

What is The Marriage Course?

Over seven sessions, you will discover practical tools to help you:

- understand** each other's needs
- communicate** more effectively
- grow** closer through resolving conflict
- heal** the ways you've hurt each other
- recognize** how your upbringing affects your relationship
- improve** relationships with parents and in-laws
- develop** greater sexual intimacy
- discover** each other's love languages, and much more!



What are people saying about the course?

Couples who have previously completed this course have come back with rave reviews, saying, 'We nearly didn't come... this year has been extremely hard... we came to a brick wall and didn't know how to get through it. It has totally changed things around.' and 'It was a fantastic atmosphere. Although we were amongst all these people I felt we were on a tropical island just the two of us. It was a great feeling just to spend time together.'

What is the schedule?

The course will be divided into seven meetings that occur following our Wednesday Evensong.

- January 18th
- January 25th
- February 1st
- February 8th
- February 15th
- February 22nd
- March 8th

What is the cost?

The cost is \$200.00 per couple which includes the cost of dinner, materials, and instruction.

Ready to invest in your relationship?

To register, please visit www.stpetersmorristown.org/courses or contact The Rev'd Janet Broderick at jbroderick@stpetersmorristown.org or call 973.538.0555 ext. 116

A large vertical banner for 'the marriage course'. At the top left is a small rainbow flag. The main image shows a man and a woman in profile, looking towards the right. The woman is in the foreground, and the man is behind her. The text 'the marriage course' is written in a white, sans-serif font on a blue background. Below this, in smaller white text, it says '...a great opportunity to invest in the future of your relationship'. At the bottom, it says 'Wednesdays at 6:30 pm starting January 18th'. At the very bottom of the banner are three small inset photos: a man kissing a woman on the cheek, a man and woman smiling together, and two men smiling together.

St. Peter's Episcopal Church
Morristown, New Jersey

themarriagecourse formula

- + fantastic atmosphere
- + romantic meal for two
- + practical talks
- + couple discussion times
- + **NO GROUP WORK!**

Why do The Marriage Course?

Regular check ups help a car run smoothly and reduce the risk of a breakdown. Sports professionals spend hours being coached and perfecting their techniques.

The **greatest achievements** in life take practice, training, and dedication.

It's the same with marriage and living together...

A strong, loving, and lifelong relationship doesn't happen by chance.

It takes effort and dedication to keep the fun and romance alive. We can all learn how to make even the happiest relationship better.



How do I know if the course is right for me?

- Are you married or in a long-term relationship?
- Have you been together for over a year?
- Would you like your relationship to be the best it can be?

If you answered yes to these questions, then this course is for you!

The Marriage Course is for any couple, whether you've been together for one or sixty-one years, gay or straight, and whether you feel you have a strong relationship or are struggling.

Whatever your situation, the practical tools you learn will help improve and strengthen your relationship.



What can I expect of the course?

Fantastic atmosphere

that makes it feel like a date night. The course will take place in an intimate setting in the Parish Hall that feels friendly and welcoming.

Romantic table for two

giving you space to relax and chat. You will be served a candlelit meal with coffee or tea and dessert.

Practical talks

that are informative and fun, either given live or played on DVD. They include filmed clips of couples sharing their own experiences and street interviews from around the world.

Time provided

to talk on your own as a couple. You will be given topics to discuss (sometimes with the help of an exercise). Music is played so you can't hear couples at other tables and they can't hear you!

No group work, so relax

- you will not have to share anything about your relationship with anyone else.

