



W.I.L.D. Equipment List

It is absolutely necessary to have all of the items listed. Some of these items can be rented, others you must bring yourself. If you are planning to rent gear please bring cash on the first day of the trip.

Can be rented:

- 1 backpack, 60 Liters or larger (\$50)
- 1 sleeping pad (\$20)
- 1 sleeping bag (\$20)
- 1 waterproof jacket or shell with hood (\$10)
- 1 pair waterproof pants (\$10)
- 1 pair of trekking poles (\$10)

Must bring:

- 1 pair hiking boots (comfortable & well broken in)
- 3 pair backpacking socks
- 2 pair polyester or silk sock liners (optional)
- 1 pair nylon shorts (cotton as a last resort)
- 1 hat with brim
- 4 pair underwear (or less)
- 1 pair light weight tread shoes for water and camp (Teva's, sneakers, etc.)
- Headlamp
- Personal medications
- 2 large garbage bags
- Sunglasses
- 2 short sleeve shirts (cotton is fine for hot weather)
- 2 or 3 bandanas
- 1 cup, bowl, spoon (fork is OK too, but not necessary)
- Toiletries (*only the Basics: toothbrush, toothpaste, sunscreen, chapstick*)
- 1 pair long pants, fleece or wool
- 1 pair long underwear bottoms (wool or synthetic)
(You may bring 2 pair, but it is not mandatory)
- 1 long underwear top (wool or synthetic)
- 1 warm jacket/pullover (fleece or wool)
- 1 other article for layering (fleece vest, another warm wool or synthetic shirt, etc.)
- 1 hat (wool or fleece)
- 1 pair of gloves or mittens (not cotton)
- 2 liter water capacity. Camelbacks are okay, but you will need at least one 1L screw top water bottle
- Duffel bag labeled with name