

Hannah B.G. Shaw Home

April 2015

St. Patrick's Day

theshawhome.org

Quote

"A smile is a curve that sets everything straight."

-Phyllis Diller

Staff Listing

Debbie Arena

Director of Human Resources

Judy Borges

Director of Nursing Services

Jennifer Boyce

Director of Activities

Kristine Donnelly

Executive Director

Melissa Kauranen

Director of Admissions

Clem Leary

Business Office Manager

Tara Medeiros

Director of Social Services

Heather Perry

Staff Development Coordinator

Lisa Perry

Director of Dining Services

Kim Roussel

Residential Care Coordinator

Bob Salomaa

Director of Property Management

When Irish eyes are smiling, they must be looking at the Shaw Home! Many residents sported festive shades of green and big smiles on this lucky day! The merry sounds of bagpipes and classic Irish tunes could be heard around every corner. Hopefully our green outfits and joyous celebrations will inspire spring to hurry up so we can admire some wild Irish roses! Residents and staff agree that we are all so lucky to be at the Shaw Home.



Bud is toasting to good fortune!



We told Jessie and Leona that we added green hair dye!



So many pretty shades of green in the salon!



The nurses have turned into leprechauns!



These ladies are lucky for the Shaw Home and we're even luckier to have them!



Peggy and everyone at the Shaw Home hope you had a super St. Patrick's Day!



Clem is a true Irish lad!

Girl Scouts Visits

What a lovely, informative afternoon we had with the Girl Scouts of Eastern Mass! Scouts of all ages from Middleboro visited with our residents to share their knowledge of great countries around the world. The girls displayed presentations with food and dances, brought gifts, and taught us how to say their creed in a few different languages! They had so much to offer, we had to utilize two rooms! It was an immense pleasure to spend time with and learn from these intelligent young ladies.



We had some tiny visitors from the North!



These girls showed us how to walk like an Egyptian!



These flowery young ladies shared fun facts and food from Poland!



We got lucky when we found the Irish lassies!



These bellas taught us about the wonders of Italy!



Here we see Ruth, a former French teacher, with the girls representing France.

Wine and Cheese

On a sunny afternoon, residents gathered in our community room for a delectable wine and cheese tasting. Friends enjoyed several varieties of cheese, crackers, and wine; exchanging thoughts and claiming their favorites. Each featured item had detailed descriptions of their origin and ingredients. With the dining and activities staff catering to our residents, this delicious afternoon was just like a trip to a vineyard!



Eat, drink and be merry! That's our motto!



Matt is cheesing!



Four different wines and seven varieties of cheese were served

Pasta Luncheon

March is national sauce month! To celebrate this year, we had a pasta luncheon where residents could choose from a pesto, clam or alfredo sauce with a variety of wine pairings. Residents also enjoyed a crisp salad and warm slices of buttered baguette, all while enjoying some excellent entertainment. This was certainly a tasty and full afternoon!



Great to see so many happy, helpful staff!



A few lovely ladies enjoying salad and wine before the pasta extravaganza!

Life Around the Home



Herbie wants to strike it rich!



John and Marilyn cruising around, maybe looking for lucky pennies!



After the entertainer sat on Anne's lap!! He was too funny!



Caught in the midst of a good joke!



Merilyn's got rhythm, banging on the tambos!



Jean and Grace want the pot of gold!



We have the two best grandmothers in the house, with the sweaters to prove it!



Someone's in the kitchen with Mona! Someone's in the kitchen I knooooow!

Meet The Resident

Dolores Misodoulakis was born in Patterson, New Jersey on November 17th, 1931. She was a very active child who loved to swim, especially with her parents and siblings at Bear Mountain Lake. As a grade schooler, Dolores and her classmates were brought out to their school courtyard to watch in awe as the Hindenburg began its final descent toward its ill-fated trip to Lakehurst, NJ. "Oh the humanity!" Dolores spent many summers in Jersey Shore at Seaside Heights, a tradition she continued with her own family.

She went on to marry her high school sweetheart, George Misodoulakis, at age 18 and honeymooned in Atlantic City. They were married for 62 years and had four children. George worked multiple jobs and shifts so Dolores could be a stay at home mom to Barbara, George Jr., Gregory and Mark. This allowed her to be a frequent volunteer at their schools. She and her family relocated to New Hampshire in 1970, raising her teenage children in a state that became home for them.

