



LUCIE MONROE'S
restaurant, café & bakery

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Delivery
 Call: 540.381.0909
 or order online via:
 GrubHub
 BeyondMenu

Breakfast Menu

Spinach Mushroom Quiche...4

- with apple slices
 Egg, spinach, mushroom, cottage cheese and spices, sprinkled with cheddar cheese

Sausage-Apple Balls...6

--with apple slices
 Sausage rolled up with celery, apple and cheese

Sausage Sandwich...4.5

Sausage on white or wheat toast +eggs & cheese...\$1.50

Omelet...4*

2-eggo omelet with your choice of cheese +veggie...50¢ +protein...2

Oatmeal...4.50

Classic oatmeal, served with brown sugar and raisins + fruit/nuts...50¢ -dried cranberries -almonds -walnuts

Eggs & Toast...5*

2 scrambled eggs topped with cheddar cheese served on toast with a side of apple slices

Eggs & Bacon...5*

2 eggs scrambled, topped with cheddar cheese, served with a side of bacon

Egg & Cheese Sandwich...5*

Eggs and Monterey jack cheese between a bagel or croissant

Classic Granola...4.75

Our homemade granola with your choice of whole, skim, soy milk

Breakfast Burrito...6.95

Eggs, cheese, bacon, spinach, and tomato wrapped in a tortilla

*all eggs cooked with heavy whipping cream

Appetizers

Basket of Fries

--Sm...2.95 Lg... 3.95

Chicken Nuggets...6.95

--8 large nuggets

Available dipping sauces:

Buffalo, BBQ, or Ranch
Hummus Bowl & Pita...5.95

House Salad...4.95

Grilled Chicken & Veggies...6.95

--tahini and pita

Mediterranean Pita...5.95

-- hummus, pesto, and feta cheese add chicken +2.50

Mediterranean Pita

--hummus, pesto and feta cheese -add chicken +2.50

Small Bites & Sweets

Cinnamon Roll...4 Banana...1 Apple...1.50

Muffin...2.50 Cookies...1.75 Katifie...2.50 Baklava...2

Bagel...2 (cinnamon, blueberry, everything, plain)

KID'S Menu

~comes with juice box and side...5.95

🍷 Chicken Nuggets

🍷 Pita & Cheese Pizza

🍷 Grilled Cheese Sandwich

--add ham +\$1

Sides: fries, apple slices,

Warm & Cozy...8.25

Our flatbread grilled cheese, bacon, tom, and onion, with 8oz bowl of soup

Sandwiches-Paninis-Wraps-Platters

each comes with your choice of chips or House side salad*†

Soup & Sandwich...10

Your choice of sandwich, panini, or wrap along with 8oz bowl of soup

Turkey & Bacon...7.45

Turkey, bacon, cheddar, lettuce, tomato and mustard on Italian

Buffalo Chicken...\$7.95

Chicken, buffalo sauce, ranch, LTO on Italian

California Club...\$7.95

Turkey, ham, bacon, Gruyere, lettuce, tomato and spicy mayo on Italian

Ham and Swiss...6.75

Ham, Swiss, lettuce, tomato, and mayonnaise on Italian

Pesto Turkey Panini...6.95

Turkey, mozzarella, spinach, tomato and pesto olive oil on Italian

3-Cheese Panini...6.50

Mozzarella, Gruyere and brie on ciabatta

Caprese Panini...6.95

Mozzarella, spinach, tomato, balsamic vinegar and pesto olive oil on Italian

Apple Brie Panini...6.50

Thinly sliced green apples and brie with Dijon mustard on Italian

Chicken Wrap...6.95

Grilled chicken, LTO, ranch and parmesan cheese on a tortilla

Chicken Salad Sandwich....7.95

House chicken salad, cheese, lettuce, tomato on a croissant

Italian Sub...7.95

Turkey, ham, pepperoni, LTO, Italian dressing and provolone on Italian

Gyro...7.99

Chicken or Lamb with lettuce, tomato, cucumber, and feta cheese on a pita drizzled with tzatziki sauce

Hummus Wrap...7.95

Green pepper, cucumber, feta, LTO on tortilla wrap

Egyptian Ful Wrap...7.95

Spiced fava beans, cucumber, spinach, tomato, feta cheese and tahini sauce on a tortilla

Chicken Kebab...8.95

Chicken and mixed grilled veggies and tahini sauce on pita

The Flat Lamb...7.95

Melted mozzarella, sliced lamb, cucumber, tomato and onion on flatbread

Falafel Wrap...7.95

Falafel (fried fava beans with herbs and spices), green peppers, cucumber, onion and tomato on pita or tortilla wrap

*substitute with specialty salad +\$1.95 (with protein +\$4.95); fruit +\$1; fries +\$1.75

†Bread Options: Sourdough, Italian, Pita, Ciabatta, Wheat, Tortilla Wrap, Flaxseed (+\$1.00)

Soup & Salad

8oz of soup plus half salad of choice...9

SALADS

salad dressing options: balsamic vinegar, Greek, French, Italian, champagne vinegar, ranch
add pita/toast +\$1
add chicken +\$3, shrimp +5

Daily Soup

8oz...3.75
12oz...4.95
+grilled pita...1

Farmer's Market...\$6.95

Mixed greens, sliced tomatoes, cucumbers, green pepper, red onion and Monterey jack cheese with ranch

Chicken Salad...8.95

Homemade chicken salad, mixed greens, dried plums, tomato, and Monterey jack cheese with balsamic vinegar

Virginia Apple...\$7.95

Mixed greens, Virginia apples, dried almonds, cheddar and raisins with champagne vinegar

Classic Chef...\$8.95

Deli ham and turkey, onion, tomato, cucumbers, green peppers and Monterey jack with Italian dressing

Mediterranean...7.95

Mixed greens, sweet bell pepper, Greek olives, feta, cucumbers, onion and tomato with Greek dressing

Walnut Cranberry & Chicken...\$9.95

Grilled roast chicken breast, walnuts, dried cranberries, onion, feta with French dressing

Spinach Salad...\$7.95

Fresh spinach, onion, tomato, cucumber, dried cranberries, and mozzarella with balsamic vinegar

Monroe Cobb...9.95

Grilled roast chicken breast, dried plums, bacon, onion, tomato, and Monterey jack with ranch