



## A LIST OF TRAINING COURSES IN SPIRITUALITY/SPIRITUAL DIRECTION IN SOUTHWARK INCLUDING NORTH LONDON

This list is of training-courses in spirituality spiritual direction and retreat giving. The inclusion of courses does not imply any particular recognition or accreditation by the Retreat Association. All the courses are open to clergy, laity and religious, and ecumenical participation is welcomed. Usually there is a selection process, which is primarily intended to help applicants to clarify their aims, ministry, and timing. Where no specific dates are given for 2015, or where the dates are past please contact the named person for the most up-to-date information.

### ***Kent***

#### ***Canterbury & Rochester Dioceses Programme for Spiritual Accompaniment***

The course is co-ordinated and planned by Chris Dench, Susanne Carlsson and Peter Ingrams. Year 1 is a general introductory introduction to Spirituality and Spiritual Accompaniment. Year 2 is concerned with vocational formation for spiritual accompaniment. Entry to year 2 is dependant on the completion of year one and faculty decision.

**Aim** To develop reflective practitioners in the accompaniment of others, aware that we are members of a community of practice to whom we are accountable in exercising the ministry.

**Venue:** St Justus Church, the Fairway, Rochester. ME12LT

**Times:** A two year course beginning in May 2013. Year 1 takes place on 6 Saturdays (9am-4pm) Personal reading and the building of a portfolio will be expected in addition. There will be a pre-course interview in either Canterbury (12 March 2013) or Rochester (9 March 2013)

**Costs:** £220.00 per annum

**Contact:** For full details and forms please contact:- Sarah Lucas, Administrator, Diocesan House, Lady Wootton's Green, Canterbury CT1 1NQ [Tel:- 01227 459401](tel:01227459401)  
[slucas@diocant.org](mailto:slucas@diocant.org) ***NB Closing Date for applications 28 February 2013***

#### ***Training Programme in Spiritual Direction***

Participants will build up a portfolio of assignments based on reading, journaling, group discussions and a compilation of resources. Each participant will have a tutor to meet with regularly and be given regular feedback on your progress and development

**Venue** Franciscan International Study Centre, Giles, Lane, Canterbury, Kent CT2 7NA

**Times** Course arranged in 3 terms:- 3 weekends plus 9 Saturdays between September and June

**Costs** Total cost for present year £660.00 – may be paid termly

**Contact** For further information including application form please visit website [www.franciscans.org](http://www.franciscans.org) or email [margaret.m@franciscans.org](mailto:margaret.m@franciscans.org)

Franciscan International Study Centre, Giles Lane, Canterbury, Kent CT2 7NA [Tel:- 01227 769349](tel:01227769349)

Registered Charity No: 328746

Member groups of the Retreat Association: Association for Promoting Retreats, Baptist Union Retreat Group, Catholic Network for Retreats & Spirituality, Methodist Retreat & Spirituality Network, United Reformed Church Retreat Group and Affiliates of the Retreat Association

## London

***Encounter - The London Course in Spiritual Direction*** - A pioneering formation programme for a new generation of spiritual directors. A 3 year course, sessions take place on weekday evenings. We welcome applications for entry in September 2015.

Dates: Open evening:- 22 January.

Venue: London Centre for Spirituality, Church of St Edmund the King, Lombard Street, EC3. (Tube: Bank)

Times: TBA – Weekday evenings

Contact: Course Administrator, (LCSD), St Mary Woolnoth Vestry, Lombard Street, London EC3V 9AN Tel: 020 7621 1392 email [info@lcsd.org.uk](mailto:info@lcsd.org.uk) [www.lcsd.org.uk](http://www.lcsd.org.uk)

### ***Developing Direction –A Course for Directors of some experience***

Aims: For Spiritual Directors with significant experience and to foster personal awareness and professional growth in areas relevant to spiritual direction.

Venue: London Centre for Spirituality, Church of St Edmund the King, Lombard St. EC3V 9EA

Dates: First Friday in the month.