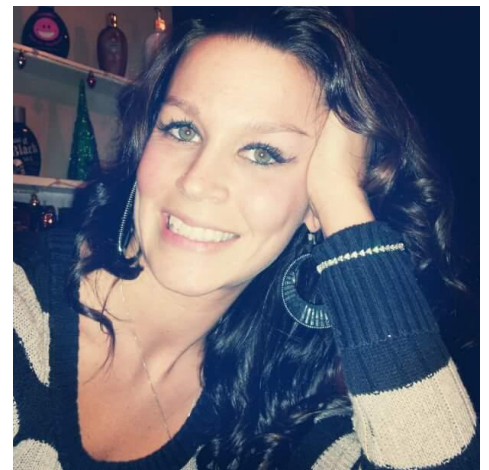
Dolores is a proud Yia Yia (Greek for grandma) to seven grandsons. Her love for her family has her anxiously awaiting great-grand motherhood. Dolores is a lifelong reader and can often be found in the library here at the home. She loves bumping into Misty and giving her a quick rub while perusing titles. She feels so lucky to have found such a beautiful residence at the Hannah B.G. Shaw Home and enjoys making new friends.



The Employee

My name is Lindsey Bavin and I am 28 years old. I was born on February 25th 1987, I have been a Middleboro resident for 16years! I live in my childhood home with my 9 year old son Damien, My boyfriend Raimondo and our dog Gemma. Other than being a receptionist at the Shaw Home, I am also a spray tan technician and have my own company, as well as work out of a local salon! I thoroughly enjoy both of my professions! I have always had a true love for fashion, hair and the beauty industry! On my down time (which I do not have a lot of) depending on the season you will find me basking in the sun somewhere, shopping or at a football, baseball, basketball practice or game!

I have officially been working at the Shaw home as a receptionist for a little less than a year now and absolutely love my job! I can honestly say that I have never worked in such a loving and caring family like working environment. Between my wonderful coworkers the residents and their families I have gained an extended family and have to remind myself sometimes I am at work and not at a family gathering! My favorite part of working at the home is being able to make our residents smile by just taking time to sit and listen to their stories about the wonderful lives that they have lived! I am looking forward to growing with such a wonderful team.



Active Seniors

Jeanne Adams, MEd



CELEBRATE EARTH DAY

Earth Day is celebrated annually on April 22. It is a day created to support environmental protection through expanding awareness and support of environmental programs and building community activism through activities and events created by individuals, groups, and organizations. It is known as the largest civic event in the world, and more than a billion people participate every year.

HISTORY

It was started by Gaylord Nelson, a U.S. Senator from Wisconsin, who supported liberal reforms but struggled for years to interest his colleagues in environmental policies. After witnessing devastating environmental catastrophes in 1969, as well as powerful political movements of the time, Nelson looked to the anti-war movement as inspiration and took his message directly to the people for support. He realized that if he could take the energy of the anti-war movement and infuse it into public consciousness about environmental issues, the movement would bring awareness of the environment.

The first Earth Day, April 22, 1970, amalgamated the American public in support of environmental issues, demonstrated to politicians that these issues were of great concern to their constituents, and galvanized Congress into creating legislation. Born in this wake of elevated concern about the environment, the Environmental Protection Agency was established on December 2, 1970 to consolidate research, monitoring, standard-setting, and enforcement activities into one federal agency.

ACTIVITIES AND EVENTS

You can celebrate Earth Day on April 22, create a month of activities, or continue the awareness of conservation and environmental issues throughout the year.

❖ **Garden** This can be done indoors or outdoors. Schedule a Get Down and Dirty Day where you supply dirt, plants, tools, and containers. Invite seniors to create something living for Earth Day, either from seeds or cuttings. You can cut milk or egg cartons or other shapes as planters. Don't forget to make drainage holes. Encourage your group members to pass along their plantings and to share environmental wisdom or maybe favorite quotes about nature with friends, neighbors, and/or family members. If your weather allows, begin an outdoor garden on Earth Day. Another idea is to collect extra vases that your seniors have and donate them to a shelter, floral shop, or your favorite donation site for recycling. Better yet, have a Flower Arranging Day. Purchase flowers, arrange them in the donated vases,

then deliver them to a local hospital or to those who need a little cheer on Earth Day.

