

Instituto de investigación y tratamiento del trauma y los trastornos de personalidad



Working with Integration Failures in Complex Trauma:
Treatment Differences Across
Diagnostic Categories

Suzette Boon, Kathy Steele and Dolores Mosquera

Working with Integration Failures in Complex Trauma: Treatment Differences Across Diagnostic Categories



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Dates: 6 -8 July, 2018.

Schedule: Friday to Sunday from 10.00 am to 2.00 pm and 3.30 to 6.30 pm.

Place: Hotel AC A Coruña, C/Enrique Mariñas, 34, 15009 A Coruña, Spain.

Who Should Attend: Psychologists, physicians, professionals and students from the health and

social fields.

Price: € **590** (Early bird: 450 € before February 15, 2018).

Registration: E-mail cursosintratp@gmail.com or telephone +34 981 622 400.lnclude your email address, full name, license type and number, and your city, state, and country.

Registration deadline: June 29, 2018.

Payment: You may make your payment through Paypal (www.paypal.com) at cursosintratp@gmail.com. Include your full name and the name of the workshop (Working with Integrative Failures).

During the first day of this workshop, we will focus on the assessment of subtle clinical differences in clients with Borderline and other Personality Disorders, Complex PTSD, and various Dissociative Disorders. Although there are many similarities, these groups can be distinguished by the severity and clusters of dissociative symptoms. These distinctions have major treatment implications. Participants will learn to identify diagnostic profiles that help to determine the complexity and course of therapy. In addition, they will learn how to distinguish between ego states, modes, and dissociative parts, as well as learn to identify the more subtle positive and negative symptoms of dissociation. Videovignettes will be shown, and participants will have an opportunity to discuss their own cases.

Based on a careful assessment, during the next two days we will focus on practical integrative approaches to treating clients across this broad spectrum of trauma-related diagnoses, including how to work with serious comorbid problems. We can understand treatment as helping clients better integrate their unique inner psychic organization into a cohesive and adaptive whole. We will discuss what is similar and what is different in treating personality disorders, Complex PTSD, and Dissociative Disorders. What are the different treatment implications when the client has modes, ego states or dissociative parts? When should we use the concept of "parts" and when might it not be therapeutic? When is it important to work with the person as a whole versus address specific partsas a step toward integration? How do we as therapists facilitate or hinder integration? How can we knowwhen this process is taking place and what does it look like?We will make ample use of video and case vignettes to uncover how the experienced therapistthinks through and treats these complex issues.

Day 1. Setting the basis of the work

- 1. Assessing similarities and differences among Borderline Personality Disorder, Complex PTSD, and Dissociative Disorders.
- 2. How to distinguish dissociative parts, ego states and modes
 - a. Similarities between ego states, modes and dissociative parts.
 - b. Differences between ego states, modes and dissociative parts.
- 3. When and when not to use "parts" language.
- 4. Treatment implications for each group.

Day 2 Trauma processing

- 1. Stabilization: What needs to be stabilized and how long in each group? Is stabilization always necessary?
- 2. Most essential stabilization techniques for each group.
- 3. Processing trauma gradually and safely in each group.

Day 3 Integration

- 1. Working with integrative deficits across diagnostic categories.
- 2. Tools and techniques to enhance integration across diagnostic categories.
- 3. Case consultation.

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Schedule

14:00 a 15:30 Lunch

10:00 - 11:45 Course

11:45 - 12:15 Break

12:15 - 14:00 Course

15:30 - 16:45 Course

16:45 - 17:15 Break

17:15 - 18:30 Course



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