Contact: The Administrator (LCSD), St Mary Woolnoth Vestry, Lombard Street, London EC3V 9AN Tel:- 020 7621 1392 email [info@lcsd.org.uk](mailto:info@lcsd.org.uk) See website [www.spiritualitycentre.org](http://www.spiritualitycentre.org) for details of programmes for days.

### ***The Art of Spiritual Direction***

Aims: Formation and training in spiritual direction based on the Spiritual Exercises of St Ignatius of Loyola. Its purpose is to form participants in the art of Spiritual Direction and to give the Spiritual Exercises in their various forms. It is an ecumenical Christian course led by experienced staff and is open to people of goodwill from all faith traditions.

Venue: St Edmund, King & Martyr Church, Lombard Street, EC3V 9EA.

Times: The 3 year course is held during the day on weekdays.

Next course begins in Autumn 2015.

Contact: Administrator, ISC, St Edmund King & Martyr Church, Lombard Street, London EC3V 9EA. Tel:- 020 7623 6970 email [info@artsd.org.uk](mailto:info@artsd.org.uk) [www.artsd.org.uk](http://www.artsd.org.uk)

## London – South

### *SPIDIR courses in spiritual Direction –*

- Aims:** This course is aimed at those who feel they are called to offer spiritual direction and applicants are expected to have some experience of directing /being alongside others, even if this may be quite informal or occasional. There will be interviews to discuss the appropriateness of the course before membership is finally decided. Interviews will also be held towards the end of the course to explore how ready a person is to give spiritual direction. Certification is not awarded by SPIDIR although confirmation of attendance of the course can be supplied if requested. The course is ecumenical and open to all, clergy and laity, women and men. This course will be limited to around 15 members, suitability for it will be decided after interview. A genuine commitment to attend all sessions is essential.
- Content:** The learning will be both experiential and more formal. Course members will be expected to share their own experiences as an important part of the learning process.
- Dates:** The course will run on Tuesdays from March 2015 monthly, excluding August for two years. There will be a 24 hour residential at the end of each year in March
- Venue:** Crypt, St George the Martyr Church, Borough High Street, London SE1
- Cost:** Fees for the course are set at £75.00 per term, 3 terms a year. Help can sometimes be given towards the cost of the course and travel.
- Leaders** Bidy Taylor, Revd Cynthia Jackson & Revd Tony Lucas
- Contact** For application form and details please contact Bidy Taylor (020 7622 4912 or [JM/CB.taylor@gmail.com](mailto:JM/CB.taylor@gmail.com)) or Revd Tony Lucas 020 7064 9088 or [tonyslucas@btinternet.com](mailto:tonyslucas@btinternet.com)

## London - Diocese of Southwark

**God-Search: Explorations in Christian Spirituality** - Spirituality has to do with the work of the Spirit within us, drawing us deeper into the life of God and leading us to act with God in the world. The sessions introduce key dimensions of our search for God and God's search for us.

**Content:** 1. Introductory module of 7 sessions - What is Spirituality? – How and why do we experience God? – What is the shape of the Spiritual Journey? What do we do? What does God do? – The inter-relationship of prayer, action and transformation. – The place of mystery within our experience of life and God – The freedom to love: entering into a new way of relating. – Choosing life, listening to the Spirit as we make life choices..

2. Follow up modules on ways of prayer and the insights of different spiritual traditions (eg Christian Meditation, Lectio Divina, prayer and Personality, Personal rule of life, Julian of Norwich, Etty Hillesum, Liberation spirituality etc. etc.

**Cost:-** £20.00 for the introductory module. Follow up modules; £5.00 a session

**Venue:** London Bridge and Croydon area

**Contact:** For details and to book: Chris Chapman, Spiritual Formation Adviser 020 7939 9474 [chris.chapman@southwark.anglican.org](mailto:chris.chapman@southwark.anglican.org)

*This list is updated as information received – Revised – February 2015*

**FOR OTHER AREAS OUTSIDE OF SOUTHWARK PLEASE CONTACT THE RETREAT ASSOCIATION <http://www.retreats.org.uk/contact/index.html>**

