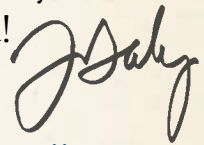


# 31 DAYS OF *Prayer*

Our nation may seem like it is spiraling out of control with daily reports of violence, immorality and threats to faith and freedom. But we are not helpless. We are not without hope. God has provided a powerful tool for believers to impact culture—through the power of prayer. Join us as we commit to 31 Days of Prayer for our nation throughout October. May God use our prayers to strengthen families and bring healing to America!



*“...do not despair, for these things will surely come to pass.”*

HABAKKUK 2:3

Father in Heaven,

Help us remember that, as Your peculiar people, we Christians have always been strangers and sojourners on the earth. Remind us that it is not our job to direct the destinies of nations, but simply to shine for You, reflect Your image, and bloom for Christ wherever You choose to plant us. In that spirit, inspire us to seek our country's peace and wellbeing, even as Jeremiah instructed the Jewish exiles to work for the peace of the city to which they had been carried captive. Teach us to pray to You consistently on its behalf, knowing that in its welfare we will find peace for ourselves. Never let us forget that, come what may, our calling is always to obey God rather than man. In Jesus' name. Amen

Jim Daly

President and CEO, Focus on the Family

## PRAYERS FOR AMERICA'S FAMILIES

### **DAY 1: Pray for thriving families.**

*Heavenly Father,*

*Thank You for the gift of family. I ask You to send healing, restoration, and strength to America's families. Build up a new generation of families equipped to live as a witness to the nation of Your power, love and grace. In Jesus' name. Amen.*

# 31 DAYS OF *Prayer*

## **DAY 2: Pray for healthy marriages.**

*Heavenly Father,*

*I'm grateful for Your plan of marriage as the foundation for a thriving family. Will You restore love and commitment to couples who struggle today? Give them hope, peace and real help. Protect and bless the institution of marriage. In Jesus' name. Amen.*

## **DAY 3: Pray for men as husbands and fathers.**

*Heavenly Father,*

*You created men to be spiritual leaders in their families. I pray that You give guidance and strength to husbands and fathers in America. Empower them to grow their families in faith even against the tide of culture. Raise up men with strong values who will ensure their children have a loving father in their lives. In Jesus' name. Amen.*

## **DAY 4: Pray for women as wives and mothers.**

*Heavenly Father,*

*You have equipped women uniquely with the gift of nurturing. Empower today's wives and mothers as living examples of Your compassion and grace. Reveal Your heart to wives across America to be prayer warriors and encouragers. Fill them with patience, understanding and gentle strength for the sake of their children and husbands. In Jesus' name. Amen.*

## **DAY 5: Pray for God's wisdom and understanding for parents.**

*Heavenly Father,*

*Thank You for the blessing of children! Grant parents across our country the understanding, strength, and biblical wisdom to raise godly kids. Surround couples and single parents with a caring support system of family, church and friends. In Jesus' name. Amen.*

## **DAY 6: Pray for blessings on our children.**

*Heavenly Father,*

*America's children are our most precious treasures. Please protect those who are in crisis. Bless those who have been orphaned with forever families. Instill truth and morality in the next generation . . . even in these turbulent times. Most of all give each child the opportunity to know You. In Jesus' name. Amen.*



# 31 DAYS OF *Prayer*

## **DAY 7: Pray for our nation's schools and educational system.**

*Heavenly Father,*

*Thank You for the blessing of an education for our nation's children. Please fill our classrooms with godly teachers. Give wisdom to administrators. Protect and guide today's students who will be tomorrow's leaders. Give them a love of our American heritage and religious liberties. Encourage parents to be involved in our schools and guide parents teaching at home. In Jesus' name. Amen.*

## **DAY 8: Pray for America's churches to impact families.**

*Heavenly Father,*

*I pray that You will use our churches to be Your tools to support families. Strengthen marriages and families within the church so that others can see them as examples of God's grace. Break the hearts of believers so they may see the world around them with compassion and love. In Jesus' name. Amen.*

## **DAY 9: Pray for church workers and volunteers.**

*Heavenly Father,*

*Our churches need strong leaders, full of wisdom and faith in these trying times. Give courage and patience to pastors and other church workers. Bless and energize volunteers like Sunday school teachers who influence children and entire families weekly. In Jesus' name. Amen.*

Father God,

I pray for our fractured families: for those who have gone through the trauma of divorce; for children who are growing up without a father; for single moms who face the challenge of parenting alone. I pray that You will bring comfort and direction to all who feel unloved. Stir the hearts of Your people that we may be agents of love and hope; that we will seek Your plans for our role in Your kingdom and in our culture. Give us courage to speak the truth in love. May our lifestyle demonstrate that we are followers of Christ. In Jesus' name. Amen.

Gary D. Chapman, Ph.D.

