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Important Dates

Sept. 12 (7:45 pm): Fit 2
Fight Round 3 Begins

Sept. 16 (9 am): Black
Belt Pre Test

Sept. 30 (10 am): Color
Belt Test

Oct. 6 (6 pm): Black Belt
Test

Instructors Needed

Grand Master Ameris will be out of town the following dates: **Aug. 15, Aug. 21, Aug. 22, Aug. 23, and Aug. 24** - instructors and assistant instructors will be needed for all classes. Please see Mrs. Ameris for details and sign ups.

Thank You

On behalf of my entire family I would like to extend our most sincere thanks for all of the kind thoughts, gifts, and well wishes for the recent passing of my mother.

We have long considered our Do-Jang to be our extended family, and our students have reinforced that over the last few months as they have pitched in to help teach, clean, and everything in between while my mother was battling dementia.

From the bottom of my heart thank you - you are truly the best.

Grand Master Ameris

Other News & Notes:

Back to School Special! Pick up a 40th Anniversary T-Shirt and NEW insulated TKD-Ameris lunch bag for \$18! This is a regular retail value of \$32 - see Mrs. Ameris for availability.

Fit 2 Fight Round 3 begins Tuesday, **September 12** at 7:45 pm. Be sure to register soon (**Fit2Fight.com**) as space is limited and each session has successfully sold out.

Back To School Special!