



BRING OUT YOUR MEGAWATT SMILE!

Thomson Dental Centre offers two advanced teeth whitening options:

1. Take-home whitening

You can whiten your teeth at home with a whitening gel held in place by thin plastic trays, which are custom-made by making an impression of your teeth. These gel-filled trays are worn for one hour a day over one to two weeks. This process takes longer than clinic-based teeth whitening, but the investment is lower.

2. Laser in-office whitening

Zoom whitening is the latest whitening system that offers impressive results in one sitting. The procedure takes place in the clinic and involves the application of a concentrated whitening gel to your teeth, which is then activated with a laser light. The investment is higher, but results are immediate.

REGAIN YOUR PEARLY WHITES

Lighten up your teeth for a brand new you

DAZZLE WITH CONFIDENCE with whiter teeth. Find out why our teeth tend to darken with age, and how Thomson Dental Centre can help you get the smile you've always wanted.

WHY DOES MY TEETH TURN YELLOW?

The colour of your teeth is determined by the colour of dentine, the bony tissue inside your teeth. Dentine can darken over time due to ageing and intensely coloured foods and drinks in our diet. While dental scaling and polishing can help your teeth look brighter by removing surface stains, it does not change the internal colour of your teeth. In contrast, teeth whitening brightens teeth from within by removing stains and discolouration from deep inside your teeth.

WHAT ABOUT MY FILLINGS OR CROWNS?

Because fillings or crowns stay the same colour during the whitening process, they may need to be replaced to match the lighter colour of your teeth after completion of the treatment.

ARE THERE ANY SIDE EFFECTS?

Teeth sensitivity is normal after teeth whitening. The degree of sensitivity varies between individuals, and usually subsides quickly. Thomson Dental Centre uses only professional teeth-friendly products to ensure safety throughout the whitening process.

SHOULD I USE A WHITENING TOOTHPASTE?

A whitening toothpaste does not change the internal colour of your teeth. However, they do help to maintain the whiteness of your teeth after professional whitening. Make sure you use a toothpaste recommended by your dentist, as some teeth whitening toothpastes contain acids or abrasives that can permanently damage your teeth. ○



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