❖ **Nature Walk** Leisurely stroll through nature. Whether it is a trail winding through your neighborhood, a nature reserve, or formal gardens, find a location to stimulate the senses and where the seniors can appreciate nature and rediscover joy in the outdoors. If your group is less mobile, make sure the path you choose is paved so that it is easy to navigate. Provide assistive devices like walkers, canes, and wheelchairs for those who may experience fatigue along the way. For those who are even less mobile, grab binoculars so that the outdoors can be examined, explored, and enjoyed from a bench or chair. Just get the seniors outside to enjoy the beauty nature offers in the spring.

❖ **Pledges** Create a Humanitree or Ecotree where seniors can write pledges that they will follow for the year. For example, a senior may write, "I will turn off lights when I leave a room" or "I will turn off water while I am lathering up or brushing my teeth" on a pre-made leaf cut-out (perhaps from recycled paper bags) and then hang his or her leaf on the pre-made tree (can be flat on a wall or three dimensional). Even if a person does not make a pledge, he or she may be motivated by something someone else has written.

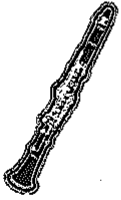
❖ **Speakers** Speakers on topics about conservation, ecology, sustainability, eco-friendly planting, endangered species, or environmental issues are always great crowd pleasers. Perhaps there is a current issue that your seniors are concerned about. Many of your seniors may be interested in natural and organic foods and their benefits. Research your local natural and organic foods network to learn about the environmental and health impacts of food choices. If your property has a chef, he or she can expound on the health benefits of specific food preparation. Also, area farmers may be willing to bring locally grown organic produce to your site to sell. Visit the web site for the Organic Trade Association of North America (www.ota.com) for facts and a directory of companies.

❖ **Movies** Show movies that support environmental clean-up, sustainability, and the beauty of nature. Check out *Waste Land* (2010), *Gasland* (2010), *Force of Nature: The David Suzuki Movie* (2011), or *Who Killed the Electric Car* (2006). Movies that show our connection to the animal world and nature are also moving such as *Whale Rider* (2002), *IMAX: Born to be Wild* (2011), and National Geographic productions.

❖ **Look to the Keepers of the Earth** When you create something positive for Earth Day, remember and celebrate our Native Americans who celebrate the earth in all ways and who are earth-wise and conservation-conscious. Offer readings from the teachings of Black Elk, Chief Seattle, Sitting Bull, and others who knew long before we did that nature is something to be revered, protected, and celebrated.

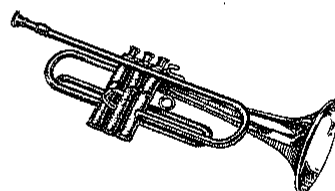


JAZZ ARTISTS WORD SEARCH



WORD LIST

- LOUIS ARMSTRONG
- ORNETTE COLEMAN
- JOHN COLTRANE
- MILES DAVIS
- DUKE ELLINGTON
- BILL EVANS
- ELLA FITZGERALD
- DIZZY GILLESPIE
- JOHNNY HARTMAN
- LENA HORNE
- CHARLES MINGUS
- WES MONTGOMERY
- JELLY ROLL MORTON
- CHARLIE "BIRD" PARKER
- SARAH VAUGHAN



Bits and Pieces

Calling All Community!

Stop by our open house! May 13th we will be having ongoing tours from 2pm to 7pm. Visitors will be escorted throughout our beautiful, new, state-of-the-art building addition, and enjoy refreshments and appetizers in the café. This is an open event and all are welcome! We look forward to having you!

Amazon

You can support our family by shopping online! The Hannah B.G. Shaw Home is now on AmazonSmile's list of charitable organizations and we couldn't be more thrilled. Amazon will donate 0.5% of the price of your eligible **AmazonSmile** purchases to a charitable organization of your choice. Here's how it works...

