

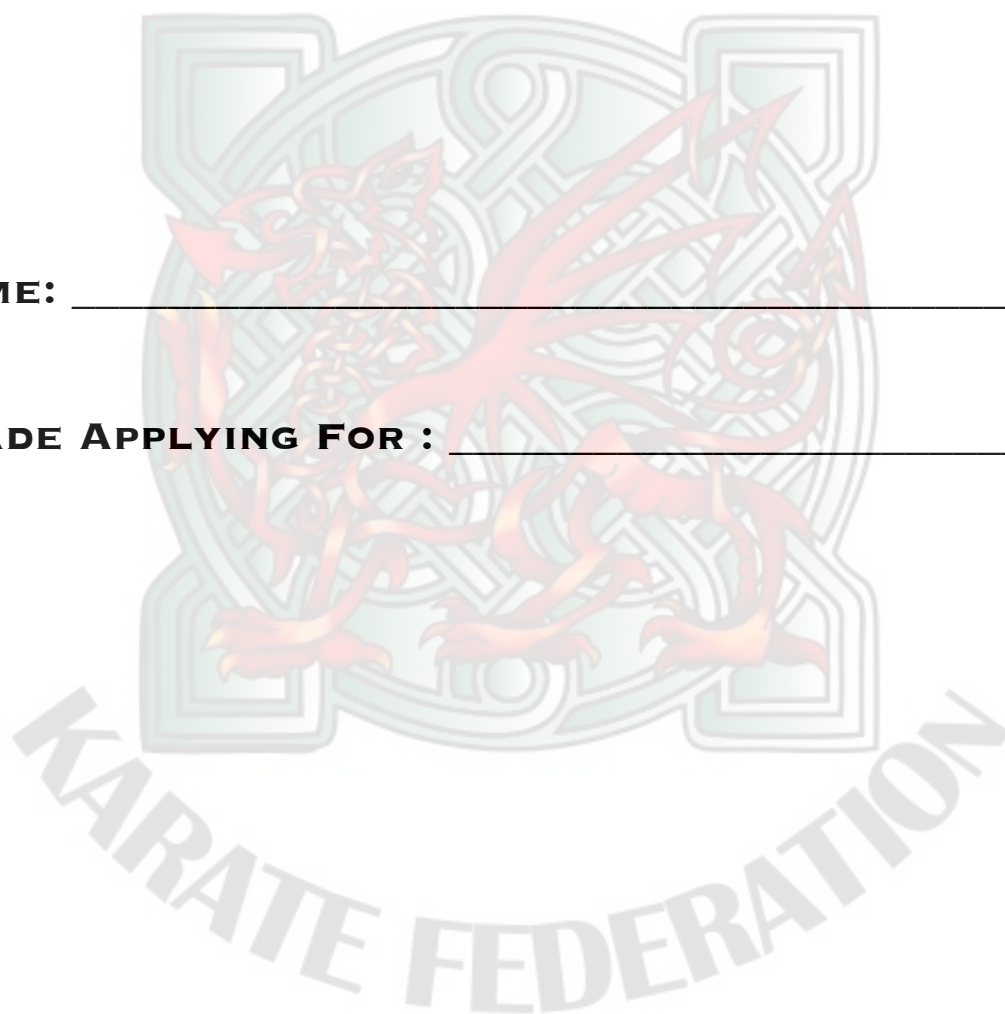
LLANDUDNO KARATE ASSOCIATION

DAN GRADE PORTFOLIO

WALES

NAME: _____

GRADE APPLYING FOR : _____



LKA DAN GRADE PORTFOLIO
DAN GRADE PERSONAL DETAILS

PLEASE READ CAREFULLY BEFORE STARTING TO WRITE AND COMPLETE IN BLOCK CAPITALS

MR/MRS/MISS/MS FIRST NAME: _____ SURNAME: _____

ADDRESS:

POST CODE: _____

TEL.HOME: _____ MOBILE: _____

ASSOCIATION: _____

STYLE: _____

ASSOCIATION LICENCE NUMBER & EXPIRY:

_____ / / _____ / / _____ / /

_____ / / _____ / / _____ / /

_____ / / _____ / / _____ / /

DATES GRADE OBTAINED:

KYU: 3RD / / / 2ND / / / 1ST / / /

DANS: 1ST / / / 2ND / / / 3RD / / / 4TH / / / 5TH / / /
 6TH / / / 7TH / / / 8TH / / / 9TH / / / 10TH / / /

OFFICIAL USE ONLY

THIS SECTION IS TO BE COMPLETED BY OFFICIAL PERSONNEL ONLY

KARATE TEACHING QUALIFICATIONS OBTAINED:

DATE ASSESSED BY ASSESSOR'S SIGNATURE

ASSOCIATION TRAINEE INSTRUCTOR / / _____

OFFICIAL QUALIFICATIONS OBTAINED:

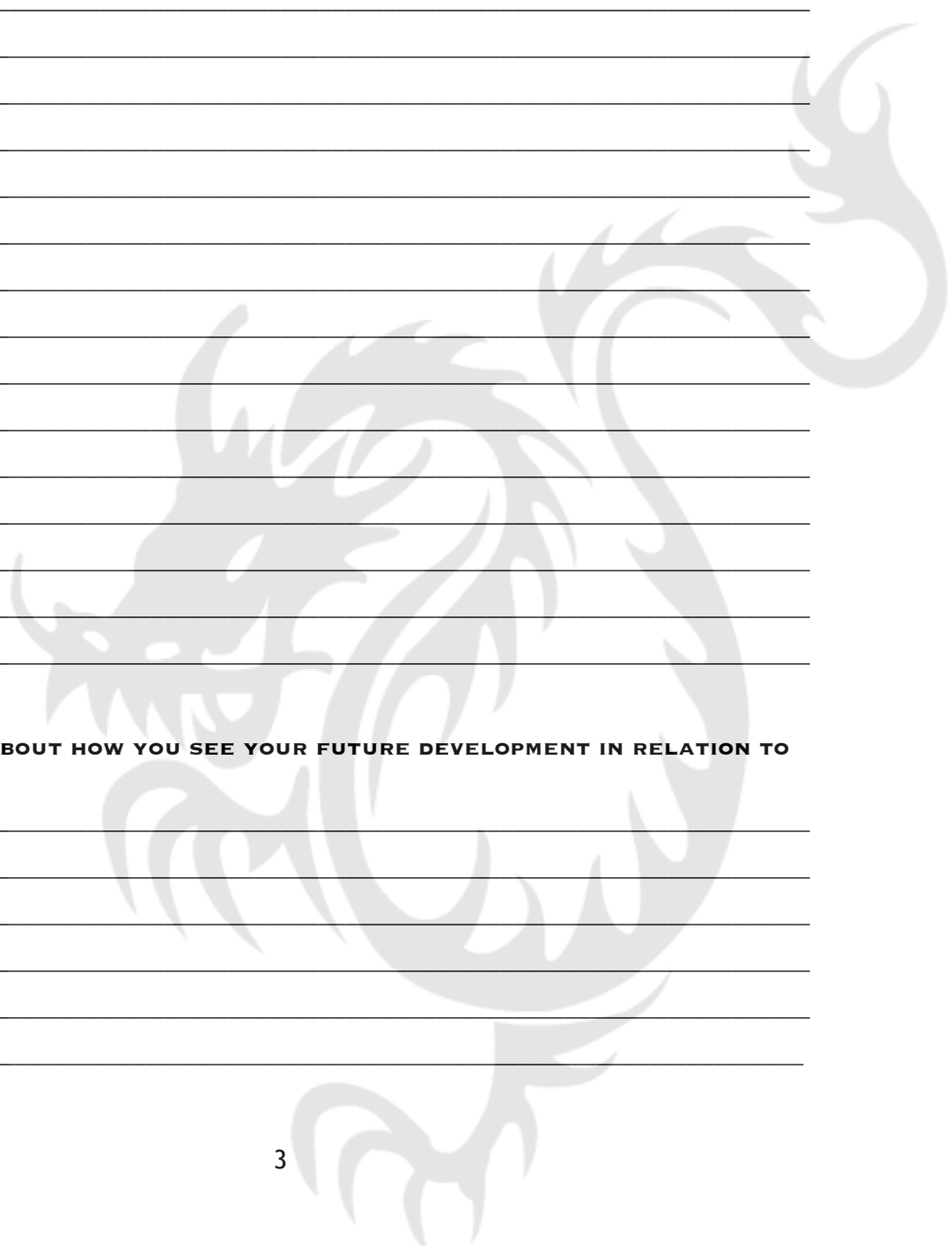
ASSOCIATION JUDGE / REFEREE / / _____

LKA DAN GRADE PORTFOLIO

RÉSUMÉ OF DAN GRADE KARATE HISTORY

THE FOLLOWING SHOULD BE A BRIEF OUTLINE OF THE PERSONS KARATE HISTORY, WITH KEY EVENTS NOTED SUCH AS THE DATE THEY BEGAN TRAINING, WHERE, WHO WITH, KEY GRADING DATES, QUALIFICATIONS OBTAINED, COMPETITION INVOLVEMENT, INSTRUCTIONAL EXPERIENCE ETC. IT WOULD HELP AN ASSESSOR BY PROVIDING AN OVERALL PICTURE OF THE PERSON THEY ARE ASSESSING. IT SHOULD BE CLEARLY AND CAREFULLY WRITTEN OR TYPED.

BRIEF STATEMENT ABOUT HOW YOU SEE YOUR FUTURE DEVELOPMENT IN RELATION TO KARATE:



LKA DAN GRADE PORTFOLIO

DAN GRADE COURSE RECORDS

DAN GRADES ARE ADVISED TO KEEP RECORDS OF SPECIAL KARATE TRAINING OR TEACHING COURSES AND ANY RELATED ACTIVITIES WHICH MAY ENHANCE THEIR KARATE & TEACHING ABILITIES. THEY SHOULD INDICATE WHETHER THEIR ROLE WAS AS AN INSTRUCTOR, STUDENT, OFFICIATOR OR OBSERVER.

