



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

The Wenatchee Valley YMCA Staff want each child to have the ultimate summer camp experience. This packet is designed to acquaint you with the basic information needed to prepare for **Lake Wenatchee YMCA Camp**. If you have any questions, please call your Wenatchee Valley YMCA at (509) 662-2109.

<b>Registration, Billing and *Pre-Purchases</b> Wenatchee Valley YMCA 217 Orondo Avenue Wenatchee, WA 98801 Diane Cruickshank (509) 662-2109 Registrar@wenymca.org *T-shirt and/or Photo	<b>Camp Contact and Location</b> Tim McElravy, Camp Director Lake Wenatchee YMCA Camp 15263 North Shore Drive Leavenworth, WA 98826 (509) 763-9622 tmcelravy@lwyecamp.org
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### ARRIVAL & DEPARTURE

**Arrival:** Campers should arrive for the first day at camp between 2:00 – 4:00 p.m. Early check-in is not available. Dinner will be the first meal served at camp. Please note LDP specifics below.

<u>Arrival:</u>	Sundays between 2 and 4 p.m.		
Session 1	July 2	Session 4	July 23
Session 2	July 9	Session 5	July 30
Session 3	July 16	Session 6	August 6

**Departure:** Checkout time is on Friday between 4:00 – 6:00 p.m. unless otherwise noted. During this time, families are invited to join us for a free barbecue. To ensure every child's safety, once you arrive at the camp sign out area, we will ask to see Photo ID from you (or any authorized adult). Children will only be released to the adults specified on the Participant Health Information Form. Any changes regarding the arrival and/or departure of a child, needs to be arranged with the Camp Director in advance. Please note Mini-Camp and LDP specifics below.

### Mini Camp

<u>Departure:</u>	Wednesdays between 4:00 – 6:00 p.m.		
Session 1	July 5	Session 4	July 26
Session 2	July 12	Session 5	August 2
Session 3	July 19	Session 6	August 9

### LDP Camp

Although this program runs two consecutive weeks, participants will return home on Friday, August 4 and then need to return to camp during check in time on Sunday, August 6. Camp is closed Friday evening through Sunday afternoon. This provides a much needed break for teens to get adequate rest. It also provides an opportunity for them to reflect on and share their experiences with family and friend(s).

## TRANSPORTATION

Parents are responsible for arranging transportation to and from camp (see Directions on last page). This allows parents a great opportunity to see Lake Wenatchee YMCA Camp; and, it also facilitates a smooth transition for campers to adjust to new surroundings.

## BALANCE OF CAMP FEES/FINANCIAL ASSISTANCE

Full payment for camp must be received 3 weeks prior to the camp start date. If any balance is outstanding as of this date, the camper may be canceled out of the camp and his/her spot filled with a child from the wait-list. If the camper remains registered, a \$20.00 late fee will be assessed and is due with the camp balance immediately. No child should miss out because of temporary financial challenges. If finances are a concern, please contact the Wenatchee Valley YMCA to find out more about financial assistance. Participants may also help earn their way to camp by selling Butter Toffee Peanuts.

## CAMP REFUND POLICY

In order to balance the fluid nature of family schedules with a successful and reliable program experience for all participants, the Wenatchee Valley YMCA uses the following refund policy:

- Cancellation requests received 30 days prior to the registered summer program start date may receive a refund for camp/program fees with the exception of the non-refundable deposit. Camp registration deposits may be transferred to another 2017 summer camp session if arrangements are made 30 days prior to the initial camp's start date. However, all transfer requests are subject to a \$10.00 service fee which must be paid at the time of the request.
- Cancellation requests received more than 15 days, but less than 30 days, prior to the registered summer program start date will result in the forfeiture of the entire fee if the space cannot be filled. If the space is filled, then all payments with the exception of a \$25.00 processing fee and the non-refundable deposit may be refunded.
- Cancellation requests received less than 15 days prior to the registered summer program start date will not be eligible for a refund of any portion of fees paid, except in the case of an unforeseen medical situation verified by a note from a physician. There is no partial refund for late arrivals or early departures. And, no refund will be issued for campers that do not complete a camp.

## T-SHIRT AND PHOTO

Each year Lake Wenatchee YMCA Camp runs a T-shirt contest where youth grades K-10 submit a T-shirt design. The winner's design will be the official camp T-shirt. The lucky winner also receives a full week of LWY Camp! Second and Third place winners receive \$50 towards a LWY Camp. These T-shirts are sold in advance or at check-in for \$20. Lake Wenatchee YMCA Camp also offers a photo of all campers and staff taken on the first day of camp. The photos are sold in advance or at check-in for \$5. All \*pre-purchases are to be made by contacting the Y's Registrar or they may be purchased with cash or check during check-in on the first day of camp. T-shirts will be picked up at check-in and photos will be picked up at checkout.

## CAMPER MAIL & CARE PACKAGES

Campers love to receive letters or care packages from home. The following are two options to send mail:

### Snail Mail:

Your Camper's Name  
Cabin/Counselor (if known)  
Camp Name and Session Date  
c/o Lake Wenatchee YMCA Camp  
15263 Northshore Dr  
Leavenworth, WA 98826

### E-Mail: [campermail@lwyycamp.org](mailto:campermail@lwyycamp.org)

In the subject line:  
Your Camper's Name  
Cabin/Counselor (if known)  
Camp Name and Session Date  
Camper e-mail will be checked by 5:00 p.m. daily.

Although food from home is a symbol of love and care, the storage of food items in cabins attracts insects and animals. Therefore, food and/or drinks are not allowed. In advance, thank you for your cooperation.

## CELL PHONE POLICY

Participants are not allowed to bring cell phones to Lake Wenatchee YMCA Camp because of the possibility of loss, the potential for distraction from group activities and our past experience with inappropriate usage. If we observe cell phones in use during the above programs, they will be confiscated and given to parents at the end of the session.

## HOMESICKNESS

When children are away from home they may, on occasion, feel homesick. However, part of the camp experience is to allow children to become more self-reliant and independent while in a safe and fun environment. Upon arrival, children immediately meet camp staff. This allows them to have a positive initial contact. If you suspect that your child may experience some separation anxiety, please make every effort to have a quick good-bye. Prolonged partings typically make the transition more difficult on both the child and the parent(s). Once you have left, feel free to check in with the Camp Director. As a caution, letters or e-mails that focus on the "missing you" seem to make children more homesick rather than providing comfort. Please know that Campers do not have access to a telephone. If your child is struggling with homesickness, we will make every effort to contact you. And, if need be, have you speak with your child to provide reassurance.

## HEALTH CARE

During camp, licensed medical personnel reside at the Lake Wenatchee YMCA Camp. Should a camper experience any major accident or illness while at camp, the parent(s) are notified immediately. In cases of minor illness, parents are informed only if the camper requires continuous care and/or observation for more than 12 hours. The Camp Director reserves the right to send a child home if medical personnel so advises. If you plan to be away from home for a few days, please provide the Camp Director with your temporary address and telephone number. At check-in, campers will be given a brief health screening. Health codes do not permit us to admit children with head lice or nits. In addition, Y Camp cannot admit children with conjunctivitis (pink eye). Due to the nature of our programs, the Wenatchee Valley YMCA does not offer a peanut free facility or programming.

### Routine Medications:

The following is a list of routine medications given at camp. Please advise us on the Participant Health Information Form if, for any reason, you do not want your child to receive these medications.

#### Medication

Tylenol (acetaminophen)  
Motrin (Advil, ibuprofen)  
Benadryl (diphenhydramine) oral and topical  
Americaine (Solarcaine), topical spray  
Triple Antibiotic ointment, topical ointment  
Cepacol Lozenges  
Saline Eye Wash Solution  
Tums

#### Reason for Use

minor headache  
minor muscle ache, menstrual cramps  
minor rashes/itching, minor bee sting/insect bites  
minor sunburn, minor abrasion  
minor cuts and scrapes  
minor sore throat without fever  
minor eye irritation from dust or insect repellent  
Minor upset stomach

Once again, these medications are used only for routine care and treatment as identified above. Oral medications are used very conservatively. As an initial treatment for most headache and muscle ache complaints, rest and hydration are encouraged. Any condition which is associated with fever, significant inflammation and/or lack of response to the above outlined treatment will result in a consultation with the camper's parent and the camp medical personnel.