- * Go online to smile.amazon.com
- * Just search & click on Hannah B.G. Shaw Home and 0.5% of the price of your purchase will be donated towards the Home.
- **Your choice of charity will remain saved for future visits to smile.amazon.com**

Going Green

Within the next few months, our newsletter will be conserving trees and going paperless! Our monthly newsletters will soon be available via email unless requested otherwise 😊



April 2015

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
Residential Care Calendar	Birthdays: Merrill Finch 4/6 Margaret Abramson 4/13 Emma Sylvia 4/16 Norma Jeanne Shaw 4/17 Jane Bagdon 4/18		1 9:45 AM Stretch CM 10:00 Exercise RR 11:15 Sing Along AR 2:00 Mad Libs & Word games 3:30 Exercise RR 3:00 Chaboom AR April Fools' Day	2 9:30 Mind & BodyAR 10:00 Exercise RR 10:30 Hannah'sChorus 1:30 Wal-Mart 2:00 Father Dave Lib 3:30 Exercise RR 3:00 Baking Club For Saturday Easter Social	3 9:30 Baking Club Baking for Saturday Easter Social 10:00 Exercise 1:45 Rosary Lib 2:30 Anne Walkins 3:30 Exercise RR	4 10:00 Exercise RR 9:15 Town Elections 10:30 Bingo CM 2:00 Easter Social Egg Hunting Refreshments 3:30 Exercise RR 3:30 Trivia CM
5 10:00 Linda's Cooking Club 11:15 Hymn Sing 2:00 Bingo CM 3:15 Movie AR 3:30 Exercise RR Easter	6 9:00 Hairdresser 10:00 Exercise RR 11:00 LRC (Dice Game) 2:00 Sacred Heart Service Lib 3:30 Exercise 3:45 Tartan Day	7 9:00 Hairdresser 10:00 Exercise RR 10:15 Duane EntertainCM 2:00 Bingo CM 3:30 Exercise 3:45 Ball Toss CM	8 9:45 AM StretchCM 10:00 Exercise 11:15 Sing-along AR 11:00 Luncheon 2:00 Table Bowling 3:30 Exercise RR 3:45 Pictionary AR	9 9:30 Mind & BodyAR 10:00 Exercise RR 10:30Hannah'sChorus 2:00 150 th Anniversity End of the Civil War 3:00 Nails&Music 3:30 Exercise RR	10 9:30 Meditation W/ Debbie AR 10:00 Exercise 10:30 Recycled FlowercraftAR 1:45 Rosary Lib 2:30 Mike Daries 3:30 Exercise RR	11 10:00 Exercise RR 10:15 Bingo CM 3:00 Dog Trivia AR 3:30 Exercise RR Pet Visiting All Day Pet Day
12 10:00 Kristina's Cooking Club CM 11:15 Hymn Sing A long AR 2:00 Bingo CM 3:15 Ed Sullivan 3:30 Exercise RR	13 9:00 Hairdresser 10:00 Exercise 11:00 Penny Auction 2:00 Licorice Day 3:00 Nails & Music 3:30 Exercise RR	14 9:00 Hairdresser 10:00 Exercise RR 10:15 Grand Old Hymns Lib 2:00 First Church 3:00 Bingo CM 3:30 Exercise	15 9:45 AM Stretch CM 10:00 Exercise 11:15 Sing-along AR 2:00 Timeless Trivia AR 3:30 Exercise RR 3:00 Chaboom AR	16 9:30 Mind&BodyAR 10:00 Exercise RR 10:30Hannah'sChorus 1:30 Christmas Tree Shoppe 2:00 Father Dave Lib 3:30 Exercise RR 4:00 Volunteer Social CM	17 9:30 AM StretchAR 10:00 Exercise RR 10:30 Collage AR 1:45 Rosary Lib 2:30 Mike Higgins 3:30 Exercise RR	18 10:00 Exercise RR 10:15 Bingo CM 11:15 Sing Along AR 2:00 Words Games 3:30 Exercise RR 3:30 Trivia CM
19 10:00 Linda's Cooking Club 11:15 Hymn Sing A long AR 2:00 Bingo CM 3:15 Movie AR 3:30 Exercise R	20 9:00 Hairdresser 10:00 Exercise 11:00 Spin It & Win It 2:00 119 th Running Boston Marathon 3:30 Exercise 3:45 Trivia CM	21 9:00 Hairdresser 10:00 Exercise RR 10:30 Vic Solo The Juke Box 2:00 Bingo CM 3:30 Exercise RR 3:45 Ball Toss CM	22 10:00 Exercise 10:15 Eucharist Lib 11:00 Luncheon 11:15 Sing-along AR 2:00 Earth Day AR 3:30 Exercise 3:30 Yoga with Debbie Earth Day	23 9:30 Mind & BodyAR 10:00 Exercise RR 10:30Hannah'sChorus 2:00TheJane GameAR 3:30 Exercise RR 3:00 Music&Nails AR	24 9:30 AM StretchAR 10:00 Exercise RR 10:30 Tree Painting 1:45 Rosary Lib 2:30 Russ Birthday Party 3:30 Exercise RR Arbor Day	25 10:00 Exercise RR 10:15 Bingo CM 11:15 Kimmy on BroadwayAR 2:00 Pictionary AR 3:30 Exercise RR 3:30 Trivia CM
26 10:00 Kristina's Cooking Club CM 10:00 Exercise RR 11:15 Hymn Sing A long AR 2:00 Bingo CM 3:15 Ed Sullivan 3:30 Exercise RR	27 9:00 Hairdresser 10:00 Exercise 11:00 Table Shuffle Board 2:00 RC Meeting 3:00 Gentle MemoriesAR 3:30 Exercise RR	28 9:00 Hairdresser 10:00 Exercise RR 10:15 Grand Old Hymns Lib 2:00 Bingo CM 3:15FamilyFeudCM 3:30 Exercise RR	29 10:00 Exercise 11:15 Sing-along AR 2:00 Timeless Trivia AR 3:30 Exercise 3:30 Pictionary CM	30 9:30 Mind & BodyAR 10:00 Exercise RR 10:30Hannah'sChorus 1:30 CVS/Dollar 2:00 Trivia CM 3:30 Exercise RR 3:00 Music&Nails AR	Activities are subject to change	

