

Lake Wenatchee YMCA Camp Family Camp Information Packet

<p>Billing and Registration Information Wenatchee Valley YMCA 217 Orondo Avenue Wenatchee, WA 98801 Diane Cruickshank (509) 662-2109 Registrar@wenymca.org</p>	<p>Camp Contact and Location Tim McElravy, Camp Director Lake Wenatchee YMCA Camp 15263 North Shore Drive Leavenworth, WA 98826 (509) 763-9622 tmcelravy@lwyecamp.org</p>
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ARRIVAL & DEPARTURE

Arrival: Campers should arrive for the first day at camp between 5:00 – 9:00 p.m. Saturday arrivals are fine but please notify the Camp Director your planned time of arrival so that meals may be planned appropriately.

Departure: Checkout time is on the last day of camp between 1:00 – 2:00 p.m.

CAMP SCHEDULE

<u>Friday</u>		<u>Sunday</u>	
5:00 – 9:00 PM	Check-in at the Lodge	8:00 AM	Breakfast
6:30 PM	Dinner	9:00 AM	Chapel
7:30 PM	Relax/Fellowship Time	9:30 – 11:30 AM	Program Areas Open
10:30 PM	Lights Out	12:00 PM	Lunch
		1:00 – 3:30 PM	Program Areas Open
		3:30 – 5:30 PM	Family Activities
<u>Saturday</u>		6:00 PM	Dinner
8:00 AM	Breakfast	8:00 PM	Camp Fire
9:00 – 11:30 AM	Program Areas Open	9:00 PM	Lodge Activities
12:00 PM	Lunch		
1:00 – 3:30 PM	Program Areas Open	10:30 PM	Lights Out
6:00 PM	Dinner		
8:00 PM	Camp Fire	<u>Monday</u>	
9:00 PM	Lodge Activities	8:00 AM	Breakfast
10:30 PM	Lights Out	9:30 – 11:30 AM	Morning Activities
		12:00 PM	Lunch
		1:00 – 2:00 PM	Pack Up / Check Out

Driving Directions from East and West of Lake Wenatchee on the last page.

BALANCE OF CAMP FEES

Full payment for camp must be received 3 weeks prior to the camp start date. If any balance is outstanding as of this date, the registration may be canceled and the cabin released to wait-listed requests.

CAMP REFUND POLICY

In order to balance the fluid nature of family schedules with a successful and reliable program experience for all participants, the Wenatchee Valley YMCA uses the following refund policy:

- Cancellation requests received 30 days prior to the registered start date may receive a refund for camp/program fees with the exception of the non-refundable deposit. Camp registration deposits may be transferred to another 2017 family camp session if arrangements are made 30 days prior to the initial camp's start date. However, all transfer requests are subject to a \$10.00 service fee which must be paid at the time of the request.
- Cancellation requests received more than 15 days, but less than 30 days, prior to the registered program start date will result in the forfeiture of the entire fee if the space cannot be filled. If the space is filled, then all payments, with the exception of a \$25.00 processing fee and the non-refundable deposit, may be refunded.
- Cancellation requests received less than 15 days prior to the registered program start date will not be eligible for a refund of any portion of fees paid, except in the case of an unforeseen medical situation verified by a note from a physician. There is no partial refund for late arrivals or early departures.

CABIN ASSIGNMENTS

All cabins are selected and/or assigned based upon availability and order of registrations received. Family camp is very popular so early registration is encouraged.

ACTIVITIES

Activities offered at Lake Wenatchee YMCA Family Camp include Archery, Swimming, Canoeing, Kayaking, and Hiking. We will also have several all camp activities such as a scavenger hunt, a water carnival, the Y-lympics, the Night Game, and zany campfires. A variety of board games and puzzles are available in the lodge for families to use.

PETS/ALCOHOL/TOBACCO PRODUCTS

Pets of campers and their families are not allowed on camp property due to safety concerns and allergies of other campers and for the safety of the pet. Alcohol and tobacco products are prohibited at camp. We appreciate your compliance regarding these matters.

HEALTH CARE

The LWY Camp reserves the right to send any participant home if medical personnel so advises. The following is a list of routine medications given at camp.

Medication

Tylenol (acetaminophen)
Motrin (Advil, ibuprofen)
Benadryl (diphenhydramine) oral and topical
Americaine (Solarcaine), topical spray
Triple Antibiotic ointment, topical ointment
Cepacol Lozenges
Saline Eye Wash Solution
Tums

Reason for Use

minor headache
minor muscle ache, menstrual cramps
minor rashes/itching, minor bee sting/insect bites
minor sunburn, minor abrasion
minor cuts and scrapes
minor sore throat without fever
minor eye irritation from dust or insect repellent
Minor upset stomach

INSURANCE

The Wenatchee Valley YMCA does not carry accident or medical insurance on participants. All medical expenses incurred while involved in Lake Wenatchee YMCA Camp activities are the responsibility of the participants, participant's parents or their insurance carrier.

CAMP SAFETY

The programs and facilities of the Lake Wenatchee YMCA Camp are regularly reviewed by the Wenatchee Valley YMCA Board of Directors and comply with YMCA of the USA standards. In addition, the Lake Wenatchee YMCA Camp is inspected annually by the Chelan County Health Department and by Chelan County Fire District #1.

