

Week 5 Handout: **RELEASING GOD'S POWER in Prayer**

## How to develop Emotional Courage in Prayer:

### I and II Thessalonians

**emotion:** a natural, instinctive state of mind deriving from one's circumstances, mood, or relationships with others

**courage:** fearlessness, firmness of mind, bravery



*I Thessalonians 2: 2-4, 19-20* God gave us the courage to declare his Good News to you boldly, in spite of great opposition... **Our purpose is to please God, not people. He alone examines the motives of our hearts.** After all, what gives us hope and joy, and what will be our proud reward and crown as we stand before our Lord Jesus when he returns? It is you! **Yes, you are our pride and joy.** \_\_\_\_\_

*I Thessalonians 4:1-3*, "**Live in a way that pleases God, as we have taught you.** You live this way already, and we encourage you to do so even more. For you remember what we taught you by the authority of the Lord Jesus. **God's will is for you to be holy**, so stay away from all sexual sin." \_\_\_\_\_

*I Thessalonians 5:14-15*, "...**live peacefully with each other.** Brothers and sisters, we urge you to warn those who are lazy. Encourage those who are timid. Take tender care of those who are weak. Be patient with everyone. See that no one pays back evil for evil, but always try to do good to each other and to all people.

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*I Thessalonians 5: 16-18*, "Always be joyful. **Never stop praying.** Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus. **Do not stifle the Holy Spirit.**" \_\_\_\_\_

*II Thessalonians 2: 11-12*, "**Ask God to...enable you to live a life worthy of his call. May he give you the power to accomplish all the good things your faith prompts you to do. Then the name of our Lord Jesus will be honored because of the way you live**, and you will be honored along with him." \_\_\_\_\_

## Next Week 10/19: Panel on "How to Gain Security that you will be heard"

### QUESTIONS:

1. What has surprised you *most* about reading through the New Testament with a lens of prayer? Which verse meant the most to you today and why?
2. Where do you need *more* emotional courage—parenting, marriage, personal disciplines, holiness, etc.?
3. Share how/if you achieved your goal for daily Bible reading last week and how you plan to be successful this week. (To get the most out of each lesson, please read daily New Testament selections by either viewing "today's date" online at [ViewpointChurch.org/oneyearbible](http://ViewpointChurch.org/oneyearbible) or reading along in the Change Your Life Daily Bible)

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