

**Erica Upshaw-Givner,
LCSW**

Lead Clinician/Owner

My attitude is to meet my clients where they are; whether mentally and/or emotionally. I am proud of what I do; it is indeed my purpose.



Mikea Wall, LSW



My approach is to provide client centered services in a safe environment and cater to the holistic needs of an individual.

Kiva A. Fisher-Green, LSW

I believe that all people have a right to quality, culturally competent behavioral health services which empower them to live their best lives.



Toya Jones, MSW, LCSW

I have extensive education and experience serving the community and families indirectly and directly affected by crime and violence. Providing individual, family and group therapy.



There is no greater agony than bearing an untold story inside you ~ Maya Angelou



Feelings aren't FACT.

Nothing CHANGES; if nothing CHANGES.

Faith is taken the first step even when you can't see the whole staircase ~Martin Luther King Jr.



**Vision
Towards
Peace** COUNSELING
SERVICES

Counseling Service through
Life's Journey

Erica Upshaw-Givner, LCSW

Mikea Wall, LSW

Kiva Fisher-Green, LSW

Toya Jones, MSW, LCSW

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Mission:

To provide generational wellness one person at a time.

Vision:

To live in a community where people can take care of themselves, their children, their families, and have a productive meaningful life with peace of mind, independence, and strength



Specialties

Drug/Alcohol Addiction

Trauma

Anger Management

Spirituality

Stress Management

Women's Issues

Crisis Intervention

Child/Adolescent Issues

Depression

Anxiety/Fears

Grief Counseling

Relationship Issues

Self-Esteem

Couples Therapy

Family Counseling

Dual Diagnoses

Outpatient Mental Health Assessment(s)

ADHD

Accessibility by Port Authority

61A

71C & 71D

86 Liberty

P1, P71 & P7

Payments

Insurance

Medicare

Sliding Scale

Fee for Service

Credit Cards

Cash

Therapy Hours Available

Monday—Friday

9AM—7PM

Saturday

9AM—3PM

Phones are Answered

Monday-Friday

9AM—5PM