

Stiff Rocker Alternatives to Hoka

Models with Maximal Midsole Height

New Balance More V3:

This maximus shoe has undergone several changes in its 3 generations. The newest iteration, version 3, is maybe the best built but also the softest and most flexible in this series. With multiple widths, it is the number one choice for the hard to fit foot. The new version 4 comes out this Spring and we look for great things from its stiffness and different added outsole durability.



Saucony Endorphin Shift:

An excellent and more athletic alternative to the Bondi, with a pronounced and earlier stage rocker profile.



Saucony Endorphin Speed 2:

A lighter weight and lower profile version of the Endorphin Shift above.



Saucony Endorphin Pro:

The Race Day shoe of the Endorphin series, it has a nice stiff forefoot rocker and durable stiffness by way of a carbon plate lodged in the midsole.



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[Nike Tempo Next% - Nike Air Zoom AlphaFly Next% - Nike Infinity React:](#)

This series of shoes are Very stiff, but very athletic. Therefore, they may not be as relevant in the orthopedic marketplace. Their slim fits and narrow platforms can be restrictive. That being said, they represent a number of styles at a variety of price points that can come in handy. All style in this series has significant rocker profiles and maximum stiffness ratings. For the athlete with metatarsalgia and other forefoot pathologies, this series proves very valuable and very FAST!



[Brooks Caldera:](#)

A pleasant surprise as it does not appear as thick as other styles in this category. Excellent stiffness and a more streamlined look makes it a popular choice for those not keen on the 'truck like" profile of other Maximalist shoes.



[Gravity Defyer XLR8:](#)

A shoe that comes from a different part of the footwear industry. The biggest differentiating feature is that it has a 13mm heel offset. It is also available in multiple widths.



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Models with Medium Midsole Height

Asics Trabuco Max Trail:

This surprisingly highly cushioned trail shoe is one of our staff favorites. Terrific fit, great stiff rocker profile and surprisingly good graphics make it a terrific grippy off road option!



Asics Metaride:

An accommodative stretchy toe box with extra stiffness , it is a good zero drop version of the Glideride. It is a great option for those with ankle flexion issues while being very accommodative for hammer toes and corns.



Asics Glideride 2:

This model is unique in that it has a very early-stage rocker that is excellent for those suffering from limited ankle flexion due to an ankle replacement or ankle fusion.



New Balance 1080V11:

A lower profile, softer version of the More V 3, with a higher drop and more flexible midsole.



Traditional Midsole Height

Saucony Peregrine 11:

I question the measurements of the midsole given by the manufacturer. That being said it has a nice stiff forefoot like many trail shoes. It has a lower profile presentation; it can definitely splint the forefoot effectively for some individuals.



ON Cloud Ultra:

This plated trail shoe is surprisingly stiff for a low stack shoe. With an adjustable lace system to give addition forefoot width, it can do a decent job splinting the foot while providing good proprioception on uneven terrain.



For more detailed information regarding the above styles, heel offsets, and pricing, see the [shoe update](#).