1:00 PM
2.5-3.5 DRILLS AND THRILLS	7:00 – 8:30 PM
BEGINNER –INTERMEDIATE CLINIC	7:00 – 8:30 PM

WEDNESDAY

CARDIO TENNIS	9:00 – 10:00 AM
POST PTF	10:00 – 11:30 AM
DRILLS & THRILLS	12:00 – 1:30 PM
1,000 BALL DRILL	6:00 – 7:00 PM
SWEAT IT OFF	7:00 – 8:00 PM
CARDIO TENNIS	7:00 –8:00 PM
ADVANCED DRILLS & THRILLS	7:00 - 8:00 PM
PROFESSIONALS NIGHT	7:30 – 9:00 PM

THURSDAY

CARDIO TENNIS	6:00 – 7:00 AM
3.5 DOUBLES CLINIC	9:00 – 11:00 AM
CARDIO TENNIS	9:00 – 10:00 AM
1,000 BALL DRILL	6:00 – 7:00 PM
CARDIO TENNIS	7:00 – 8:00 PM
SWEAT IT OFF	7:00 – 8:00 PM
DRILLS AND THRILLS	7:00 – 8:30 PM
POST PTF	7:30 – 9:00 PM

FRIDAY

CARDIO TENNIS	9:00 – 10:00 AM
DRILLS AND THRILLS	11:30 AM – 1:00 PM
CARDIO TENNIS	12:00 – 1:00 PM
SWEAT IT OFF	12:00 – 1:00 PM
CARDIO TENNIS	6:00 – 7:00 PM
COCKTAILS AND TENNIS	7:00 – 8:30 PM (every other week)

SATURDAY

CARDIO TENNIS	9:00 – 10:00 AM
SWEAT IT OFF	9:00 – 10:00 AM
DRILLS AND THRILLS (3.5+)	9:00 – 10:30 AM
3.5 DRILL & PLAY	10:00 – 11:30 AM
BEGINNER–INTERMEDIATE CLINIC	10:30 AM – 12:00 PM
CARDIO TENNIS	2:00 – 3:00 PM

SUNDAY

CARDIO TENNIS	1:00 – 2:00 PM
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