

# ROASTED ALMOND & SALTED CARAMEL "CHEESECAKE"

+4 hours soaking + 1 hour prepping + 8 hours freezing | serves 16

### INGREDIENTS

#### STEP BY STEP

**CRUST** 

10 medjoul dates, pits removed 2 cups | 300 gr. blanched almonds

Start by gathering, preparing and measuring all of the ingredients. This will improve your dynamic in the kitchen.

#### SALTED DATE CARAMEL

15 medjoul dates, pits removed 2 tbsp roasted almond butter 2 tbsp melted coconut oil 2 tbsp unsweetened almond milk 1/2 tsp himalayan pink salt

1/3 cup | 35 gr. almond slices (for layering)

ALMOND CINNAMON CASHEW CREAM 3 cups | 400 gr. raw cashews, soaked overnight (or for a minimum of 4 hours)

1 cup | 250 ml. unsweetened almond milk 1/2 cup | 125 ml. melted coconut oil 3/4 cup | 180 ml. rice malt syrup

1/4 cup | 70 gr. **roasted almond butter** (recipe is on the blog) seeds of 1 vanilla bean 1 tsp cinnamon

### CRUST

- 1. Preheat your oven to 300°F | 150°C
- 2. Spread the almonds on a baking tray and roast for about 20 minutes (or until they turn golden brown).
- 3. Remove from the oven and allow them to cool completely.
- 4. Add the almonds and pitted dates to your food processor/blender and process for about 30 seconds, until they turn into a sticky, fine meal.
- 5. Scoop out a 1/4 cup of this meal and set aside, for garnish.
- 6. Line an 8" | 20 cm square pan (or a 9" | 23 cm round pan) with parchment paper, pour in the mixture and press it down firmly.

#### SALTED DATE CARAMEL

- 1. Soak the medjoul dates in hot (but not boiling) water for 10 minutes.
- 2. Drain the dates and squeeze the excess liquid.
- 3. Add the dates along with the rest of the ingredients to your food processor and process for a few minutes, until the caramel is smooth and there are no chunks of dates left.
- 4. Pour the caramel over the "cheesecake" base and spread evenly with the help of a spatula.
- 5. Sprinkle the almond slices over the caramel layer and place the pan in the freezer for a few minutes, while you work on the cashew cream.

# ALMOND CINNAMON CASHEW CREAM

- 1. Rinse and drain the soaked cashews.
- Add them to the food processor/blender and process for a couple of minutes, stopping a few times to scrape down the sides of the bowl.
  Process until the cashews turn into a smooth paste.

# MORE ON THE NEXT PAGE



EXPLORE THE BLOG TO FIND OTHER VEGAN RECIPES WWW.COCOONCOOKS.COM

- 3. Add the rest of the ingredients and process at the highest speed for a few minutes until you get a rich, creamy mixture. Be patient and blend until the cashew cream is completely silky.
- 4. Remove the "cheesecake" pan from the freezer and pour the cream into the pan.
- 5. Gently shake the pan a little to even out the surface and remove any air bubbles that might be trapped in the cream.
- 6. Place the "cheesecake" in the freezer for at least 8 hours so it sets completely.

## TO SERVE

- 1. Remove "cheesecake" from the freezer and slice immediately.
- 2. Allow the slices to thaw out for 20 minutes, sprinkle with some almond-date meal and a few almond slices and serve.

PS- The "cheesecake" will hold in the freezer for 6 weeks. You can slice it and freeze the slices separately. This way, you can have a slice of cake whenever you want!