April 2015

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
LTC/STR Calendar	Birthdays: Judith Verricchione 4/5 Elizabeth Malloy 4/22 Grace Sullivan 4/25 Philbert Poulin 4/26 Lillian Hynes 4/27		1 9:45 AM Stretch CM 11:00 Luncheon 11:15 Sing-along AR 2:00 Mad Libs & Word games 3:00 Chaboom AR April Fools' Day	2 9:30 Mind & Body AR 10:30 Hannah's Chorus 2:00 Father Dave Lib 3:00 Baking Club Baking for Saturday Easter Social	3 9:30 Baking Club Baking for Saturday Easter Social 1:45 Rosary Lib 2:30 Anne Walkins	4 10:15 Bingo CM 11:15 Sing Along 2:00 Easter Social Egg Hunting Refreshments 3:30 Trivia CM
5 11:15 Hymn Sing A long AR 2:00 Bingo CM 3:15 Movie AR Easter	6 9:00 Hairdresser 11:00 LRC (Dice Game) 2:00 Sacred Heart Service Lib 3:45 Tartan Day	7 9:00 Hairdresser 10:15 Duane Entertain CM 2:00 First Church 3:00 Bingo CM	8 9:45 AM Stretch CM 11:15 Sing-along AR 2:00 Table Bowling 3:45 Pictionary AR	9 9:30 Mind & Body AR 10:30 Hannah's Chorus 2:00 150 th Anniversary End of the Civil War 3:00 Nails & Music	10 9:30 Meditation W/ Debbie AR 10:30 Recycled Flowercraft AR 1:45 Rosary Lib 2:30 Mike Daries	11 10:15 Bingo CM 3:00 Pet Trivia AR Pet Visiting All Day Pet Day
12 11:15 Hymn Sing A long AR 2:00 Bingo CM 3:15 Ed Sullivan	13 9:00 Hairdresser 11:00 Penny Auction 2:00 Licorice Day 3:00 Nails & Music	14 9:00 Hairdresser 10:15 Grand Old Hymns Lib 2:00 Bingo CM 3:45 Trivia CM	15 9:45 AM Stretch CM 11:00 Luncheon 11:15 Sing-along AR 2:00 Timeless Trivia AR 3:00 Chaboom AR	16 9:30 Mind & Body AR 10:30 Hannah's Chorus 2:00 Father Dave Lib 4:00 Volunteer Social CM	17 9:30 AM Stretch AR 10:30 Collage AR 1:45 Rosary Lib 2:30 Mike Higging	18 10:15 Bingo CM 11:15 Sing-along AR 2:00 Words Games CM 3:30 Trivia CM
19 11:15 Hymn Sing A long AR 2:00 Bingo CM 3:15 Movie AR	20 9:00 Hairdresser 11:00 Spin It & Win It 2:00 119 th Running Boston Marathon 3:45 Trivia CM	21 9:00 Hairdresser 10:30 Vic Solo The Juke Box 2:00 Bingo CM 3:45 Ball Toss CM	22 10:15 Eucharist Lib 11:15 Sing-along AR 2:00 Earth Day AR 3:30 Yoga with Debbie Earth Day	23 9:30 Mind & Body AR 10:30 Hannah's Chorus 2:00 The Jane Game AR 3:00 Music & Nails AR	24 9:30 AM Stretch AR 10:30 Tree Painting 1:45 Rosary Lib 2:30 Russ Birthday Party Arbor Day	25 10:15 Bingo CM 11:15 Songs w/ Kimmy AR 2:00 Pictionary AR 3:30 Trivia CM
26 11:15 Hymn Sing Along AR 2:00 Bingo CM 3:15 Ed Sullivan	27 9:00 Hairdresser 11:00 Table Shuffle Board 2:00 RC Meeting 3:00 Gentle Memories AR	28 9:00 Hairdresser 10:15 Grand Old Hymns Lib 2:00 Bingo CM 3:15 Family Feud CM	29 11:15 Sing-along AR 2:00 Timeless Trivia AR 3:30 Pictionary CM	30 9:30 Mind & Body AR 10:30 Hannah's Chorus 2:00 Trivia CM 3:00 Music & Nails AR		Activities are subject to change

