John 20:24–31 New International Version (NIV)

Jesus Appears to Thomas

24 Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came. 25 So the other disciples told him, “We have seen the Lord!”

But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.”

26 A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, “Peace be with you!”

27 Then he said to Thomas, “Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe.”

28 Thomas said to him, “My Lord and my God!”

29 Then Jesus told him, “Because you have seen me, you have believed; blessed are those who have not seen and yet have believed.”

The Purpose of John’s Gospel

30 Jesus performed many other signs in the presence of his disciples, which are not recorded in this book. 31 But these are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name.

HOME GROUP QUESTIONS

1. What have been some unexpected enjoyable experiences or daily practices that our time in quarantine has brought your way?

2. How does Thomas’s life compare and contrast with yours these days?

3. What are some unhealthy coping elements you’ve added during quarantine that you intend to dump out of your life moving forward?

4. What pre-quarantine habits do you intend leave out?

5. What are some intentional practices you plan to put back or add to your life as we progress?