### Camper Medications:

All prescribed and non-prescribed/over-the-counter medications brought to camp must be in the original container and clearly labeled. A Medication Authorization and Administration Form must be submitted 3 weeks prior to camp start date for processing. This form must be signed by both the parent and the camper's physician. Camp's licensed medical personnel will administer medications at the proper times. Medications will not be administered (other than camp "routine medications") without the physician and parent signed form. You can access the Medication Authorization and Administration Form at [www.lwycamp.org](http://www.lwycamp.org), [www.wenymca.org](http://www.wenymca.org) or by contacting the Wenatchee Valley YMCA, 509-662-2109.

## **INSURANCE**

The Wenatchee Valley YMCA does not carry accident or medical insurance on participants. All medical expenses incurred while involved in Lake Wenatchee YMCA Camp activities are the responsibility of the participant's parents or their insurance carrier.

## **CAMP SAFETY**

The programs and facilities of the Lake Wenatchee YMCA Camp are regularly reviewed by the Wenatchee Valley YMCA Board of Directors and comply with The Y of the USA standards. In addition, the Lake Wenatchee YMCA Camp is inspected annually by the Chelan County Health Department and by Chelan County Fire District #1.

## **WENATCHEE VALLEY YMCA CHILD SAFETY POLICY**

The safety of children is a primary concern for the Y. The Wenatchee YMCA Board of Directors has adopted the following policies to help provide an environment that will enhance the personal growth and development of children in Y programs.

1. In order to protect Y Staff, volunteers, and program participant's one Y employee or volunteer will never be alone with a single child unobserved by another adult.
2. Employees and volunteers may not be alone with children they meet in Y programs outside of their official Y interaction. Any exceptions require a written explanation in advance and are subject to administrative approval.
3. Reference and criminal background checks are conducted on all employees and on all volunteers who work with children at the time of employment and annually thereafter. Employees and volunteers who work with children receive pre-employment training and annual follow up training on the recognition and prevention of child abuse.
4. Children under the age of six are allowed in Y facilities only when in a supervised Y program or under the direct and constant supervision of a parent or guardian.
5. Y employees and volunteers providing direct care for children will be identified by photo identification or uniform that is familiar to the children with whom they work. Photographs of all Y employees will be kept on file.
6. Y employees and volunteers will not discipline children by use of physical punishment or by failing to provide the necessities of care, such as food and shelter. Y employees and volunteers will not verbally or emotionally abuse children. Physical restraint will only be administered when necessary to protect the child or other children from harm.
7. Y administrative staff will make unannounced visits to program sites. Parents of program participants may make unannounced visits to program sites, accompanied by a Y employee.
8. Y employees and volunteers will be alert to the physical and emotional state of all children in their programs and will report any signs of injury or suspected child abuse.
9. All employees and volunteers working with children sign a Code of Conduct agreeing to abide by Wenatchee Valley YMCA Child Abuse Preventions Guidelines. Any suspicion of a violation of these polices should be immediately reported to the Wenatchee Valley YMCA Executive Director or the Wenatchee Valley YMCA Director of Human Resources at (509) 662-2109.
10. The Y will investigate all reports of suspected child abuse and will follow legally mandated reporting requirements.

## PACKING LIST FOR ALL CAMP PROGRAMS

Remember that while at camp campers are going to get dirty, so please pack appropriately. Camp is a great place to use old clothes. All personal belongings should be clearly labeled with the camper's last name.

The following is a general packing list, along with lists specific to certain camp. These lists are not intended to be a burden, just a tool to help the camper have an enjoyable and comfortable week.

