

W.I.L.D. Equipment List

It is absolutely necessary to have all of the items listed. Some of these items can be borrowed, others you must bring yourself.

Can be borrowed:

- 1 backpack
- 1 sleeping pad
- 1 sleeping bag
- 1 pair long pants, fleece or wool
- 1 pair long underwear bottoms (wool or synthetic)
(You may bring 2 pair, but it is not mandatory)
- 1 long underwear top (wool or synthetic)
- 1 warm jacket/pullover (fleece or wool)
- 1 other article for layering (fleece vest, another warm wool or synthetic shirt, etc.)
- 1 waterproof jacket or shell with hood
- 1 pair waterproof pants
- 1 hat (wool or fleece)
- 1 pair of gloves or mittens (not cotton)
- 1 pair of trekking poles
- 3 liter water capacity. Camelbacks are okay, but you will still need at least one 1L screw top water bottle

Must bring:

- 1 pair hiking boots (comfortable & well broken in)
- 3 pair backpacking socks
- 2 pair polyester or silk sock liners (optional)
- 1 pair nylon shorts (cotton as a last resort)
- 1 hat with brim
- 4 pair underwear (or less)
- 1 pair light weight tread shoes for water and camp (Teva's, sneakers, etc.)
- Headlamp
- Personal medications
- 2 large garbage bags
- Sunglasses
- 2 short sleeve shirts (cotton is fine for hot weather)
- 2 or 3 bandanas
- 1 cup, bowl, spoon (fork is OK too, but not necessary)
- Toiletries (*only the Basics: toothbrush, toothpaste, sunscreen, chapstick*)
- Duffel bag labeled with name