

8 Dreams

You've got to get clear on where you're going and what YOU want. This is YOUR life; you are in CONTROL and you ALWAYS have a choice.

Step 1: Write down 50 statements for your life. This is not easy. This requires you to think bigger than you've ever thought before. Things that you want, your biggest dreams, goals, visions. The things that are written on your heart.

They can be anything and these are dreams for you. This is your life and no one else's.

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#MakeYourBedChallenge

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Step 2: Go through and choose your top 8. The 8 that mean the most to you.

Step 3: Rewrite those 8 at the bottom BUT write them as if you have ALREADY achieved them.

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6. _____
7. _____
8. _____

First dream I've achieved: