



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SUMMER FUN

WENATCHEE VALLEY YMCA

**DAY CAMP
T WAVE
YOUTH AND TEEN CENTER
GYM AND SWIM TIMES**

SUMMER 2017 (Revised 12/13/16)

Wenatchee Valley YMCA
217 Orondo Avenue
Wenatchee, WA 98801
509.662.2109

Eastmont YMCA Aquatic Center
980 3rd Street NE
East Wenatchee, WA 98802
509.884.3113

www.wenymca.org



SUMMER DAY CAMP (Grades K-4 in May 2017)

Each one week session of the Y's Summer Day Camp program is packed with exciting activities like climbing wall time, special events, Fitness Arcade, bus trips to area parks, group games, educational activities, and field trips. Children in Y programs have chosen the special activities related to each weekly theme and every Summer Day camper receives free swimming lessons each week. Professionally trained staff provides a safe and caring environment and age appropriate activities that allow each child to learn, grow and thrive. Children may be signed in as early as 7:30 am and signed out between 4:45 and 6:00 pm at the Y. Themes and activities listed below may be changed based on weather, site availability, safety concerns, and/or Y staff judgement.

\$160/week for Y members, \$180/week for community members.

Short Week 7/5-8: \$128/week for Y members, \$148/week for community members.

June 12-16: Science Lab Time to let your mad scientist out! This week we'll be experimenting with the world around us, having fun and getting messy! Slime, Volcanoes, and Slidewaters! What could be better than this?!

June 19-23: Happy Holidays Spend this week celebrating all the holidays we know and love and a couple you've never heard of! Ever wondered what Thanksgiving in June would be like? What about Halloween? This week is your chance to find out! Come celebrate with us!

June 26- 30: Rockstars Gear up for an adventure. We'll be learning how to climb the Y's rock wall and bouldering in Leavenworth this week. Whether you've climbed for years or this is your first time you'll have a great time with us this week!

July 3-7: Game on! Strike out, touchdown and goaaaaa! Spend the week playing games of all sorts and learning about teamwork. We will learn skills and make new friends and also cool off at Slidewaters this week!

July 10-15: Ride, Drive and Fly All those things that go. Spend this fun filled week looking at vehicles, planes and all the things that get us from here to there. We will Tour Pangborn Airport, have a human powered go-cart race in the park, and much more!

July 17-22: Back to the future Time to explore the past. Learn about the Wenatchee Valley's beginnings while having fun with new friends. Play old time games and experience a different era with Y staff. The Roaring 20s, the far out 70's the rad 90's this week has it all, even a trip to Slidewaters!

July 24-28: Food Frenzy Chop, slice, saute! It's time to dust off your cooking skills and show us what you can do! This week you'll learn skills to use in the kitchen and have a bunch of fun along the way. We will learn recipes, try new snacks, and make new friends!

July 31-Aug. 4: Rock on Time to strap on that harness and tighten up those shoes. We're back at the rock wall this week. After you build those skills we'll be off to some real rocks to hone your talents and climb to new heights.

Aug.7-11: Calling all superheroes Crash! Boom! Ka-Pow! The Wenatchee Valley needs superheroes and Day Camp isn't afraid to answer the call. We'll be looking at comic book super heroes, everyday superheroes and figuring out how we can be heroes.

Aug. 14-18: Blast off 3... 2... 1... Blast Off! Explore the solar system with Day Camp. Learn about the moon and stars and you'll even get to watch a partial solar eclipse! This week will also have an out of this world trip to Slidewaters.

Aug. 21- 25: Splashing Summer Splish, Splash we're havin' a blast! Spend the last week of summer playing water games with friends old and new. Water balloon battle ship, soggy relay race and this week ends with a trip to Slidewaters!

Register for Summer Day Camp on line at www.wenymca.org or in person at the Y. Questions? Call 662-2109.

T WAVE (Grades 5-7 in May 2017)

Are you tired of your teen sitting around the house, bored all day during the summer? Do you want them to meet up with their friends and plan an awesome adventure? T WAVE will help them do just that. With a bus, budget, and awesome leaders, they will be in charge of their schedule all week long. Do they want to go Bowling? See a movie? Grab a milkshake? Mini -golf? It's up to them! T WAVE will be camping out overnight twice this summer, working with local non-profits, gaining work experience and much more.

