



Keiro 

CAREGIVER CONFERENCE

Saturday, May 12, 2018
Orange County Buddhist Church

THE CAREGIVER CONFERENCE is an important component in Keiro's services to support older adults and their caregivers. As we care for the older adults in our lives, Keiro believes it is crucial to ensure that caregivers are not only recognized, but properly equipped to confidently provide the quality of care our older adults deserve.

Co-Presented by:



For more information and resources:

keiro.org

Stay connected with Keiro:



Keiro is a mission-driven organization engaged in improving the quality of life for older adults and their caregivers in the Japanese American and Japanese community of Los Angeles, Orange and Ventura counties. Keiro delivers a wide range of resources to address the challenges and barriers that aging presents. Keiro also partners with companies and organizations that can expand its services and ability to reach older adults and caregivers, and participates in research and innovative work where Keiro can contribute to advancing progress in resolving the challenges of aging.

WHEN:

SATURDAY, MAY 12, 2018

WHERE:

ORANGE COUNTY BUDDHIST CHURCH

909 S. Dale Ave., Anaheim, CA 92804

SCHEDULE:

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|------------|---|
| 9:30 a.m. | Registration |
| 10:00 a.m. | Keynote Speaker & Breakout Session 1 |
| 12:00 Noon | Hosted Bento Lunch & Resource Fair |
| 1:20 p.m. | Breakout Session 2 |
| 2:00 p.m. | Ask the Expert Consultations
(BY APPOINTMENT ONLY) |

KEYNOTE PRESENTATION:

Iyashi Care: A Keiro-Providence Palliative Care Program

Keiro and Providence Health & Services, Southern California have partnered to bring Iyashi Care, the very first palliative care program of its kind in the United States, to the Japanese American and Japanese community. Providing care not only for patients, but also for their families and caregivers, Iyashi Care is culturally sensitive and innovative as a medical service to the community.

SPEAKER: Yuichi Edwin Yanami, MD

Associate Medical Director,
Providence Health & Services, Southern California

Breakout Sessions

With two breakout session times and five options, you can choose up to two sessions to attend at this Caregiver Conference. Keiro and Orange County Buddhist Church are proud to present these informative workshops that can help you to more effectively provide care for the ones you love.

A Navigating the Legal Challenges of Aging
Learn how wills, trusts, advance health care directives and other documents can help you plan for the future and protect your loved ones.
SPEAKER: Jill Kaori Hiraizumi-Artino, Esq. & Peilin Ngo, Esq.
Attorneys-at-Law, Hiraizumi & Ngo, LLP

B Managing Caregiver Stress
Caregiving can cause physical and mental stress. Learn how to recognize the signs of stress and how to manage them, so that you can continue to care for your loved one.
SPEAKER: Nancy Clifton-Hawkins, MPH, MCHES
Chairperson, Mindfulness Center at OCBC

C Red Flags that an Older Adult Needs Help
Being a caregiver means advocating for your loved one. Know what kind of care your loved one needs by learning red flag symptoms and behaviors.
SPEAKER: Independence at Home, a SCAN Community Service

D Hiring In-Home Care
Caregiving is a difficult job, and our loved ones deserve the best care possible. Learn when to consider hiring in-home care for your loved one and how to hire one if you decide to do so.
SPEAKER: Kevin Onishi
Program and Innovation Manager, Keiro

E Communication Challenges and Difficult Behavior in Alzheimer Patients
Learn why persons with Alzheimer's disease behave in the way they do so you can communicate and manage behavioral challenges effectively.
SPEAKER: Stephanie Brynjolfson
Member Speaker's Bureau, Alzheimer's Association

Please cut off and return.



REGISTRATION FORM:

Space is limited and reservations are required. Please register by one of the following methods:

Register online at
keiro.org/caregiver-conference/

Email bikemura@keiro.org with the subject "Conference Registration" and include your name, phone number, mailing address, breakout session choices (first and second), and indicate if you would like a consultation from an attorney, pharmacist, or social worker.

Call 213.873.5708

Mail this form to:

Keiro
Attn: Caregiver Conference
420 E. 3rd Street, Suite 1000
Los Angeles, CA 90013

I would like a free consultation with a(n):

Attorney Pharmacist Social Worker

Keiro staff will contact you to confirm an appointment. Appointments are **limited!**

Breakout Sessions (choose one for each session):

Breakout Session 1 A B C D E

Breakout Session 2 A B C D E

Mr. Ms. Mrs. Name: _____

Address: _____

E-mail Address: _____

Phone: _____

Please note that the event will be filmed and/or photographed. By registering, you agree that we may use your likeness to promote Keiro and its events and services.