April 2015

Sun	Mon	Tue	Wed	Thurs	Fri	Sat	
Memory Care Calendar	Birthdays: 4/16 Jean Souza 4/29 Elinor Martin		1 9:30 Chronicles 10:15 Mad Libs 11:00 Sing-along 1:30 Walking Club 2:30 Silly Jokes 3:00 Chaboom 6:00 Sentimental Music April Fools' Day	2 9:30 Something Special Everyday 10:30 Hannah's Chorus 11:00 Melody Lane Sing-along 1:30 Walking Club 2:00 Father Dave 3:30 Nails & Music 6:00 Towel Folding	3 9:30 Cool Crafts w/ Caitlyn 11:00 Sing Along 1:30 Walking Club 2:30 Anne Walkins 3:30 Puzzle Pals 6:00 Movie Night & Popcorn	4 9:30 Daily Dose 10:15 AM Stretch 11:00 Susie Q Sing-along 1:30 Walking Club 2:00 Easter Social Egg Hunting Refreshments 3:30 Caitlyn's Craft 6:00 Towel Folding	
	5 9:30 Dye Easter Eggs 10:30 Egg-ceptional Egg Hunt 11:00 Hymn Songs 1:30 Walking Club 2:30 Baking Club 3:30 Reminisce 6:00 Relaxing Music Easter	6 9:30 Baking Club w/ Carin 11:00 Music Time 1:30 Walking Club 2:00 Sacred Heart Service 3:30 Horse Racing 6:00 Sentimental Music	7 9:30 Daily Dose 10:15 Duane Entertains 11:15 Sing Along 1:30 Walking Club 2:30 Games 3:30 Nails & Music 6:00 Jig Saw Puzzle	8 9:30 Chronicles 10:15 Baking Club 11:00 Susie Q Sing-along 1:30 Walking Club 2:00 Ball Games 3:30 Trivia 6:00 Sentimental Music	9 9:30 Something Special Everyday 10:30 Hannah's Chorus 11:15 Sing Along 1:30 Walking Club 2:00 Baking w/ Ashley 3:30 Nails & Music 6:00 Coloring	10 9:30 Baking Club w/ Caitlyn 11:00 Sing Along 1:30 Walking Club 2:30 Mike Daries 3:30 Puzzle Pals 6:00 Relaxing Music	11 9:30 Daily Dose 10:00 Nails & Music 11:00 Sing Along 1:30 Walking Club 2:30 Ball Toss 3:30 Animal Trivia 6:00 Movie Night & Popcorn Pet Day
	12 9:30 Something Special Everyday 10:00 AM Stretch 11:00 Spiritual Sing Along 1:30 Walking Club 2:30 Nails & Music 3:30 Mind Joggers 6:00 Busy Hands	13 9:30 Cool Crafts w/ Caitlyn 11:00 Music Time 1:30 Walking Club 2:30 Scrabble 3:30 Game Trivia 6:00 Coloring Scrabble Day	14 9:30 Daily Dose 10:15 Green Things 11:15 Sing Along 1:30 Walking Club 2:00 First Church 3:30 Balloon Games 6:00 Sentimental Music	15 9:30 Chronicles 10:15 Music & Motion 11:00 Sentimental Music 1:30 Walking Club 2:30 Games 3:00 Chaboom 6:00 Towel Folding	16 9:30 Something Special Everyday 10:30 Hannah's Chorus 11:00 Sing Along 1:30 Walking Club 2:00 Father Dave 4:00 Volunteer Social 6:00 Relaxing Music	17 9:30 Daffy Duck's Birthday 10:15 Group Haiku 11:00 Sing Along 1:30 Walking Club 2:30 Mike Higgins 3:30 Puzzle Pals 6:00 Movie Night & Popcorn	18 9:30 Daily Dose 10:15 Music & Motion 11:00 Susie Q Sing-along 1:30 Walking Club 2:30 Games 3:30 Shake Loose Memories 6:00 Towel Folding
