

## Community Resource

**Name of Organization:** New Mexico Poison and Drug Information Center

**Address:**

**Phone Numbers:** T: 1-800-222-1222

**Website/Email:** [www.1-800-222-1222.info](http://www.1-800-222-1222.info)

**Contact Person:**

**Purpose of Organization:** Poison centers provide immediate treatment advice for poison emergencies. They also provide information about poisons and poison prevention, 24 hours a day, 7 days a week.

**Services Offered:** Poison information, advice for poison.

**Eligibility (If Applicable):** Free

## First Aid for Poisoning

**Has the person collapsed or stopped**

**breathing?**

- ▶ Call **911** or your local emergency number right away.

**Poison in the eyes?**

- ▶ Rinse eyes with running water for 15 to 20 minutes.
- ▶ Call **1-800-222-1222**.

**Poison on the skin?**

- ▶ Take off any clothing that the poison touched.
- ▶ Rinse skin with running water for 15 to 20 minutes.
- ▶ Call **1-800-222-1222**.

**Inhaled poison?**

- ▶ Get to fresh air right away.
- ▶ Call **1-800-222-1222**.

**Swallowed the wrong medicine or too much**

**medicine?**

- ▶ Call **1-800-222-1222**.

**Swallowed something that's not food or**

**medicine?**

- ▶ Drink a small amount of milk or water.
- ▶ Call **1-800-222-1222**.



THE UNIVERSITY OF NEW MEXICO ♦ HEALTH SCIENCES CENTER  
**NEW MEXICO POISON CENTER**



## How Your Poison Center Helps You

In the United States, poison centers provide

immediate treatment advice for poison

emergencies. They also provide information about

poisons and poison prevention, 24 hours a day,

7 days a week.

Poisons can hurt you — or even kill you — if you

eat them, breathe them, or get them in your eyes or

on your skin. The poison center can help you with

questions about:

- household products

- chemicals at work or in

- the environment

- drugs (prescription,

- over-the-counter, herbal,

- illegal, or animal

- medicines)

- snake bites, spider

- bites, and scorpion

- stings.

For life-saving treatment advice about any kind of

poison, call **1-800-222-1222**. A specially trained

nurse, pharmacist or doctor at your poison center

will help. All services are free and confidential.

Poison center services are available for people

with hearing problems and for non-English

speakers.

When health care providers need information

about treating poisonings, they also call their local

poison center.

**1-800-222-1222**

## Poison Prevention Tips

### Store Poisons Safely

- Store medicines and household products locked up, where children cannot see or reach them.
- Store poisons in their original containers. Use child-resistant packaging. But remember — nothing is child-proof!

### Use Poisons Safely

- Read the label. Follow the directions on medicines and products.
- Are children around? Take the product or medicine with you to answer the door or the phone.
- Lock products and medicines up after using them.
- Is it medicine? Call it medicine, not candy. Children learn by imitation. Take your medicines where children can't watch.

### Teach Children to Ask First

- Poisons can look like food or drink. Teach children to ask an adult before eating or drinking anything.

For more tips, log on to [www.1-800-222-1222.info](http://www.1-800-222-1222.info)



If you think someone has  
been poisoned, call your  
poison center right away —  
**1-800-222-1222.**