

# GAIT - CRAFT BEER BAR & KITCHEN

## Small Bowls/Plates

Soup of the day 4.25 (v, gf)

“The Gait’s” seafood chowder 5.25

Pheasant terrine, cranberry & onion confit with toasted rustic bread 5.25

Orkney cheddar mini mac 'n' cheese 4.95 (v) - with pulled pork 5.95

Pigs in blankets, wholegrain mustard sauce & rustic bread 5.25

Wild mushroom risotto with rocket and toasted pine nuts 4.95 (v, gf)

Mini fish and chips 5.95

## Sharing Platters

Gait Starter Selection Offer (Mon – Thu) – choose 3 small bowls/plates to share for 14.00

Scottish Cheeseboard – selection of Scottish cheeses, oatcakes & accompaniments 12.95

Baby back ribs & braised chicken wings covered in the Gaits own BEER-BQ sauce 15.95 (gf)

## Mains

Chef's homemade pie of the day, new potatoes and seasonal vegetables 11.95

Traditional beer battered Haddock, handcut chips and garden peas 12.95

Mature Orkney Cheddar mac 'n' cheese, garlic herb bread 9.95 (v) - with pulled pork 10.95

Beer braised mutton, root vegetables, rosemary mash and parsnip crisps 13.95

Tower of haggis, neeps & tatties with a whisky cream sauce (veggie haggis also available) 9.95

Puy lentil and spinach lasagne, garlic bread and mixed leaf salad 10.95 (v)

Prime Scottish sirloin steak, handcut chips, baked tomato & a green peppercorn sauce 17.95

Baked fillet of Scottish Salmon with a potato, caper and tomato stew 12.95 (gf)

## Salads

Scottish hot smoked salmon, cherry toms & spring onion with lemon & chilli dressing 9.95 (gf)

Smoked duck, goats cheese & walnut salad with Dijon dressing 10.95 (gf)

Food Allergies & Intolerances: Before ordering please ask our staff if you want to know about our ingredients

## Homemade Burgers

All served in a toasted brioche bun with chef's own coleslaw and hand cut chips

Scottish beef 8.95

Highland Venison 8.95

Crispy chicken fillet 8.95

Halloumi, red pepper and mushroom 8.95 (v, gf without bun))

## Toppings additional 1.00 each

Mature Scottish cheddar, smoked back bacon, jalapenos, grilled goats cheese, Scottish blue cheese & pulled pork.

## Beer and Burger available Mon – Thu 10.00

Any burger above & pint of Tennents, Born in the Borders ale or Thistly Cross cider or Draught soft.

## Special Craft Beer & Food Pairing

4 Courses, 4 Beers (1/3 Pints) 18.00 - see blackboard for details



## Sides

Hand cut chips 2.95 (v, gf)

Sweet potato fries 3.95 (v, gf)

Mixed leaf salad, balsamic dressing 3.45 (v, gf)

Seasonal vegetables 2.45 (v, gf)

Toasted garlic and herb bread 2.95

## Desserts

"all served with" Orkney vanilla ice cream, all £4.95 each

Sticky toffee pudding, butterscotch sauce (v)

White chocolate and Baileys Irish Cream cheesecake (v)

Sundae at the Gait – Orkney vanilla ice cream, chocolate ganache, crushed hazelnuts, crumbled tablet and shortbread biscuits. (v, gf without biscuits)

## White Wines

Still Bay Sauvignon Blanc, South Africa

£4.20/175ml, £12.00/500ml Carafe, £17.00/Bottle 12.5% (2)

Alvier Chardonnay, Chile

£4.20/175ml, £12.00/500ml Carafe, £17.00/Bottle 13.0% (2)

Willowood White (Rosé) Zinfandel, California

£4.20/175ml, £12.00/500ml Carafe, £17.00/Bottle 10.0% (4)

De Waal Young Vines Chenin Blanc, South Africa

£22.00/Bottle 13.0% (2)

Lawson Sauvignon Blanc,

£6.30/175ml, £18.00/500ml Carafe, £26.00/Bottle 12.5% (2)

Villa Molino Pinot Grigio, Italy

£5.20/175ml, £14.80/500ml Carafe, £21.00/Bottle 12.0% (1)

Prosecco Spumante DOC, Italy

£25.00/ Bottle 11.0% (1)

Tiamo Prosecco, Italy

£7.00/ 187ml Bottle 11.0% (1)

## Red Wines

Still Bay House Merlot, South Africa

£4.20/175ml, £12.00/500ml Carafe, £17.00/Bottle 14.0% (B)

Alvier Cabernet Sauvignon, Chile

£17.00/Bottle 14.0% (D)

Valdemoro Carmenere, Chile

£18.00/Bottle 13.5% (D)

El Nino Rioja, Spain

£5.70/175ml, £16.30/500ml Carafe, £23.00/Bottle 13.5% (C)

Goyenchea Malbec, Argentina

£4.70/175ml, £13.40/500ml Carafe, £19.00/Bottle 13.0% (C)

Katherine Hills Shiraz, Australia

£5.00/175ml, £14.20/500ml Carafe, £20.00/Bottle 13.0% (C)

RED WINES (A)= Lightest (E)= Most Full-Bodied

WHITE WINES (1)= Driest (9)= Sweetest

## GAIT CRAFT BEER BAR AND KITCHEN

Scottish Draught – 6 Cask Conditioned Real Ales & 5 Craft Keg Beers

We have 6 traditional real ale taps serving a constantly changing range of Scottish real ales from our best craft brewers plus a further 3 regular and 2 guest craft keg beers. Please see bar and your server for current choice and recommendations.

