

Washington Hospital Healthcare System

Currents

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Yvonne Dobbenga-Rhodes Elected to Board of National Nursing Association

The National Association of Clinical Nurse Specialists (NACNS) has announced that Yvonne Dobbenga-Rhodes, MS, RNC-OB, CNS, CNS-BC, CPN, Maternal-Child Health Clinical Nurse Specialist, has



Maternal Child Health Clinical Nurse Specialist
Yvonne Dobbenga-Rhodes

been elected to serve on the 2016-2017 NACNS Board of Directors. Yvonne has been a member of NACNS since 2008. Prior to joining the Board, she served on the NACNS Nominating Committee from 2010 to 2013.

Yvonne is also a member of the California Association of Clinical Nurse

Specialists, the American College of Obstetricians and Gynecologists, the Association of Operating Room Nurses, the Association of Women's Health, Obstetric and Neonatal Nurses, the National Association of Neonatal Nurses, the Society

of Pediatric Nurses, and Sigma Theta Tau International, the Honor Society of Nursing. She earned a Master of Science degree in Women's Health Care from the University of Rochester School of Nursing in Rochester, New York, and her BSN from Calvin College in Grand Rapids, Michigan.

Paperless Checks

Washington Hospital employees can go paperless and receive pay statements electronically via ADP Self-Serve. The process is easy and convenient, as employees can make the change by going to their personal ADP account.

As of March 26, only 23 percent of Hospital employees were signed up for e-statements, but we know that number can be much larger. Paperless pay statements is not only an environmentally friendly option, but it is also convenient to have pay statements filed in a secure location. Plus, e-statements are made available

to employees before the normal paper distribution.

To transition to electronic pay statements, employees need to log into ADP and go to the "Pay & Taxes" tab where the "Pay Statements" link is located. Once you are in the "Pay Statements" page, follow the simple instructions to confirm your switch to paperless. It typically takes one to two payroll cycles to complete the conversion from paper to paperless pay statements.

For questions about electronic pay statements, contact Payroll at ext. 6455.

CAPSULES

WHEA Don Pickinpaugh Memorial Scholarship

Applications for the WHEA Don Pickinpaugh Memorial Scholarship are available in the Community Health Resource Library or on the WHEA SharePoint site at <http://mywhhs/whea>. Applications are due by April 22, 2016. For more information, contact Tiffany Ross at ext. 5810.

Spring Drawing

The WHEA Dues Drive and Spring Drawing will start April 14 and continue through April 28. Raffle ticket packets will be distributed to department representatives at the next WHEA representatives meeting. For more information, contact Kristin Pulaski at ext. 7274.

WHEA Rep Meeting

Meetings for WHEA representatives are held the second Wednesday of every month. The next meeting is scheduled for Wednesday, April 13, at 1:30 p.m. in the Anderson B auditorium. The meeting will not last more than one hour. We will have a raffle for those in attendance as well as refreshments. If you are a WHEA representative and can't make the meeting, you are encouraged to send someone in your place.

Coming Soon

Great America Tickets will go on sale in April. Tickets will be \$33 for dues-paying members and \$38 for non-dues-paying members. Watch for emails and fliers with more details on where you can purchase tickets.



Bike to Work Day

Join a national movement that is good for your body and for planet earth. National Bike to Work Day is happening on Thursday, May 12, so save the date and dust off your bicycle. Stay tuned for more details about Washington Hospital's Bike to Work Day energizer station for bicycle commuters.

Washington Hospital Earns ACR Accreditation

Washington Hospital has been awarded a three-year term of accreditation in radiation oncology as the result of a recent review by the American College of Radiology (ACR). The ACR is the nation's oldest and most widely accepted radiation oncology accrediting body, with over 600 accredited sites, and 27 years of accreditation experience. The ACR seal of accreditation represents the highest level of quality and patient safety. It is awarded only to facilities like ours, which are meeting specific Practice Guidelines and Technical Standards developed by ACR.



Let's GO GREEN Together!



Washington Hospital and the City of Fremont invite you to celebrate Earth Day at this annual event that will feature eco-friendly experts. Join the Washington Hospital Green Team and hundreds of local residents to learn new ways to go green.

Saturday, April 23, 2016
11 a.m. - 3 p.m.
Conrad E. Anderson, MD, Auditorium
in Washington West
2500 Mowry Ave., Fremont

Free residential drop-off of the following personal items will be available:

- Syringes and needles (in approved containers)
- Confidential document shredding
- Unused medication
- Donate your used eyeglasses

Other freebies available include:

- Free bike tune-ups
- Free bicycle valet parking
- Free torchiere lamp exchange (PG&E bill necessary to qualify, limit of two lamps per household)
- Free mercury thermometer exchange

Other items that you can learn about include: recycling and waste reduction, saving energy at home, eco-friendly gardening and composting, local sustainability programs, healthy eating and healthy produce. Children will have access to a free bike rodeo to learn about bike safety, earth friendly art, eco-tainment, face painting and other free games and activities.

This annual community event is a family-friendly Earth Day event for anyone interested in learning new ways to go green. For more information about the event, go to whhs.com/green.

Woolly Warmth Donations for Babies

Washington Hospital's Labor and Delivery Department has received another generous donation of crocheted baby clothes, courtesy of Woolly Warmth, an organization created by a high school student.

As a freshman in high school, Mythri started Woolly Warmth after learning the art of crocheting from her grandmother. Mythri created these baby gifts to give families the option of making them family heirlooms, all while providing warm clothes for newborns.



Woolly Warmth founder, Mythri, presents crocheted baby clothes and blankets to Carmen Williams, RN, director of Maternal Child Health.

Currently, 40 loving and kind ladies volunteer for Woolly Warmth. Woolly Warmth has contributed crocheted baby clothes to several local hospitals, including Washington Hospital. This recent donation to Washington Hospital's Labor and Delivery Department included 50 hats, 10 sweaters and three blankets. This recent donation is Woolly Warmth's second donation to Washington Hospital.

We thank Mythri and Woolly Warmth for the generous donations to the tiniest Washington Hospital patients!



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