

JUNE

ST. MARGARET'S HOUSE NEWSLETTER & EVENTS LISTINGS



With summer just around the corner, there's so much to look forward to this month. From a swing dance party to a local, craft beer festival in the garden, the St. Margaret's House calendar is full of fun activities and ways to get involved. We're looking for a new volunteer for Chapel Cinema and the Gallery Cafe Girls are raising money for Cancer Research through Race for Life. Read on to learn more about these exciting opportunities and more.

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WELCOME WISH & THE CITY AND EAST LONDON BEREAVEMENT SERVICE



We're excited to welcome two new groups who have moved into offices at St. Margaret's House. WISH provides independent advocacy, emotional support, and practical guidance to women with mental health needs to increase women's participation in the services they receive, and campaigns to get their voice heard at a policy level. City and East London Bereavement Service offers counselling to people who have been affected by bereavement or loss in the Tower Hamlet area. We're really looking forward to welcome both of these groups into our community and that means that all of our offices are now occupied.

THE GALLERY CAFE GIRLS RUN RACE FOR LIFE

On the 27th June a group of female staff from St. Margaret's House will be taking part in the 5km Race for Life in Victoria Park. Rut, Mali, Ella, Alyssa, Lucinda and Kari have all been training hard for this challenge and hope, with your help, to raise plenty of funds for cancer research. Group Leader and Cafe Manager Lucinda says, 'The training has been hard but we're all really keen to make a difference and hope supporters of St. Margaret's House and The Gallery Cafe will sponsor us. I might be the group leader but I think my team mates might leave me behind! Please sponsor the Gallery Cafe Girls at <https://www.justgiving.com/teams/gallery-cafe-girls>



JUNE UPDATE FROM THE ESTATES

The Community Organisers hosted by St. Margaret's House have continued their work, listening to Tower Hamlets residents about their thoughts on the area and helping them organise community projects to make improvements. Isabel has been working with some volunteers on the Park View Estate and they have good response after asking Tower Hamlets Council to put a compost bin put in place for residents to start using for growing flowers and vegetables. Isabel has also been working with local volunteer artist, Brenda, to bring local people together through an art project that will run in the St. Margaret's House chapel. It's free and everyone is welcome to come along. The dates are every Friday from the 12th of June to the 3rd of July. If you would like to know more, please contact Brenda at mbbcraft@gmail.com or Isabel at isabel.maiinx@corganisers.org.uk



FIRST ANNUAL BETHNAL GREEN BEER FESTIVAL



On Saturday, the 20th of June 2015, St. Margaret's House will be hosting the first annual Bethnal Green Beer Festival. Join us in the garden and our large hall between 1 and 8pm. You can look forward to drinks from a variety of local craft breweries as well as a delicious vegan barbecue served up The Gallery Cafe. There will be live music and great entertainment throughout the day. Tickets are £5 in advance and can be purchased from: <http://www.wegottickets.com/event/318878>

WOULD YOU LIKE TO VOLUNTEER WITH CHAPEL CINEMA?



Are you an avid film buff? Do you want some great volunteer experience to put on your resume? Consider volunteering to organise Chapel Cinema, our free weekly film screenings. This position has the potential to be tailored by the person who takes it, so if you have big ideas we want to hear them! Whether it's special seasons or liaising with independent filmmakers, there is the opportunity to make this role your own and to gain unique experiences. The time commitment is approximately 2-4 hours per week. If you're interested, please email Sarah at comms@stmargarethouse.org.uk telling her a bit about yourself and your experiences.

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GOODBYE, KARI!



We're sad to say that it's Kari's last month working at The Gallery Cafe. She'll be returning home to Canada for a short period of time and then continuing her European adventures in Berlin. Since starting at the cafe in January 2014, Kari was quickly promoted to a senior front of house position. Her dedicated and friendly nature made her a much-loved part of the team among both our staff and customers. We're truly sad to see you go, Kari, but we wish you all the best in the future and hope you'll come back to visit us on your travels.