Make your writing time a *ritual*, time carved out just for you to finally get your story started. Create a practice that feels so good it will feel like a gift every time you sit to write.

### What time of day do you feel most creative?

- [ ] Morning, I need to get to it before anything else vies for my attention.
- [ ] Evening, I feel energized after my to do list is complete.
- [ ] Another time. (Lunch hour? 3:30pm?) Write it down: ____________________________

### What location will serve your writing best?

- [ ] Home. I'm most comfortable there and will set up in my: ____________________________
- [ ] Out. I need to get away from distraction and will go to: ____________________________

### What are you using to write?

- [ ] Pen and paper. Obviously.
- [ ] Laptop is the only way for me.

### Gather your tools. Which of these do you want to include?

- [ ] Coffee
- [ ] Favorite pen(s)
- [ ] Snacks
- [ ] Candles
- [ ] Notebook
- [ ] Music
- [ ] Other must haves: ____________________________________________________________

### What else needs to be planned to make this happen?

Do you need to wake up 15 minutes early or head to the home office instead of the couch after the kids go to bed? Do you need to have a conversation with your partner? Write it below.

______________________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

### I'm committing to my Writing Time Ritual:

On this day of the week: __________________________________________________________

At this time of day: ________________________________________________________________

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