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

LKA DAN GRADE PORTFOLIO
COURSE RECORDS CONTINUED

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

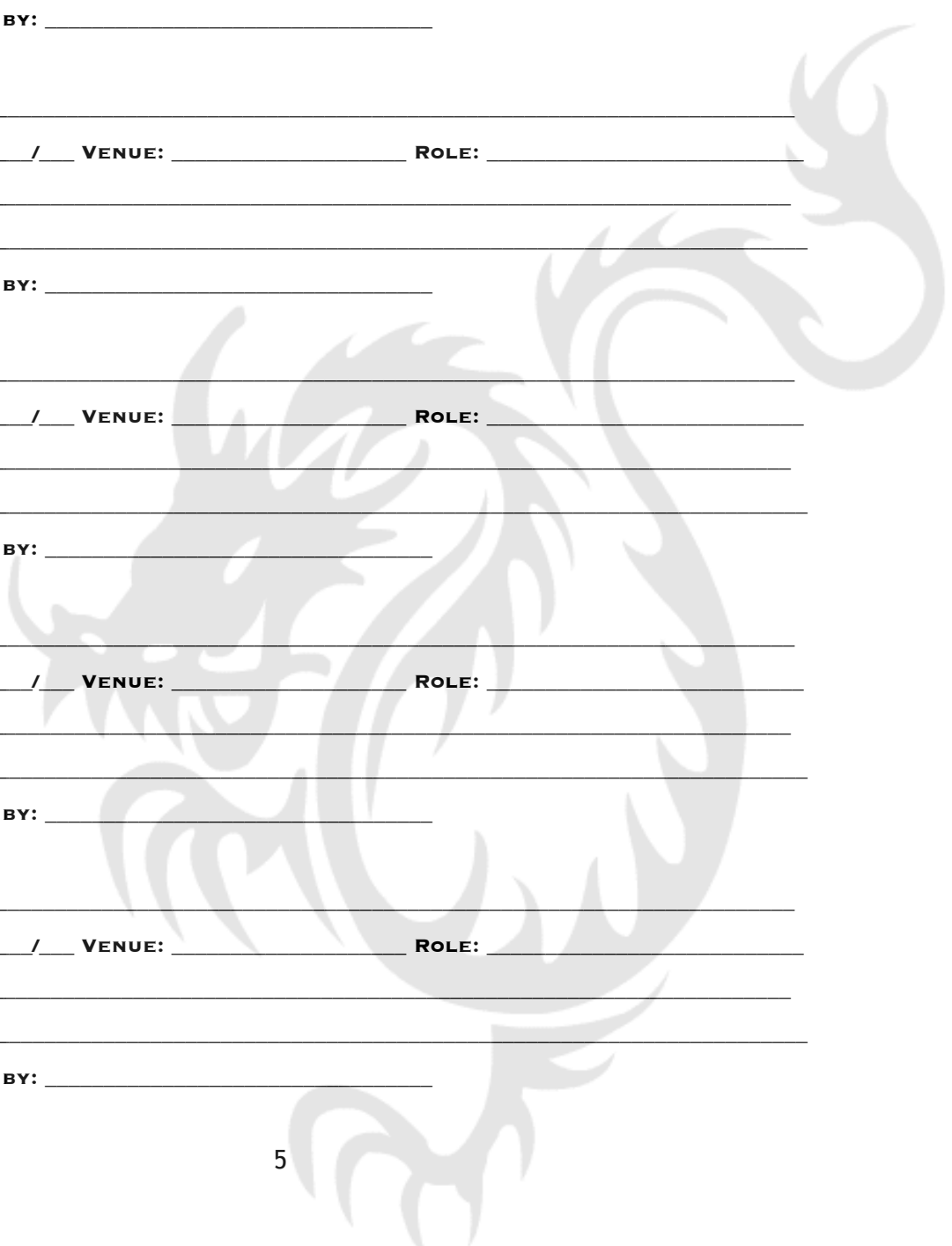
VERIFIED AND SIGNED BY: _____

NAME OF COURSE: _____

DATE OF COURSE: ___/___/___ **VENUE:** _____ **ROLE:** _____

COMMENTS: _____

VERIFIED AND SIGNED BY: _____



LKA DAN GRADE PORTFOLIO

DAN GRADE REGULATION

ALL LKA STUDENTS CAN SUBMIT AN APPLICATION FOR THEIR PROMOTION UP TO AND INCLUDING 7TH DAN. PROMOTION WILL BE ASSESSED PROVIDING THAT THE CANDIDATE HAS FULFILLED THE REQUIREMENTS TO AGE AND INTERVAL SINCE LAST GRADING PRESCRIBED BY WKF RULES.

THE DAN GRADE SYSTEM IS BASED ON RECOGNITION OF PERSONAL DEVELOPMENT AS PRACTITIONERS, TECHNICIANS, INSTRUCTORS AND EXPONENTS OF KARATE. FOR GRADES HIGHER THAN 7TH DAN, THE RANK IS A RECOGNITION OF THE PERSON'S CONTRIBUTION TO KARATE BEYOND PERSONAL DEVELOPMENT. PROMOTION WILL NOT BE APPROVED SOLELY UPON TECHNICAL SKILL & KNOWLEDGE. DEDICATION AND EVIDENCE OF THE FURTHERANCE OF KARATE MUST ALSO BE SHOWN.

ATTENDANCE AND COMPLETION OF LKA DAN GRADE ASSESSMENTS IS A REQUIRED PREREQUISITE FOR PROMOTION. THE SCHEDULING OF THE DAN GRADE ASSESSMENTS COINCIDES WITH THE INTERVAL RESTRICTIONS BETWEEN RANKS. THIS ENSURES THAT THE CONTINUED TRAINING, PERSONAL PROGRESSION & IMPROVEMENT THAT IS REQUIRED CAN BE ACHIEVED.

