Underage Drinking:
Research-Based Strategies to Prevent Alcohol Use Among Youth

Wednesday, March 25, 2020, 12:00–1:30 PM
2168 Rayburn House Office Building, Gold Room
Lunch will be available

Underage drinking is a significant public health problem that affects the short- and long-term health of our nation’s youth. Not only are youth who drink at an increased risk of academic failure, compromised brain development, risky sexual behavior, violence, blackouts, overdoses, and injuries, but those who begin drinking early are at increased risk of alcohol and other substance problems later in life. While a wide range of evidence-based prevention strategies exist, they are under-utilized. Importantly, studies have shown that many schools and communities use prevention strategies with little or no evidence of effectiveness. This briefing will explore recent research on evidence-based strategies to prevent underage drinking and emphasize the importance of prevention strategies occurring at the individual, family, school, community, and policy levels.

SPEAKERS

George F. Koob, PhD
Director, National Institute on Alcohol Abuse and Alcoholism

Ralph Hingson, ScD
Director, Division of Epidemiology & Prevention Research, National Institute on Alcohol Abuse and Alcoholism

Anthony Biglan, PhD
Senior Scientist and Director, Center on Early Adolescence, Oregon Research Institute

Elizabeth D’Amico, PhD
Senior Behavioral Scientist, RAND

SPONSORING ORGANIZATIONS

American Association for the Study of Liver Diseases
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American Society of Addiction Medicine
Community Anti-Drug Coalitions of America (CADCA)
Community of Concern
Foundation for Advancing Alcohol Responsibility
IC&RC
IntNSA
NAAADAC, the Association for Addiction Professionals
National Alcohol Beverage Control Association
National Association for Children of Alcoholics
National Association of State Alcohol and Drug Abuse Directors
National Foundation for Prevention of Chemical Dependency Disease
NOFAS
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Research Society on Alcoholism
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University of Florida Center for Addiction Research & Education
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Please contact Wes Baker (wbaker@apa.org) with questions.