Earth Guardians is growing a resilient movement to turn the tides on the environmental and climate crises with youth at the forefront, by empowering them as leaders and amplifying their impact.

WELCOME!

Welcome to Earth Guardians! We are glad you are here joining our youth-led intergenerational tribe of leaders, artists, and musicians from across the globe who envision a world where all people relate to the environment with honor and care for our life giving systems. We are dedicated to finding ways to collaborate and support each other towards building a global movement to protect the Earth for generations to come.

There are many sustainable ways to get involved, and this welcome packet will walk you through the steps and tips for being a part of the environmental movement through our programs, beginning with 50 Simple Things you can do to upgrade and reduce your impact. As you are ready for more, we are here to show you how to build the world we know is possible.
How YOU can get Involved today

As Earth Guardians continue to grow globally, we support young people confidently stepping up to lead projects, campaigns, and collective actions in meaningful and sustainable ways. It is our commitment to weave a web of support and community, connecting young people with each other, mentors and opportunities to take action.

Where you are, and where you’re headed

LEVELS OF PARTICIPATION

SLACKTIVISTS are people searching for ways to take action on environmental issues and don’t know where to start? Are you a Slacktivist? If so... Start by lowering your personal carbon footprint and upgrading your eco habits by committing to 5-10 Simple Things from our list of 50 Simple Things that you can do today, tomorrow, and every day. Continue to add 1-3 of the 50 Simple Things monthly.

And when you are ready for more, become an ....... ACTIVIST

ACTIVISTS are taking actions, incorporating 10 or more of the 50 Simple Things into their daily lives and inviting others friends and family do the same. Additionally, Activists are organizing a yearly Protect Our Future campaign every season to protect our Earth, our Air, our Water, and our Climate.

And when you still want more, become a ....... KICKACTIVIST

KICKACTIVISTS have rockstar eco habits and role model 15+ of the 50 Simple things, organize a Protect Our Future seasonal campaign and officially launch your own Earth Guardian CREW.
50 SIMPLE THINGS

Our global tribe is cutting carbon. Scope out the list and get a head start on your carbon-cutting practice. Check out our website for ALL 50 Simple Things.

HOME
- Remember to turn off your lights whenever not needed.
- Put stereos and electronics on power strips and turn off when not in use.

EATING
- Eat vegetarian— or better yet: VEGAN! Remember to buy organic.
- Buy locally sourced food when possible.

CLEANING
- Use rags or hand towels instead of paper towels or napkins.
- Use non-toxic, environmental-friendly products for cleaning.

SHOPPING
- Keep an extra reusable bag in your purse / backpack / bike / car.
- Buy products made from or packaged in recycled materials.

TRANSPORTATION
- Walk, rollerblade, skateboard, unicycle, or ride a bike.
- Carpool and ride-share whenever possible.

ACTIVITY
- Replace screen time with socializing, creating, learning, art, and exercise.
- Get outside every day. Get into the habit of spending time in nature.

RECYCLE and REUSE
- “Reduce, Reuse, Recycle” – in that order!
- Start by not buying something you’ll wind up recycling.

visit https://www.earthguardians.org/50simplethings for ALL 50 SIMPLE THINGS
Four times a year, thousands of youth from our Earth Guardian crews all over the world come together for actions through our Protect Our Future campaign to protect the Earth, Air, Water, and Climate.

Together, we show the collective power of our generation and the impact we have to protect our planet and its people for the next seven generations.

We recognize that environmental issues look different in every community, and it is the people who live there who know how to solve the problems.

Protect Our Future has a specific environmental focus for each season:

- **Protect Our Earth** | March - June
- **Protect Our Water** | July - August
- **Protect Our Air** | September - November
- **Protect Our Climate** | December - February

This helps keep our global network of young change makers connected as we work to protect our future. The projects launch on equinoxes and solstices.

Visit [https://www.earthguardians.org/pof](https://www.earthguardians.org/pof) for more information.
CREWS

An Earth Guardian Crew is a youth-led group of leaders taking action for a healthy, just, and sustainable planet. Earth Guardian Crews are emerging all over the planet and can be a family, community, school, or friends who are passionate about making a change. We know that real, sustainable, organic change doesn’t come from the top-down... it comes from widespread cultural shifts. We know that climate leadership in Colorado might look different than it would in Brazil. Talk to us. Work with us. We’re in this together.
Earth Guardians National Council
Twenty five incredible young leaders from across the nation ages 15 - 22 in the environmental/climate justice movement who train and advise their peers in their communities on how to create solutions through activism.

Earth Guardians International Council
Youth leaders from around the world that focus specifically on how to build international solidarity, take action together, and build meaningful relationships across cultures. Together, this group of young people are building bridges across borders to create a just and sustainable world for generations to come.

Your next step

Be ready to lead

Earth Guardians around the world are answering the call to rise

Youth Director Xiuhtezcatl Martinez is a seventeen year old indigenous climate leader, hip-hop artist and powerful voice at the forefront of the global environmental movement. Xiuhtezcatl began speaking out against environmental destruction at age six and has traveled the world raising awareness, speaking in schools, performing eco-hip hop, making multiple television appearances and addressing the General Assembly at the United Nations. His mission is to activate the leadership in all young people, and he asks you to join him on behalf of this generation and generations to come.
YOUR NEXT STEP

Hold yourself accountable to the EARTH GUARDIANS CODE

I am a leader. I empower others to lead. Leaders create leaders.

I put The Earth first. I regularly consider these questions: What am I doing on a daily basis to build a healthier, happier, cleaner, more sustainable world?

How do my habits and choices impact other life on earth, including plants, animals, ecosystems, and people? If everyone on earth lived the way I do, would it be sustainable?

I collaborate. I dare to be someone who actively develops positive, powerful relationships, especially when it’s hard.

I know that personal sustainability is the backbone of sustainable activism. I take care of myself and others, I listen to my body, and I invest my time and energy in projects that fulfill me.

I move: more doing, less sitting around talking and planning.

I go big. I don’t believe in external limits. As Paul Hawken says, “Don’t be put off by people who know what is not possible. Do what needs to be done and check to see if it was impossible only after you are done.”

Your wins are my wins. We’re in this together.

Participate in Global Actions and Protect Our Future days.

Share. Tell us about the projects you’re working on, share your passions with others to collaborate and instigate change in your community, and help EG Crews reach farther by sharing social media posts! We also host monthly crew calls the 2nd Tuesday of every month at 5:00pm MST. Join us, and be prepared to have a representative from your crew share and collaborate with other crews.
PRINCIPLES AND AGREEMENTS

We uphold in any and every act as an Earth Guardian

BE A LEADER
BE MINDFUL
REALIZE MY POTENTIAL
FOLLOW MY INNER GUIDE
COMMUNICATE WITH INTEGRITY
ACT WITH INTEGRITY
DEEP LISTENING
HONOR OUR DIFFERENCES
TAKE RESPONSIBILITY
RESOLVE PROBLEMS CONSTRUCTIVELY
GO FOR EXCELLENCE
RE-EVALUATE MY COMMITMENT
LIGHTEN UP
“ALL LIFE IS SACRED AND EVERYTHING IS CONNECTED BECAUSE WE ALL DRAW LIFE FROM THE SAME EARTH AND WE ALL DRINK FROM THE SAME WATERS”

- XIUHTEZCATL TONATIUh

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