

AUGUST

ST. MARGARET'S HOUSE NEWSLETTER & EVENTS LISTINGS



Every month sees exciting new projects and events take off across St. Margaret's House and August is no different. Even though our buildings are quieter with so many people on holiday throughout the summer, there are still so many ways to have fun and get involved. Whether you're looking to support our work as a volunteer or by attending one of our events, read on to find out what we have on over the coming weeks.

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FUN IN THE SUN AT OUR GARDEN PARTY



Saturday 25 July saw blue skies and the sun shining on our annual garden party. It was a fun filled day with bubbles blowing across the garden, delicious vegan barbecue from The Gallery Café, and Zoe from the Worry Dolls performing on the lawn. The jumble sale in the hall was full to the brim with secondhand treasures and the kids had a blast playing skittles and blowing bubbles. The Pimm's was

flowing and a few lucky individuals went home with fantastic raffle prizes. We all had so much fun that we're thinking of hosting a few smaller, pop-up garden parties while the weather stays nice. They'll be complete with live music and vegan barbecues, so keep an eye on our website and Twitter feed for all of the details.

NEW CLASSES WITH EAST LONDON COMMUNITY WELLBEING

The ELCW timetable is continuing to expand! We now offer Zumba in the hall at 7:45pm on Wednesday evenings. This salsa-inspired aerobic workout is so much fun and requires no experience to take part! Plus, it's only £5 per session. We also now offer a restorative yoga class: 5 Star R&R with Katie at 11am on Thursdays. We'll be continuing to add a couple of new classes over the coming weeks. On 9th August the Phenomenal Women classes start on Sundays, running from 4:30-6:30pm each week. On 7th September we'll be offering BalletBeFit classes on Monday evenings at 6:15pm. To get all of the details about these classes and to view the rest of our timetable, visit: <http://stmargarethouse.org.uk/eastlondoncommunitywellbeing>

WHAT'S ON AT THE CREATE PLACE

The Create Place timetable is peppered with regular classes for experienced makers and artistic newbies alike. Each week we offer a free crafting class from 10am-1pm on Mondays and a free beading class from 10am-1pm on Thursdays. We also have many other workshops and classes exploring a variety of mediums taking place throughout the week. These paid classes allow us to offer free community classes. Each month sees new guest tutors using the space as well, offering special workshops around their areas of expert. This month we are pleased to be offering a special class from Jessica Chorley on Saturday 22 August. All of Jessica's workshops combine embroidery, collage, and applique so that each student can create a unique, useful work of art with no experience necessary. There is a charge for this workshop, so to get all of the details, please visit Jessica's website: <http://www.jessiechorley.com>.



CHAPEL CINEMA RETURNS NEXT MONTH



Our free weekly cinema screenings have been on hiatus for the summer but we're excited to say that they're coming back next month with some very exciting programming planned. We're welcoming a new volunteer, Martha Sedwick, who will be leading the project. You can look forward to a new season each month with every week's film centered around that month's theme. To celebrate

the 150th anniversary of Alice in Wonderland we'll be screening a month of Alice-themed films throughout October. For all of the details, keep an eye on our events page: <http://www.stmargarethouse.org.uk/whats-on>.

AYOKA NEEDS YOU!

Our charity shop, Ayoka, is in need of passionate volunteers. Are you a friendly and open person who wants to give back to the community? Then volunteering as a sales assistant at Ayoka could be the perfect opportunity for you! Activities include greeting and serving customers, receiving and sorting donations, dressing mannequins, and pricing donations. No particular experience is necessary, just a good level of spoken English and a willingness to get involved. All volunteers will receive on-the-job training suitable to their role, as well as optional advice and support around CV writing and information about training and employment opportunities in the local area. A minimum commitment of 4 hours per week in a single shift is required, and a little of your time could make a big difference. If you are interested in applying, please email nigel@stmargarethouse.org.uk or pick up an application form in the shop.