

IWF Technical Committee Technical Official Guideline

# 'Timekeeper'



**Very important role**

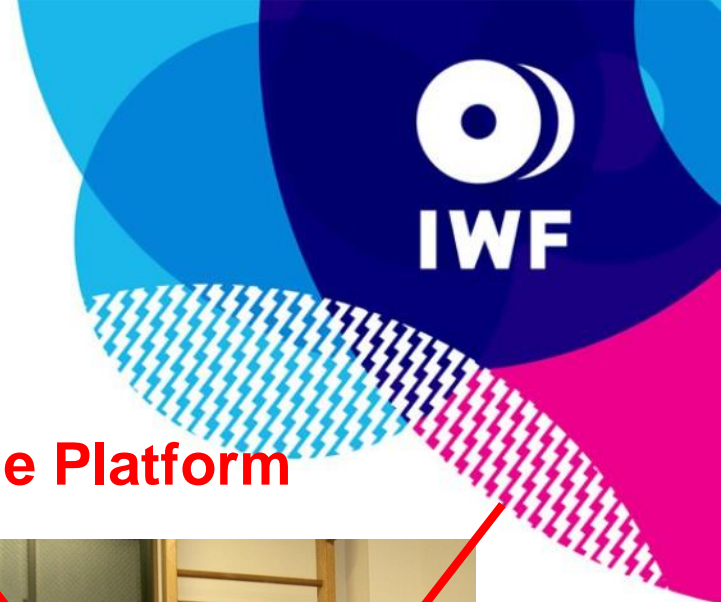
**Timekeeper must be  
Licensed Technical Official**

# Timekeeper must be: (7.3.2, 7.10.2)



- **Olympic Games, YOG**
  - International Cat 1 TO
- **World Championships**  
(Sr., Jr., Youth, University)
  - International Cat 1 TO
- **Universiade**
  - International Cat 1 TO
- **International Events (except above)**
  - International Cat 1 or 2 TO
- **National Events**
  - International or National TO

# Remember to stop the Clock



➔ **Immediately** the Barbell is **raised from the Platform**

**Now !!**

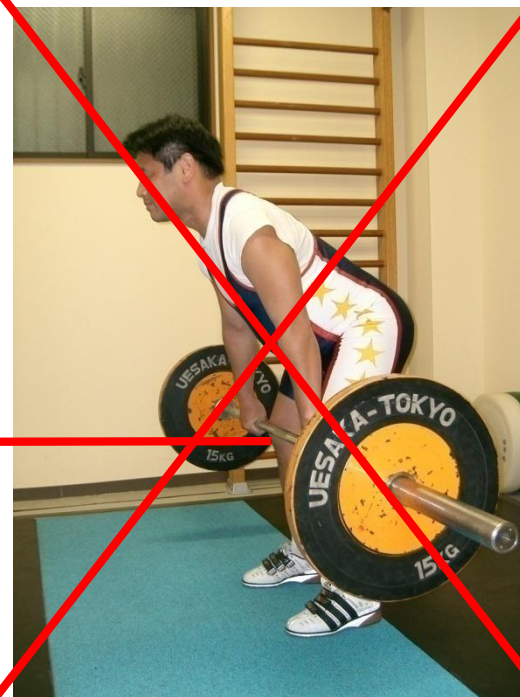


**In every case**

**Regardless of the remaining time ...**

**Restart** the clock if the Barbell **has not reached** the height of the **knees**.

**Knee**



**NO !!**



...If at the end of the allocated time the Athlete has not **raised the Barbell from the Competition Platform** to make the attempt, this attempt is declared “**No lift**” by the three Referees. (6.6.7)

➡ It's OK if the Barbell is **raised** when the Timing Clock reaches “0”.

**Even 1cm...**

...Referees must count as “**No lift**” any **unfinished attempt** in which the Barbell has **reached** the height of the **knees**.  
(2.4.2)

➡ If the Barbell has **reached** the **height of the knees**, it becomes “**one attempt**”.

# Be careful...



- **Not** to press “Start” button when **Loaders** are on the platform.

The start of the time is the **completion** of announcement or **loading** of the Bar (**loaders to have left the platform**), **whichever is the last.**

- **Who** is the **previous** Athlete and **who** is the **next** Athlete ?

*1 minute ?*

*2 minutes ?*

*Rule 6.6.8 ?*

*Rule 6.6.13 ?*

- **Not** to confuse, “**Start**” and “**Continue.**”

Be careful Athletes **often change** their weights **after** being called.

# Not 2 Minutes, 1 minute!! (6.6.8)



**‘An athlete is granted only 1 minute if while taking two lifts in succession the calling order changes and the clock starts for another athlete.’**

**What does it mean?!**



# For example



“Athlete A, 100kg. Next Athlete is B (105kg).”

A succeeded 100kg.

“Athlete A, 101kg. Next Athlete is B (105kg).”

Clock is set at 2 minutes, and started.  
Then, A changed to 105kg.

“Athlete B, 105kg. Next Athlete is A (105kg).”

**Clock** is set at 1 minute, and **started**.  
Then, B changed to 107kg.

“Athlete A, 105kg. Next Athlete is B (107kg).”



In this case, the Clock is set at **1 minute**.

# Don't reset, Continue!! (6.6.13)



**‘When the Team Official / athlete asks for a change of weight and still has to take the heavier weight next, the clock is stopped while the weight is changed. After the change of weight has been completed, the clock continues to run.’**

***What does it mean?!***



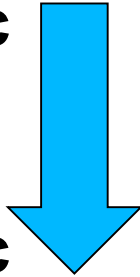
# For example



“Athlete A, 100kg. Next Athlete is B (105kg).”



60 sec



40 sec

A's Coach went to Marshal and signed for 103kg.

“Stop the clock, loaders, 103kg please.”



“Athlete A, 103kg.”



In this case, the Clock must **be continued** from **40 sec.**

# Good Timekeepers



- Always **remain focused**
- **Know TCRR** comprehensively
- **Start the clock** after the Introduction of Athletes (10 min)
- **Start the clock** for the 10 minute break between Snatch and C&J  
(might differ according to Jury President decision).

**Always think of the Athletes !!**

# Time for Introduction and beginning of the Snatch

**Introduction of Athletes starts 2 hours after the start of Weigh-in**

Ex. 16:00 Weigh-in, 18:00 Introduction of athletes