SHODAN	MINIMUM OF 15 YEARS OF AGE	MINIMUM OF 3 YEARS OF TRAINING
NIDAN	MINIMUM OF 17 YEARS OF AGE	MINIMUM OF 2 YEARS SINCE SHODAN
SANDAN	MINIMUM OF 20 YEARS OF AGE	MINIMUM OF 3 YEARS SINCE NIDAN
YONDAN	MINIMUM OF 24 YEARS OF AGE	MINIMUM OF 4 YEARS SINCE SANDAN
GODAN	MINIMUM OF 29 YEARS OF AGE	MINIMUM OF 5 YEARS SINCE YONDAN
ROKUDAN	MINIMUM OF 35 YEARS OF AGE	MINIMUM OF 2 YEARS SINCE GODAN
NANADAN	MINIMUM OF 42 YEARS OF AGE	MINIMUM OF 3 YEARS SINCE ROKUDAN
HACHIDAN	MINIMUM OF 50 YEARS OF AGE	MINIMUM OF 4 YEARS SINCE NANADAN
KYUDAN	AWARDED FOR EXCEPTIONAL LIFETIME ACHIEVEMENT FOR KARATE	
JUDAN	AWARDED FOR EXCEPTIONAL LIFETIME ACHIEVEMENT FOR KARATE	

A SHODAN PRE DAN GRADE ASSESSMENT IS REQUIRED 6 MONTHS AFTER FINAL 1ST KYU GRADE. THIS ASSESSMENT ALLOWS THE GRADING PANEL TO ASSESS THE CANDIDATE'S PROGRESSION AND RECOMMEND A TARGET DATE FOR THE SHODAN ASSESSMENT.

AFTER SUCCESSFUL COMPLETION OF SHODAN, THE NIDAN ASSESSMENTS WILL TAKE PLACE EVERY 6 MONTHS. NIDAN ASSESSMENTS ARE COMPULSORY REQUIREMENTS TO THE NIDAN SYLLABUS.

AFTER SUCCESSFUL COMPLETION OF NIDAN, THE SANDAN ASSESMENTS WILL TAKE PLACE EVERY 6 MONTHS. SANDAN ASSESSMENTS ARE COMPULSORY REQUIREMENTS TO THE SANDAN SYLLABUS.

APPLICATIONS FOR YONDAN + MUST BE SUBMITTED VIA YOUR CHIEF INSTRUCTOR AND ASSESSED BY THE NATIONAL FEDERATION (CURRENTLY THE WALES KARATE FEDERATION).

LKA DAN GRADE PORTFOLIO

ASSESSMENTS

DAN GRADES ARE ADVISED TO REQUEST FEEDBACK ON ASSESSMENTS FROM OFFICIAL PERSONNEL. RECORDS OF DAN GRADE WRITTEN EXAMINATION RESULTS AND COPIES OF ASSESSMENT FORMS SHOULD BE PRESENT IN THIS SECTION OF THE PORTFOLIO.

NIDAN ASSESSMENTS:

ASSESSMENT	DATE	VERIFIED BY	SIGNED
1	__/__/__	_____	_____
2	__/__/__	_____	_____
3	__/__/__	_____	_____
4	__/__/__	_____	_____

SANDAN ASSESSMENTS:

ASSESSMENT	DATE	VERIFIED BY	SIGNED
1	__/__/__	_____	_____
2	__/__/__	_____	_____
3	__/__/__	_____	_____
4	__/__/__	_____	_____
5	__/__/__	_____	_____
6	__/__/__	_____	_____

LKA DAN GRADE PORTFOLIO

ACHIEVEMENTS

COPIES OF ALL DAN GRADE CERTIFICATES SHOULD BE PRESENT HERE.

OTHER CERTIFICATES OF COMPLETION OF COURSES SHOULD ALSO BE PRESENT TO DEMONSTRATE A BROAD KNOWLEDGE OF KARATE AND COACHING.

SUCH COURSES MAY INCLUDE COACHING, REFEREEING, FIRST AID, DBS, CHILD WELFARE & PROTECTION ETC.

OTHER NOTABLE ACHIEVEMENTS MAY ALSO BE INCLUDED HERE. EVIDENCE OF PERSONAL CONTRIBUTION TO THE FURTHERANCE OF KARATE AT AN ASSOCIATION, NATIONAL OR INTERNATIONAL LEVEL SHOULD BE INCLUDED HERE.

WRITTEN ACCOUNTS OF MEMORABLE & IMPORTANT KARATE RELATED EXPERIENCES MAY BE INCLUDED HERE TO DEMONSTRATE PERSONAL DEVELOPMENT.