Author, speaker, pastor

31 DAYS  
OF  
*Prayer*

PRAYERS FOR  
HURTING PEOPLE

**DAY 10: Pray for abortion-vulnerable moms.**

*Heavenly Father,*

*Give hope to abortion-vulnerable moms. Make a way for them to understand the gift and value of the life they carry. Connect them with caring people who will enable them to choose life. Bless those who choose life with a support group and the resources to give a child not just life, but a good life. In Jesus' name. Amen.*

**DAY 11: Pray for pre-born babies.**

*Heavenly Father,*

*I ask You to intervene on behalf of the one million pre-born babies at risk of abortion this year. Reveal Your truth to abortion-vulnerable moms and save the lives of these children. Work through legislators to create laws and regulations that protect life. Work in the hearts of judges and government leaders to understand that these lives are precious. In Jesus' name. Amen.*

**DAY 12: Pray for orphaned and at-risk children.**

*Heavenly Father,*

*Today I pray for the more than 100,000 legal orphans in foster care in the United States who wait for adoptive families. Connect them with forever families. Send Your angels to watch over them and keep them safe. Ignite a desire in families to make a difference for these children. Bless hurting children across America. In Jesus' name. Amen.*

**DAY 13: Pray for people in crisis.**

*Heavenly Father,*

*America is full of hurting people—couples heading for divorce, those battling depression, families in financial trouble, individuals seeking work, victims of tragedy and natural disasters. Today I pray for comfort, peace, and blessings in the lives of those who face insurmountable odds. Give them hope in You. In Jesus' name. Amen.*

# 31 DAYS OF *Prayer*

## **DAY 14: Pray for relief to those struggling in poverty.**

*Heavenly Father,*

*First of all, I'm grateful for the blessings of provision in my life. I pray today on behalf of those who are caught in poverty across America. Give them hope and the tools they need to provide for those they love. Please give families who are struggling an opportunity to turn their lives around and learn Scriptural principles for success. For those facing circumstances beyond their control, raise up others to help meet their needs. In Jesus' name. Amen.*

## **DAY 15: Pray for the hungry in America.**

*Heavenly Father,*

*I pray for the hungry in our country. I pray for children born into poverty, single parents who struggle to put food on the table, and families in crisis. Connect them with organizations that can help. Empower groups dedicated to feeding the hungry to reach even farther. Let me know what I can do to help the hungry in my own community. In Jesus' name. Amen.*

## **DAY 16: Pray for all those who are homeless.**

*Heavenly Father,*

*I don't always understand the circumstances surrounding people who are homeless . . . but You do. I pray that You use me and others to reach out to our hurting, homeless neighbors. Give me the compassion and discernment to act. Bless groups working with these individuals. In Jesus' name. Amen.*

## **DAY 17: Pray for victims of domestic violence.**

*Heavenly Father,*

*You see the unseen and understand the pain suffered behind closed doors. I know Your heart is broken when children and families suffer from violence. I pray today for victims of domestic violence. Rescue the abused. Transform the hearts of abusers. Protect the weak and give hope to hopeless. In Jesus' name. Amen.*

*If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.*

2 CHRONICLES 7:14 ESV



# 31 DAYS OF *Prayer*

## **DAY 18: Pray for local churches to reach the hurting.**

*Heavenly Father,*

*I ask You to equip local churches to be Christ's hands and feet of compassion to hurting people in their communities. Unite believers with the understanding and resources to make a difference for hurting people in Your name. In Jesus' name. Amen.*

## **DAY 19: Pray for God's people to be a light.**

*Heavenly Father,*

*I pray that Christians—myself included—will live out the principles of the Bible daily and be a light in the darkness. Give me the courage and strength to stand up for Scriptural principles and morality. Allow opportunities for me and other believers to impact people in our community. I want to be Your representative. In Jesus' name. Amen*

Dear Heavenly Father,

We come to You today as a humble people desperate for Your supernatural intervention on behalf of our beloved nation. First, we thank You for all the blessings You have bestowed on our land, blessings that have allowed us to bring so much good and benefit to not only our own citizens but also to the rest of the world.

Enable us, by Your Spirit, to no longer be secret agent Christians but rather to publicly declare and live out Your truth in a spirit of love so that You feel welcome in our country once again.

In Jesus' name we pray. Amen.

Dr. Tony Evans

Honorary Chairman, National Day of Prayer Task Force, 2016

*And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him.*

1 JOHN 5:14-15 ESV

# 31 DAYS OF *Prayer*

## PRAYERS FOR OUR NATION

### **DAY 20: Pray for healing in our nation.**

*Heavenly Father,*

*America stands divided for so many reasons—violence, racial tensions, immorality and more. I pray that You will bring healing and peace to our nation. We cannot achieve true unity without Your hand of grace and mercy. From leaders in our government, to my family members, I ask You to soften hearts and foster unity. In Jesus' name. Amen.*

### **DAY 21: Pray for America's leaders.**

*Heavenly Father,*

*I ask You to grant wisdom to America's governing leaders, including our president and his advisers, senators, representatives, judges and even state and local leaders. Make clear Your perfect will for America and give them the courage to stand up for what is right. In Jesus' name. Amen.*