Weekly sessions run Monday through Friday from 7:30 am to 5:30 pm.
\$205/week for Y members, \$225/week for community members.
\$40 less for short week beginning 7/3
\$85 more for weeks beginning 7/10 and 7/24*.

June 19 - June 23

July 17 - July 21

June 26 - July 30

July 24 - July 28*

July 3 - July 7

July 31- August 4

July 10 - July 14*

August 7 - August 11

*Overnight experience at the Lake Wenatchee YMCA Camp
Register for T WAVE on line at www.wenymca.org or in person at the Y. Questions? Call 662-2109.

UPLIFT (Grades 5-8 in May 2017)

Uplift is a strength training course that teaches educational and practical components related to weight training, and cardiovascular equipment. Upon successful completion, participants may participate in adult programs without direct parental supervision. Classes are offered one week during June, July and August. Advanced registration required. Register online at www.wenymca.org or at the Y. Private and semi-private instruction is also available for an additional charge.

CHILD AND BABYSITTING SAFETY (Grades 5-8 in May 2017)

Child and Babysitting Safety is a certification course for building a successful babysitting business. The course gives teenagers everything they need to know. From getting started, to dealing with parents and children in addition to key safety, caregiving, and first aid tips. Register online at www.wenymca.org or at the Y

BABYSITTING (Crawling to 6 years)

M - F 8:30 am - 1:00 pm

M - Th 4:00 pm - 8:00 pm

F 4:00 pm - 7:00 pm

Sat 8:30 am - 11:00 am

Fee is \$3.00 per hour per child for healthy children while their parents are in the Y facility. A ten hour punch card may be purchased at Membership Services for \$25.00.

Babysitting is an included benefit of household memberships.

YOUTH AND TEEN CENTER (Grades K-8 in May 2017)

The Youth and Teen Center is a supervised area which includes a fitness arcade, learning center and game (pool, foosball, etc.) area.
Free for Y members

Summer Youth and Teen Center Hours:

M-F 3:00 pm -8:00 pm

Sat 8:30 am -10:30 am

Family Youth and Teen Center:

M - F 6:30 pm - 8:00 pm

Sat 8:30 am - 10:30 am

Learning Center Hours:

M-Th 6:00 pm - 6:30 pm

Gym Activity (Grades K-8 in May 2016)

Supervised Open Gym for free time activities including the Climbing Wall, Sportwall, and Basketball.

M - F 4:00 pm - 5:00 pm

Sat 10:30 am -11:30 am

Family Gym Activity

Climbing Wall, Sportwall, Open Gym

M,W, F 6:40 pm - 7:30 pm

Sat 10:30 am - 11:30 am

Youth Open Swim Times (Ages 6-15)

Wenatchee

M - F 4:00 pm - 4:45 pm

Eastmont YMCA Aquatic Center (EYAC)

M - Sat 1:00 pm - 2:30 pm

M - Th 6:15 pm - 7:00 pm

ABOUT THE Y'S SUMMER YOUTH PROGRAMS

Getting a break from learning in school doesn't mean that kids should not be learning outside the classroom this summer. The Y's summer programs give children opportunities for new experiences and personal growth. Young people in our care learn new skills, make new friends, and develop self-confidence and self-esteem while having fun. We understand that you want the very best for your child and we would be honored to be part of your child's summer. Well-trained, enthusiastic staff are the key to a positive summer program experience. Y staff members are dedicated to providing a safe and wholesome environment for each child. They are chosen for their maturity, strong values, enthusiasm and ability to be positive role models for children. Before they work with your child, Y staff members have criminal history and multiple reference checks completed and undergo extensive training emphasizing safety, child growth and development, and group dynamics. All Y staff members are certified in First Aid and CPR and aquatic activities are supervised by certified lifeguards. The Y is committed to the health and well-being of every child in our care.

Financial Assistance

No child is ever denied Y participation because of inability to pay. Scholarship applications are available at the Y or at www.wenymca.org. Financial Assistance is only available to residents of Chelan and Douglas Counties, but participants may earn all or part of their way to Day Camps and the Lake Wenatchee YMCA Camp by selling YMCA Butter Toffee Peanuts. The Peanut Sale runs from Healthy Kids Day, March 24th to April 11th, 2017 and requires a summer program registration and deposit.