It's time to speak up. Here's how you can help:

- Wear blue to show your support of child abuse prevention
- Speak up. Be a voice for those who don't have one.
- Share our posts and social content and use the hashtag #OneTooManyNY
- Never stop being vigilant. Know the signs and be a safe adult for a child that needs you.
- Donate to help support our mission and raise awareness.

Visit bivonacac.org for more information and resources. If you suspect abuse or need help call 935-7800, send us a message through our website or email info@bivonacac.org.