



Volunteer Policy

The AWA is an all-volunteer organization. The AWA currently has no paid staff members, so we rely on the generosity and skills of our volunteers to coach, officiate, organize competitions, promote our sport, and run our organization throughout the year.

Beginning this Fall 2016, all **AWA members must now meet a volunteer requirement** to ensure that all events and fundraisers can be run sufficiently.

All AWA members must provide a **minimum of four hours of volunteer work each calendar year (January – December)**, subject to the following details:

- First year AWA members are exempt from this policy
- Members of clubs/teams can transfer extra hours to other members of the same club/team
- If an AWA member is part of the executive, casino chair, or is the event coordinator of an AWA sanctioned event then that members 4 hours of volunteer time will be considered filled. However, these hours are non-transferable.
- Family members can do volunteer hours for AWA members. Ex: junior athletes parents volunteering at casino.
- If a member signs up to volunteer, comes to the competition, and is advised by the event coordinator that they are not needed the member is still credited for the hours they would have volunteered.
- Event coordinators contact information will be provided on registration forms and on the AWA website so members know who to contact in regard to volunteering.

If an AWA member has not completed their 4 hours of volunteer time this calendar year **they will not be allowed to enter Senior Provincials, Masters Championships, Westerns, or receive funding for Junior/Senior Nationals**. For example, someone wishing to participate in senior provincials in January 2018, must have completed at least 4 volunteer hours between January 2017 – December 2017. Members will also be charged a fee of \$25/hour for each hour they have not completed and still wish to participate in those competitions listed.

NOTE: As this policy is being set in place in September 2016, all members will have until December 2017 to complete 4 hours of volunteer work. This means that members planning on participating in provincials, nationals (or other) in 2017 may complete their volunteer hours within the 2017 calendar year. These hours from now to December 2017 are also eligible to be used for the 2018 higher level competitions.

Volunteer hours will be collected by Meet Directors and passed on to the Volunteer Committee to track. Anyone wishing to transfer hours to another club or team member should notify Jarron at jarron.storbakken@gmail.com or Kathy at hui.kathy89@gmail.com.



ELIGIBLE VOLUNTEER HOURS AND POSITION DESCRIPTIONS

Volunteer Position	# of Hours/Session	Transferable?
Executive	4+	No
Casino Chair	4+	No
Meet Director	4+	No
Technical Official	2	Yes
Meet Set-up/Tear Down Helper	1-2	Yes
Meet Other	2	Yes
Other	Varies	No

Below are details of the volunteer positions listed above:

Executive

Members of the AWA Executive are elected by the membership and serve two-year terms. The current Executive comprises the President, Vice President – Administration, Vice President – Technical, Treasurer and Secretary. For more details on these positions, please see the AWA Bylaws [link here](#).

Casino Chair

The annual AWA Casino Fundraiser provides a significant amount of resources that helps keep the AWA running. The Casino Chair is responsible for coordinating with the casino, enlisting volunteers to different shifts, and ensuring the fundraiser runs smoothly.

Meet Director

The event coordinator is responsible for organizing weightlifting meets. Duties include, booking the facility, managing sign-up, start-list, overseeing the entire meet and assigning volunteers.

Technical Official

Officials serve several capacities at weightlifting competitions, ranging from judging whether a lift was successful, timekeeping, announcing, weighing-in athletes, scorekeeping and marshaling. For more details on officials, see our Officials page on this website.

Meet Set-up Helper

This position involves helping with the set-up of the meet platforms, bringing in and setting up competition equipment, as well as equipment in the warm-up rooms prior to the meet.

Meet Tear Down Helper

This position involves assisting with the tear down of the competition facility, such as tearing down the platform, putting all meet equipment back in storage and general clean-up after the meet.

Meet Other

Other volunteer tasks may include scorekeeping, timekeeping, and loaders during a session.



Other

Other volunteer opportunities may arise, such as fundraisers, apparel sales, social media positions, website management, and seminars. If you would like to contribute to promoting AWA through social media, have website ideas, or interested in fundraisers such as bake sales at meets or merchandise sales, please contact us at info@albertaweightlifting.ca. Appropriate hours will be given to the volunteer.

UPCOMING VOLUNTEER POSITIONS

Upcoming volunteer positions will be listed below here or email notifications will be provided by Meet Directors. Please see the calendar page for upcoming events as volunteers will most definitely be required for the events.