

# Ballet 5:8 School of the Arts

## DANCE WHERE STUDENTS THRIVE



**Main Studios:** 20517 S. LaGrange Road, Frankfort, IL  
**Valpo Satellite:** 105 Washington St., Valparaiso, IN

**Office:** (708) 329.8773 - **Web:** [School.ballet58.org](http://School.ballet58.org)

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## 2017-2018 Class Schedule

### Valparaiso Satellite Campus

The Valparaiso Campus is a satellite campus of Ballet 5:8 School of the Arts located in Valparaiso, Indiana. Ballet 5:8 School of the Arts is a nonprofit, multifaceted dance education center. Our goal is make high-quality dance training accessible to students of all ages and levels of ability in a uniquely nurturing environment where students thrive.

Our classes for children, youth and adults facilitate age-appropriate development of skills like rhythm, coordination, musicality, spatial concepts, steps and positions, physical fitness, and dance class etiquette in a positive environment. Whether dancers attend classes for a year or many, skills learned through dance can last for a lifetime!

### What to Expect

- Small class sizes that allow instructors to maintain an orderly classroom and give each student ample individual attention.
- Experienced, qualified instructors who are enjoy working with children.
- Consistent, constructive class content based on our comprehensive curriculum.
- Appropriate and positive class music.
- High-value for your tuition dollars: 18 full weeks of instruction each semester and no “fluff” off weeks.
- A positive, nurturing environment based in the overarching joy that comes from our basis in faith.

### Primary Classes

These fun-filled classes teach students foundational dance concepts and basic ballet through purposeful games and activities.

#### **CREATIVE MOVEMENT - Ages 2-3 by Sept.**

Tuesday, 4:15-4:45pm (MK)

*This is a “Mommy/Daddy and Me” class requires accompaniment and participation by a parent or caretaker.*

#### **PRE-BALLET - Ages 3-4 by Sept.**

Tuesday, 4:00-4:45pm (AG)

#### **ELEMENTARY BALLET - Ages 5-6 by Sept.**

Tuesday, 5:15-6:00pm (MK)

### Just for Boys

Today’s popular stereotypes often limit our perception of ballet to something that consists only of pink tutus and pointe shoes. While ballet does require girls to be graceful and feminine, ballet also requires dedicated male dancers who exemplify strength, power and leadership in their dancing!

Our high-energy Boys’ Dance class is designed specifically for boys and for boys only. The class includes elements from a range of dance styles - and no ballet tights are required. This class can be used as a springboard for future training in dance, or as a way to gain strength and flexibility for sports like football, basketball and more.

#### **BOYS DANCE - AGES 6+**

Tuesday, 5:15-6:00pm (AG)

### Ballet Classes

#### **BALLET IA - Age 7-8 by Sept.**

Tuesday, 6:00-7:00pm (MK)

*This class introduces students to our Vaganova-style ballet training syllabus and is a MUST for all beginning level dancers!*

#### **BALLET IB/INTERMEDIATE BALLET**

Tuesday, 6:00-7:00pm (AG)

*Intermediate Ballet is ideal for students with at least 2-3 years of prior experience in ballet. This class delves into ballet vocabulary and concepts at an intermediate level. Placement by instructor recommendation only.*

### Tap Classes

Tap is fantastic for exploring concepts like rhythm, dynamic, pattern, balance and more in a high-energy environment where noise provides immediate, tangible feedback. Short, 30-minute classes are easy to add on to ballet.

#### **CHILDREN’S TAP I.**

Tuesday, 4:45-5:15pm (MK)

*Add to Pre-Ballet or Elementary Ballet*

#### **CHILDREN’S TAP II**

Tuesday, 7:00-7:30pm (MK)

*Add to Ballet IA or IB*

### **FIRST CLASS FREE**

New students are always welcome to attend their first class free, with no charge and no registration obligation! Just call or email the office to set up your appointment.

## Adult Classes

*"I love that I can take ballet seriously in terms of learning and improving but there is not the same pressures or expectations I felt dancing when I was younger. I enjoy the exercise, but I mostly just love ballet and want to have a comfortable environment to dance! The teachers are also wonderful and I love hanging out with my ballet friends!"*

— Samantha Bush

With a casual dress code and moderate pace, classes are great for adults who danced years ago or who are starting for the first time. Dancing can be a fun, enjoyable form of exercise and is a great way to burn a few extra calories and develop muscle tone. *No prior experience required.*

### BARRE WORKOUT

Tuesday, 7:00-8:00pm (AG)

*Similar to the many ballet-themed workout programs popular today, Ballet 5:8's Barre Workout is a fun, challenging class that combines elements from Pilates, Yoga and ballet for a great overall workout! You will burn calories, tone muscles, work on balance, and get a great stretch. Moreover, this is a low-impact class, allowing you will get a great workout without the risk of injury due to jumping. No prior experience necessary. Dress code is workout attire - indoor gym shoes (clean soles) and a workout mat are also recommended.*

## Instructors\*

Ms. Abigail Gray (AG)  
**Children's Division Director**

Ms. Morgan Kelly (MK)  
**Youth Division Director**

## Registration

The best time to register is at the beginning of a semester! New students who apply later in a semester are accepted as space permits. Registration is \$35/student or \$45/family.

## 2017-2018 Tuition Rates\*

Tuition is charged based on our 18-week semester enrollment periods. Semester tuition can be paid in full at the beginning of the semester or in installments using our popular payment plans.

## Discounts

- Families with multiple children enrolled get 15% off tuition for the second and subsequent students.
- Tuition is discounted by %15 for individual students who enroll in multiple classes.
- Boys are eligible for a 50% tuition scholarship.
- Discounts are limited to one per student.

Class	(4)-Payment Breakdown	Full 18-Week Semester
<i>Creative Movement, Children's Tap</i>	\$37.50	\$150
<i>Pre-Ballet, Elementary Ballet, Boys Dance</i>	\$56.25	\$225
<i>Ballet 1A &amp; 1B</i>	\$70	\$280
<i>Barre Workout</i>	\$65	\$260
<i>Barre Workout Individual Class</i>		\$15

## 2017-2018 School Calendar\*

### Fall Semester (18 Class Weeks):

Thu. August 24, 2017 - Sat. January 13, 2018

#### Fall Semester Open House

Mon. August 28 - Sat. September 2, 2017

*New students can attend their first class(es) free with no registration obligation.*

#### Fall Semester Break Days

- Mon. September 4, 2017 (Labor Day)
- Thu. November 23 - Sat. November 25, 2017 (Thanksgiving)
- Mon. December 18, 2017 - Sat. January 6, 2018 (Christmas Break)

### Spring Semester (18 Class Weeks):

Mon. January 15 - Sat. June 2, 2018

#### Spring Semester Open House

Mon. January 9 - Sat. January 14, 2017

*New students can attend their first class(es) free with no registration obligation.*

#### Spring Semester Break Days

- Mon. March 26 - Sat. March 31, 20178 (Spring Break)
- Mon. May 28, 2018 (Memorial Day)

#### Observation Week (All Classes)

Mon. March 19 - Sat. March 24, 2018

*Parents are invited to observe regular classes.*

#### Ballet Classes Evaluations and Exams

Mon. May 14 - Sat. May 19, 2018

#### Last Day of Class

Sat., June 2, 2018

*\*All information in this document is presented as accurately as possible, but available classes, instructors, tuition rates and school calendar dates are subject to change. Please contact the office for the most up-to-date information.*