### Required Items

Sleeping bag/bed roll	Pillow
Long pants	Sweatshirt or light jacket
T-Shirts	Shorts
Swim suit, modest one-piece	Underwear
Socks	Sneakers/closed-toe shoes
Waterfront shoes (old shoes/sandals/aqua socks)	Towels - 1 bath, 1 beach
Mosquito repellent	Flashlight and spare batteries
Waterproof Sunscreen: minimum SPF 45	Toiletry articles - Soap, toothbrush, Shampoo, comb/brush, etc.
Water Bottles (2)	

### Optional Suggested Items

Books	Fitted sheet (twin size)
Pajamas	Sunglasses (cheap ones)
Backpack/Day pack	Hat or cap with brim
T-Shirt for tie dye	Guitar or other musical instrument
Rain Gear/Poncho	Ideas for skits and songs
Chap stick, moisturizer	Hiking boots
Camera/film	Theme Week costumes and/or props

### Additional Packing List for Specific Programs

#### Explorer/Discovery Horse Camp Required Items:

Jeans - 2 pair  
Mosquito repellent  
Closed toe shoes (Boots preferred)  
Optional Items:  
Cowboy boots or smooth-soled boots  
Bandana  
Cowboy Hat

#### Explorer Hike Required Items:

Internal or External Frame Back Pack  
Hiking Boots  
Rain gear or poncho  
Optional Items:  
Stuff sack for sleeping bag  
Hiking Poles

#### Explorer SUP Camp Required Items:

Sunglasses with strap or hat with brim  
Extra Clothes  
Optional Items:  
Rain gear or poncho  
Fitted life jacket  
Extra bathing suit

#### Discovery/Explorer Fishing Required Items:

Sunglasses with strap  
Extra Clothes  
Rain gear or poncho  
Day pack  
Stuff sack for sleeping bag  
Optional Items:  
Extra Bathing Suit  
Brimmed Hat  
Fishing Tackle (pole, tackle box, bait, etc.)  
No Knives  
LDP Camp Required Items  
Servant's heart (Desire to serve kids)  
Positive attitude  
Stuff sack for sleeping bag  
3-ring binder  
Pens, pencils, paper  
Books of songs and skits

## DO NOT BRING

The following items are not allowed at camp and will be confiscated and returned to the camper's Parent/Guardian on pick up day. Bringing the following items may lead to your camper's removal from camp. The Y is not responsible for lost, stolen or damaged items.

Knives/Pocket Knives	Matches, lighters or candles
Weapons of any kind	Food, drinks or gum
Any electronic devices (MP3, iPods, tablet, etc)	Expensive Items/Jewelry/Money
Pets	Camper vehicles
Any personal sports equipment not on this list	Breakable Objects
Tobacco products, alcohol or drugs	
Cell Phones (see page 2)	

Lake Wenatchee YMCA Camp will provide first aid kits, area maps, tents, tarps, cooking stoves, fuel and food for all out of camp trips. The Lake Wenatchee YMCA Camp will gladly accept donations of used equipment to loan campers.

## DRIVING DIRECTIONS TO CAMP

### From the East (Leavenworth/Ellensburg/Wenatchee):

- Drive to **Leavenworth, WA** (via US-2 from Wenatchee or Hwy 97 from Ellensburg/I-90).
- Take **US-2 west** from Leavenworth about **15 miles** to Coles Corner (Hwy 207).
- Turn **right at Coles Corner** (Hwy 207) toward Lake Wenatchee.
- Drive about **5 miles** to green bridge over the Wenatchee River.
- After bridge, **stay left at the "Y"** in the road.
- Drive approximately **1.5 miles** and turn **left onto North Shore Drive**.
- Turn **left into the second driveway** (large Y Camp sign).

### From the West (Monroe/Seattle):

- Drive to **Monroe, WA** (via Hwy 522 from I-405 or Hwy 2 from I-5).
- Take **US-2 east** from Monroe about **70 miles** (over Stevens Pass) to Coles Corner (Hwy 207).
- Turn **left at Coles Corner** (Hwy 207) toward Lake Wenatchee.
- Drive about **5 miles** to green bridge over the Wenatchee River.
- After bridge, **stay left at the "Y"** in the road.
- Drive approximately **1.5 miles** and turn **left onto North Shore Drive**.
- Turn **left into the second driveway** (large Y Camp sign).

## Weekly Camp Themes:

**Week 1 July 2-7: Color Wars!**

**Week 2 July 9-14: Gold Rush!**

**Week 3 July 16-21: Super Hero!**

**Week 4 July 23-28: Holiday!**

**Week 5 July 30-Aug 4: Pirate!**

**Week 6 August 6-11: Mad Scientist!**