WENATCHEE VALLEY YMCA CHILD SAFETY POLICY

The safety of children is a primary concern for the Y. The Wenatchee YMCA Board of Directors has adopted the following policies to help provide an environment that will enhance the personal growth and development of children in Y programs.

1. In order to protect Y Staff, volunteers, and program participants one Y employee or volunteer will never be alone with a single child unobserved by another adult.
2. Employees and volunteers may not be alone with children they meet in Y programs outside of their official Y interaction. Any exceptions require a written explanation in advance and are subject to administrative approval.
3. Reference and criminal background checks are conducted on all employees and on all volunteers who work with children at the time of employment and annually thereafter. Employees and volunteers who work with children receive pre-employment training and annual follow up training on the recognition and prevention of child abuse.
4. Children under the age of six are allowed in Y facilities only when in a supervised Y program or under the direct and constant supervision of a parent or guardian.
5. Y employees and volunteers providing direct care for children will be identified by photo identification or uniform that is familiar to the children with whom they work. Photographs of all Y employees will be kept on file.
6. Y employees and volunteers will not discipline children by use of physical punishment or by failing to provide the necessities of care, such as food and shelter. Y employees and volunteers will not verbally or emotionally abuse children. Physical restraint will only be administered when necessary to protect the child or other children from harm.
7. Y administrative staff will make unannounced visits to program sites. Parents of program participants may make unannounced visits to program sites, accompanied by a Y employee.
8. Y employees and volunteers will be alert to the physical and emotional state of all children in their programs and will report any signs of injury or suspected child abuse.
9. All employees and volunteers working with children sign a Code of Conduct agreeing to abide by Wenatchee Valley YMCA Child Abuse Preventions Guidelines. Any suspicion of a violation of these policies should be immediately reported to the Wenatchee Valley YMCA Executive Director or the Wenatchee Valley YMCA Director of Human Resources at (509) 662-2109.
10. The Y will investigate all reports of suspected child abuse and will follow legally mandated reporting requirements.

PACKING LIST

Remember that while at camp campers are going to get dirty, so please pack appropriately. Camp is a great place to use old clothes. All personal belongings should be clearly labeled with the camper's last name.

The following is a general packing list. The list is not intended to be a burden, just a tool to help Campers have an enjoyable and comfortable time.

SUGGESTED ITEMS

Sleeping bag/bed roll	Pillow
Long pants	Sweatshirt or light jacket
T-Shirts	Shorts
Swim suit, modest one-piece	Underwear
Socks	Sneakers/closed-toe shoes
Waterfront shoes	Towels - 1 bath, 1 beach
(old shoes/sandals/aqua socks)	Toiletry articles - Soap, toothbrush,
Mosquito repellent	shampoo, comb/brush, etc.
Sunscreen: minimum SPF 45/waterproof	Flashlight and spare batteries
Water Bottles (2)	

OPTIONAL ITEMS

Books	Fitted sheet (twin size)
Pajamas	Sunglasses (cheap ones)
Backpack	Hat or cap with brim
T-Shirt for tie dye	Guitar or other musical instrument
Rain Gear/Poncho	Ideas for skits and songs
Chapstick, moisturizer	Hiking boots
Camera/film	

DO NOT BRING

The following items are not allowed at camp and will be confiscated and returned to Camper on check out day.
The Y is not responsible for lost, stolen or damaged items.

Knives/Pocket Knives (carried by youth)	Expensive Items: Jewelry/Money
Weapons of any kind	Food or snacks for your cabin
Game Boy or other portable video games	I-Pods, CD/MP3 Players, etc...
Pets	Breakable Objects
Any personal sports equipment not on this list: i.e. boats, seadoos, bikes, etc.	Tobacco products, alcohol or drugs
	Fireworks

DRIVING DIRECTIONS TO CAMP

From the East (Leavenworth/Ellensburg/Wenatchee):

- Drive to **Leavenworth, WA** (via US-2 from Wenatchee or Hwy 97 from Ellensburg/I-90).
- Take **US-2 west** from Leavenworth about **15 miles** to Coles Corner (Hwy 207).
- Turn **right at Coles Corner** (Hwy 207) toward Lake Wenatchee.
- Drive about **5 miles** to green bridge over the Wenatchee River.
- After bridge, **stay left at the "Y"** in the road.
- Drive approximately **1.5 miles** and turn **left onto North Shore Drive**.
- Turn **left into the second driveway** (large Y Camp sign).

From the West (Monroe/Seattle):

- Drive to **Monroe, WA** (via Hwy 522 from I-405 or Hwy 2 from I-5).
- Take **US-2 east** from Monroe about **70 miles** (over Stevens Pass) to Coles Corner (Hwy 207).
- Turn **left at Coles Corner** (Hwy 207) toward Lake Wenatchee.
- Drive about **5 miles** to green bridge over the Wenatchee River.
- After bridge, **stay left at the "Y"** in the road.
- Drive approximately **1.5 miles** and turn **left onto North Shore Drive**.
- Turn **left into the second driveway** (large Y Camp sign).