	19 9:30 Chronicles 10:15 AM Stretch 11:00 Hymn Songs 1:30 Walking Club 2:30 Busy Hands 3:15 Butterfly Craft w/ Kimmy 6:00 Towel Folding	20 9:30 119 th Running of the Boston Marathon 11:00 Music Time 1:30 Walking Club 2:00 Bingo 3:30 Mind Joggers 6:00 Sentimental Music	21 9:30 Daily Dose 10:30 Vic Solo The Juke Box 11:15 Sentimental Music 1:30 Walking Club 2:30 Ball Games 3:30 Nails & Music 6:00 Jig Saw Puzzle	22 9:30 Chronicles 10:15 Eucharist 11:00 Sing Along 1:30 Walking Club 2:00 Earth Day Craft 3:30 Yoga with Debbie 6:00 Sentimental Music Earth Day	23 9:30 Daily Dose 10:30 Hannah's Chorus 11:15 Sing Along 1:30 Walking Club 2:00 Baking Cherry Cheesecake 3:30 Nails & Music 6:00 Coloring	24 9:30 Cherry Blossom Tree 11:00 Sing Along 1:30 Walking Club 2:30 Russ Birthday Party 3:30 Puzzle Pals 6:00 Towel Folding Arbor Day	25 9:30 Daily Dose 11:00 Sing-along 1:30 Walking Club 2:30 Baking Club w/ Ashley 3:30 Pet Visits 6:00 Movie Night & Popcorn
26 9:30 Daily Dose 10:15 Bird Feeders 11:00 Hymn Songs 1:30 Walking Club 2:30 Hang String Cheerios 3:30 Pet Visits 6:00 Relaxing Music Bird Day	27 9:30 Cool Crafts w/ Caitlyn 11:00 Music Time 1:30 Walking Club 2:00 Games 3:00 Gentle Memories 3:30 Mind Joggers 6:00 Busy Hands	28 9:30 Daily Dose 10:15 AM Stretch 11:15 Sing Along 1:30 Walking Club 2:30 Nails & Music 3:30 Blueberry Pie 6:00 Jig Saw Puzzle	29 9:30 Chronicles 10:15 Music & Motion 11:00 Sentimental Music 1:30 Walking Club 2:30 Games 3:30 Pictionary 6:00 Towel Folding	30 9:30 Daily Dose 10:30 Hannah's Chorus 11:15 Sing Along 1:30 Walking Club 2:00 Games 3:30 Nails & Music 6:00 Coloring	Hairdresser every Monday & Tuesday Activities are subject to change		

Upcoming Events

4/1 & 4/15	Chaboom Chair Exercise
4/2 & 4/16	Father Dave's Service
4/3	Meditation with Debbie
4/4	Easter Social & Easter Egg Hunting with Refreshments
4/6	Sacred Heart Church Service
4/14	First Church Service
4/16	Volunteer Social
4/21	Vic Solo Entertains The Juke Box Memories
4/22	Yoga with Debbie
4/27	Resident Council Meeting
4/27	Gentle Memories



THE HANNAH B.G.
SHAW HOME
CARING FOR YOU THE WAY HANNAH INTENDED