



Alps Ski Touring Equipment List

It is important that you have everything on the list below. On all of our Alps hut to hut touring trips, we go extremely lightweight and it's important to your enjoyment, and everyone's else's enjoyment that you go as lightweight as possible. We only bring what is needed and nothing extra.

The Essentials

- Skis**- lightweight Telemark or Randonnee, not more than 98cm underfoot with brakes or straps. For most tours, skis that are under 90mm are best. Skis that are over 100mm underfoot just do not tour well and are not efficient for the style of touring we do in the Alps.
- Ski Boots** – lightweight AT or Telemark touring specific boots.
- Ski Poles** (Adjustable recommended)
- Ski pack** - 30-35 liters, not bigger than 45 liters! Must have good ski and ice ax attachments.
- Climbing Skins**
- Ski crampons** - Required for both AT and Telemark skis. For AT, they are made specifically for your binding. For tele bindings you can purchase a specially made ski crampon attachment.
- Boot crampons** - lightweight aluminum preferred
- Ice axe** - Lightweight and on the shorter side – not longer than 65cm, 50-55cm is preferred regardless of your height.
- Lightweight mountaineering climbing harness** – Diaper style preferred, not the padded rock climbing type.
- Avalanche Beacon** (can be provided by CAG)
- Probe** (can be provided by CAG)
- 13-19mm ice screw** (can be provided by CAG)
- 2 locking carabiners**
- Backcountry shovel** – Small & lightweight
- 48” sewn runner/sling** (spectra preferred)
- Sleeping bag liner** – just the line, it is mandatory for the huts

Clothing

Try to choose the lighter weight items when selecting your clothing & gear. If you keep this in mind, your overall pack weight and size will be reduced. This will make the tour (and the turns) infinitely more enjoyable.

- Gore-Tex or other waterproof/breathable lightweight Jacket** – keep it lightweight with no insulating layer
- 1 Lightweight Synthetic Thermal long sleeve Tops**
- 1 lightweight synthetic t-shirt**
- Lightweight Synthetic Thermal Bottoms**
- Light to mid weight fleece insulating Layer** – jacket or pullover
- Down Jacket or synthetic puffy jacket** – Must be small and lightweight!
- Softshell ski Pants** - Schoeller or other soft shell material. This is what you'll wear the whole tour. The Gore-tex/long underwear combo just does not work well
- Synthetic ski Sox** - 2 pairs
- Polypro Liner Sox** (optional)
- Midweight to heavy weight Ski Gloves**
- Lightweight touring gloves**
- Wool/Fleece Hat**
- Lightweight Neck Warmer or buff**
- Lightweight town/hut shirt** (optional) - to change into after a day of skiing, can be cotton or synthetic
- Very lightweight and packable town/hut shoes.** Sanuks work great for this

Other Important Stuff

- 2-one Liter Water Containers** (a small thermos can substitute for one water container and is very handy)
- Swiss Army Type Knife or other small pocket knife**
- Good Quality (DARK) 100% UV Sunglasses (wrap style)**
- Ski Goggles**
- Sun Block (Rated 25+)** - in a small container
- Lip Balm**
- Sunhat** (baseball cap or other type)
- Headlamp** w/ extra batteries
- Small personal first aid kit** - including personal medication & small blister kit – keep it small, we will have a group first aid kit
- Toilet Paper** – very small amount
- Snacks** - can be bought in huts and towns
- Ski strap** (for joining the tips of your skis while on your pack)
- Small Ziplocs or other waterproof sack** - for carrying essentials such as passport, phone, money, etc.

Optional:

- Compass
- GPS
- Camera
- Skin/ski wax (“Glob Stopper” for the skins and Glide wax for the skis)
- Ski helmet
- Lightweight windshirt
- Gore-Tex or other lightweight waterproof/breathable Pants - full or ¾ zipper preferred, must be very lightweight
- Maps (best to purchase in Europe)

This list just includes gear and clothing for the actual ski tour and does not include travel and extra town clothing. It is nice to have a selection of cotton clothing for in-town.

If you have any questions about what to bring just give us at 1-877-686-2546