### **DAY 22: Pray for our military.**

*Heavenly Father,*

*I'm thankful for a military to guard and protect America's freedoms here and around the world. I pray that You will cover our military service members and their families with a far-reaching shield of protection. Ensure our nation continues to support these brave men and women of our military as deserving heroes. In Jesus' name. Amen.*

### **DAY 23: Pray for civil servants.**

*Heavenly Father,*

*Our police officers and firefighters are American heroes. I pray that You grant discernment and safety to all those who put their own lives on the line to keep our communities safe. Protect these life-saving civil servants and their families. In Jesus' name. Amen.*

*... You do not have, because you do not ask.*

JAMES 4:2 ESV

# 31 DAYS OF *Prayer*

## **DAY 24: Pray for racial tensions in America.**

*Heavenly Father,*

*Some wounds only You can salve. I ask You to calm the racial tensions in America. Bring peace and understanding to our communities. Saturate our nation with love only possible through You. Give leaders wisdom and spark believers across the country to lead the way to harmony by example. In Jesus' name. Amen.*

## **DAY 25: Pray for an end to violence.**

*Heavenly Father,*

*Thank You for protecting my family. Today I ask You to extend Your hand of protection and peace across our nation in areas torn apart by violence. Minister to victims of violence and work to transform those who act in violence. Send Your angels to guard over the innocent. Thank you. In Jesus' name. Amen.*

## **DAY 26: Pray for America's future.**

*Heavenly Father,*

*Thank You for America! I'm grateful for a nation of opportunity, personal freedoms and religious liberty. I pray today that You will continue to keep Your hand of blessing on our nation . . . for our children and grandchildren. Raise up a new generation of leaders who know that our hope lies in You. In Jesus' name. Amen.*

## **DAY 27: Pray for our justice system.**

*Heavenly Father,*

*Today, I pray for justice in America. I pray that You grant wisdom to both judges and jurors. I also pray that You guide and direct the members of our U.S. Supreme Court. Turn their hearts toward You and open their eyes to the importance of our religious freedoms and the value of life . . . every life. Anoint our future president to see the importance of nominating justices who believe in these principles. In Jesus' name. Amen.*

*Pray then like this: 'Our Father in heaven, hallowed be Your name. Your kingdom come, Your will be done, on earth as it is in heaven.'*

MATTHEW 6:9-10 ESV



# 31 DAYS OF *Prayer*

Almighty Father,

You have placed us in a time and in a season where we are allowed the privilege of participating in our government. Lord, we pray that we would steward the responsibilities of our democracy well. We pray we would discharge our responsibilities as citizens in a way that honors You and magnifies Your sovereignty and kingship over all.

Father we pray that You will give us leaders, congressman, senators, justices, and presidents, who will uphold righteousness and do justice. We pray for leaders who value the dignity of every human life.

In Christ's name we pray. Amen.

Dr. R. Albert Mohler, Jr.  
President, Southern Baptist Theological Seminary

## PRAY FOR NOVEMBER ELECTIONS

### **DAY 28: Pray for courage and wisdom for voters.**

*Heavenly Father,*

*Thank You for our system of government that gives us an opportunity to vote and be a voice in our nation. I pray that as Americans go to the polls next month, You grant them wisdom and courage to vote for leaders who will support families, religious freedom and life. In Jesus' name. Amen.*

### **DAY 29: Pray for the safety of the election process.**

*Heavenly Father,*

*I ask You today to keep Your hand of protection over our election process. Keep election workers and participants safe as they exercise their right and responsibility to vote. Keep anyone who wants to do evil at the polls from succeeding. In Jesus' name. Amen.*

# 31 DAYS OF *Prayer*

## DAY 30: Pray for God's will in the elections.

*Heavenly Father,*

*I know You have America's future in Your hands and I trust You. I ask that Your will be done during the elections and that You work through voters to place people in power who will accomplish Your purposes. Bless the election of our new president, members of the U.S. Senate and House of Representatives and other critical races that impact the future of our nation. Give me wisdom in my vote. Thy will be done! In Jesus' name. Amen.*

## DAY 31: Pray for state and local elections.

*Heavenly Father,*

*My local community needs Your guiding hand during the elections. Put people in leadership who will stand up for faith and morals according to Scripture. I know that their decisions will have a big impact on the lives of my family, friends and neighbors. Thank You for caring for my community. Let me know Your will as I vote. In Jesus' name. Amen.*

*Lord of the Universe. Lord of this planet. Lord of the nations. Lord of our hearts.*

*In response to our heartfelt repentance, God of Abraham, Isaac and Jacob, Father of Jesus Christ, in keeping with all Your righteous acts and according to Your promise, turn away Your anger and Your wrath from the United States of America.*

*For the glory of Your Name hear our prayer, forgive our sin, and heal our land.*

*We ask this in the name of Your Son Jesus Christ who offers us salvation from Your judgment, forgiveness for our sin, and reconciliation with You through His own blood shed on the Cross. Amen.*

**Anne Graham Lotz**

Honorary Chairman, National Day of Prayer Task Force, 2014

*Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.*

MATTHEW 7:7-8 ESV