**Drygate Brewing Co. 330ml cans/ £4.50 each.**

**Crossing the Rubicon 6.9%** -Pale golden Weegie-West Coast IPA. Tropical fruit, citrus & honey combine with a cutting bitter finish.

**Orinoco Breakfast Stout 6.0%** -Roasty toasty malt, hints of vanilla with huge coffee & chocolate aromas.

**Disco Forklift Truck 5.0%** -Mango Fandango! Juicy pale ale loaded to the gunnels with US hops & mango. Sweet malt with soft bitter undertones.

**Chimera 5.9%** - Chimera, the many headed beast! Light, crisp and deceptively bitter with flowering fruit aromas.

**Broughton Ales Hopopotamus 3.8%** - This insanely dry hopped pale ale will blow your palate away with its extreme fruity & zesty hop flavoured end bitter punch. Golden, tropical fruits & grapefruit might be a couple of flavours you taste. £3.70

### Scottish Craft Bottled Beers (330ml)

**Innes & Gunn Original 6.6%** -Notes of biscuit malt & vanilla swirling within a creamy mellow character. Incredibly smooth with a delicious toffee character & light hop fruitiness. £4.20

**Innes & Gunn Original Rum Finish 6.8%** - Matured over oak heartwood infused with specially selected rums. Surprisingly light with soft fruits & rich malt with aromatic spiciness from the rum. £4.40

**St Mungo Lager 4.9%** - Named after the patron saint of Glasgow, St Mungo is a traditional Bavarian Helles lager. Its natural carbonation & firm crisp taste perfectly counters its malty body. £3.60

**Paolozzi Lager 5.2%** - This Munich helles style lager has a perfect bitter sweet balance & a fabulous sparkling appearance. £4.60

**Tennents He Haw 0.05%** - Alcohol free lager putting a tongue in cheek twist on the Scots vernacular for nothing! High-quality lager packed full of taste & not packed with alcohol. £2.70

**Windswept Brewing Blonde 4.0%** - Light refreshing session pale ale with citrus notes & crisp bitter finish. £4.40.

**Windswept Brewing Marooned 5.2%** -Fruity twist on hefeweizen brewed with blackcurrants £4.40.

**Windswept Brewing Weizen 5.2%** - A cloudy effervescent hefeweizen with bananas & caramel. £4.40

## Scottish Craft Bottled Beers (500ml)

### Williams Bros. Brewing Co.

**Joker IPA 5.0%** – Created from a complex layer of malts and blended hops, this well-balanced IPA is fruity on the nose with a hint of cedar and a bitter/sweet taste. £4.40

**Fraoch 5.0%** - Heather ale or “Leann Fraoch” was the original craft beer & has been brewed in Scotland since 2000 B.C. Light amber, floral peaty aroma, with a full malt character & spicy herbal finish. £4.40

**March of the Penguins 4.9%** - This creamy dark stout has a smooth mouthfeel with rich malty start, fresh hoppy middle & delicious lingering sweet orange after taste. £4.40

### Born in the Borders Brewery

**Game Bird 4.0%** - Enjoy a taste of the countryside with this stunning amber ale offering a moreish balance of malty sweetness & late summer fruit flavours. £4.40

**Foxy Blonde 3.8%** - Brewery grown barley & a complex mixture of hops creates a invigorating ale bursting with citrus & floral flavours. £4.40

**Heavy Nettle 4.2%** - Enjoy nature to the full of this earthy tasting beer. Flavoured with nettles, it's got a wee sting in the tail. £4.40

**Rebel Yell 3.5%** - A delicious table beer with a rebellious streak, full of malt flavours & fruity aromas that combine perfectly with a creamy texture & a long dry finish. £4.40

### Stewart Brewing

**Edinburgh Gold 4.8%** - A captivating gold bier boasting an attractive continental hop aroma with moderate bitterness and a pleasing smooth finish. £5.00

### Windswept Brewing Co.

**Wolf 6.0%** - A dark and powerful strong Scottish ale named after the Wolf of Badendoch, infamous for burning down Elgin cathedral in 1390. £5.30

### Broughton Ales

**Old Jock Ale 6.7%** - A captivating gold bier boasting an attractive continental hop aroma with a moderate bitterness and a pleasing smooth finish. £5.30

**Proper IPA 5.0%** - Crafted s a dedication to those that enjoy Proper IPA with treacle malt, high alpha hop flavour & a light bitter after taste. £5.30

### Swannay Brewery

**Duke IPA 5.2%** - Named after HMS Iron Duke which served as the flagship of the Grand Fleet based in Scapa Flow, made with 6 different hops giving it an assertive bitterness. £5.20

**Sneaky Wee Orkney Stout 4.2%** - Dry hopped brown stout with creamy tan head. Smooth roasted malts, chocolate & liquorice make this a perfect sneaky wee session stout. £5.10