

An Anchor Club Service Project

Helping Hands

for the

Hungry and Homeless





About Anchor Club International

ANCHOR CLUB INT'L + INSPIRED YOUTH = GLOBAL GOOD

Anchor Club International serves to organize, encourage and support youth community service projects in Anchor Clubs around the world. We believe that young people want to give back and make our world a better place.

Working alongside our parent nonprofit organization, Pilot International, Anchor Clubs allow today's youth the opportunity to give back and #BeMore with organized community service projects and activities. Anchor provides members with leadership training, service opportunities, awards, scholarships, résumé builders and more! Many Anchor Clubs are sponsored by local, community Pilot International Clubs.

Please share your service pictures and stories with AnchorClub!
by email: anchorspecialist@pilothonq.org
by social media:

 @anchorclub

 /anchorclubint

Hunger **and** Homelessness

Facts & Figures

1 in 6 people in America face hunger.

-DoSomething.org

About **805 million people** in the world, or **1 in 9**, were suffering from chronic undernourishment in 2012-2014.

-United Nations Food & Agriculture Organization

More than **1 in 5 children** is at risk of hunger. Among African-Americans and Latinos, it's **1 in 3**.

-DoSomething.org

40% of food is thrown out in the US every year, or about **\$165 billion** worth. All of this uneaten food **could feed 25 million Americans**.

-DoSomething.org

On any given night, there are over **600,000 homeless people** in the U.S. One quarter of these homeless are **children**.

-U.S. Department of Housing and Urban Development (HUD)

Every year in the United States, over **1.7 million teens** experience homelessness.

-U.S. Department of Justice



Anchor Club Intl.org

An International Youth Service Organization

“Anchor Clothing Drive”

An Anchor Club International Service Activity

***Loved Twice**, a nonprofit dedicated to recycling clothing for newborn babies in need, was founded by San Francisco-native Lisa Klein in response to an online community appeal from Louisiana for donations of baby clothing after Hurricane Katrina. Lisa rallied other San Francisco Bay Area mothers and collected 200 pounds of babywear in only 4 days. Lisa has turned her compassion into passion and started Loved Twice to help underprivileged newborns in her own community, giving disadvantaged babies a better start in life. Today, Anchors can continue to help with this initiative by collecting gently used baby clothing and other warm clothing items for community members in need!*

Step 1: Know your cause.

- On any given night, there are over 600,000 homeless people in the U.S. One quarter of these homeless are children.
- Every year in the United States, over 1.7 million teens experience homelessness.
- Families with newborn infants that live well below the poverty line can use your gently used baby clothes to make other needs, like diapers and baby food, more affordable.
- While Anchors can't eradicate homelessness and poverty overnight, these warm clothes will be greatly appreciated by needy parents and individuals in communities around the world!
- How can you help in your community? Where? When? How many? Think about specific goals your Anchor Club would like to reach.

Step 2: Set it up!

- **Research** the needs of your local community. Is there a local social services organization (for baby clothes donations), homeless shelter (for winter clothes donations) or other similar community-based organization in your area that would accept your collected clothing as a donation? Ask your Advisor, a Pilot member or another trusted adult for advice!
- **Spread the word!** Once your club members have decided where collected clothes will be donated, tell friends, classmates, parents, and community members about your project. Be sure to explain *when* and *where* they can donate their own gently used clothing.
- **Collect your items.** Designate a place where members can collect items for the drive. Consider setting up a donation bin so others can contribute items. We recommend collecting gently used baby clothes and warm winter wear (all sizes). For box labels and more info on collecting baby clothes, visit our service partner Loved Twice at lovedtwice.org!
- **Share in the Fun!** If possible, invite your community's local Pilot Club members to help with the donations and packing. Remember, Pilot members are friendly community service leaders in your community!
- **Be Creative!** Consider adding a friendly, compassionate message with each donated item.

Step 3: Get out there!

- **Donate** your homeless care packs in bulk to a local homeless shelter or similar organization that directly assists the homeless in your area.
- **Remember!** Pics or it didn't happen! **Email your pictures** to anchorspecialist@pilothq.org. We may feature your club in our newsletter or on Facebook and social media!
- Add this activity to your Anchor Club's Annual Service Log (this document available online at AnchorClubIntl.org/resources).
- Tag your social media posts and pictures with Anchor Club hashtags: **#BeMore** and **#AnchorClothingDrive**



Anchor Club Intl.org
An International Youth Service Organization

“Anchor Homeless Care Packs”

An Anchor Club International Service Activity

Homelessness is a major issue, in America and around the world. 100 million people are homeless throughout the world, the majority of them are women and dependent children. Though we can't fix all of the problem, Anchors and other community members can help make a positive change in their communities. These care packs are a small, yet meaningful, place to start!

Step 1: Know your cause.

- On any given night, there are over 600,000 homeless people in the U.S. One quarter of these homeless are children.
- Every year in the United States, over 1.7 million teens experience homelessness.
- While Anchors can't eradicate homelessness overnight, these care packs will be greatly appreciated by needy individuals in communities around the world!
- How can you help in your community? Where? When? How many? Think about specific goals your Anchor Club would like to reach.

Step 2: Set it up!

- **Supplies:** One-gallon Ziploc bags, warm socks, sealed snacks (think nuts, crackers, trail mix, granola bars, etc.), water bottles, hygiene items (anti-bacterial lotion, hotel soaps/shampoos, toothbrush, toothpaste, combs, deodorant, etc.).
- **Research** the needs of your local community. Think about how your club would like to distribute these care packs. Is there a local homeless shelter or similar organization that would accept these care packs as a donation? Ask your Advisor, a Pilot member or another trusted adult for advice!
- **Collect your items.** Designate a place where Anchor members can collect items for the care packs. Consider setting up a school donation bin so other students can contribute items.
- **Plan a packing party!** After you've collected enough items, schedule a time, date and location to meet up and build your care packs.
- **Share in the Fun!** If possible, invite your community's local Pilot Club members to help with the donations and packing. Remember, Pilot members are friendly community service leaders in your community!
- **Be Creative!** Consider adding a friendly, compassionate message from your club.

Step 3: Get out there!

- **Donate** your homeless care packs in bulk to a local homeless shelter or similar organization that directly assists the homeless in your area.
- Because many homeless individuals are homeless women, consider adding female hygiene products to some, or all, of your care packs.
- Remember! Pics or it didn't happen! **Email your pictures** to anchorspecialist@pilothonline.org. We may feature your club in our newsletter or on Facebook and social media!
- Add this activity to your Anchor Club's Annual Service Log (this document available online at AnchorClubIntl.org/resources).
- Tag your social media posts and pictures with Anchor Club hashtags: **#BeMore** and **#AnchorCarePacks**

Do
Something
That
Matters.

#BeMore

Learn more @AnchorClubIntl.org