



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ENGAGE SWIM ACHIEVE



**GROUP SWIMMING LESSONS  
WATER DISCOVERY  
SWIM CLUB  
PRIVATE SWIMMING LESSONS**

**WENATCHEE VALLEY YMCA  
2017 Summer Swim Sessions**



Group Swimming Lessons are available for all skill levels. Each session consists of ten 30 minute lessons with two make up classes to allow for other activities or unanticipated pool closures. Some classes may be canceled and fees refunded if there are four or less participants registered by the Wednesday prior to the first day of session.

Summer Registration Begins May 17

Members \$55/Session\* Community Member: \$65/Session\*

\*Fees increase by \$10 the Friday before the session start date.

Please go to [www.wenymca.org](http://www.wenymca.org) and click on online registration to see an updated listing of group swimming lesson classes.

### **EYAC Group Swimming Lessons (Ages 3-12)**

Session S1: M-Th, June 12 – June 29.

Session S2: M-Th, July 10 – July 27.

Session S3: M-Th, August 7 – August 24.

<b>Class</b>	<b>Ages</b>	<b>Days</b>	<b>Start Times</b>
Water Acclimation	3 - 6 yrs	M - TH	4:00, 5:10, 6:20 pm
Water Stamina	3 - 6 yrs	M - TH	4:00, 5:10, 6:20 pm
Stroke Introduction	3 - 6 yrs	M - TH	4:00, 5:10, 6:20 pm
Water Acclimation	6 - 12 yrs	M - TH	4:35, 5:45 pm
Water Stamina	6 - 12 yrs	M - TH	4:35, 5:45 pm
Stroke Development	6 - 12 yrs	M - TH	4:35, 5:45 pm

### **Y Pool Group Swimming Lessons (Ages 3-6)**

Session SA: June 12 to July 13.

Session SB: July 24 – August 24.

<b>Class</b>	<b>Ages</b>	<b>Days</b>	<b>Start Times</b>
Water Acclimation	3 - 6 yrs	M / W	10:30 am

### **Y Pool Water Discovery Classes (6 -36 months)**

Water Discovery Classes are designed to introduce babies, toddlers, and their parents to the aquatic environment. This class will help parents learn realistic developmental expectations, introduce basic aquatic safety to parent and child, and provide a fun, positive experience in the water. Classes will help children with basic motor skills. Skills include: blowing bubbles, floating on front and back, kicking on front and back, and social interaction through songs. This is a fun, engaging class that will help prepare your child for future swim lessons.

<b>Class (Sessions SA &amp; SB)</b>	<b>Ages</b>	<b>Days</b>	<b>Start Times</b>
Water Discovery A/B	6 - 36 months	M / W	10:00 am
Water Discovery A/B	6 - 36 months	T / TH	6:30 pm

## **Summer Swim Club (Ages 6-18)**

The Y Summer Swim Club is a training opportunity for youth who are ready to improve their swim techniques through coaching, swim challenges, and water games. Sound nutrition, proper hydration, strength training, and occasional family events are also part of the experience.

Session SSC: June 19 to July 20

Y Members \$150 / Community Members \$170\*

\*Fees increase by \$10 the Friday before the session start date.

<b>Class</b>	<b>Ages</b>	<b>Days</b>	<b>Start Times</b>
SSC1	6 - 10 yrs	M - Th	8:30 -10:00 am
SSC2	11 - 18 yrs	M - Th	9:30-11:00 am

### **WHAT SWIM LESSON CLASS SHOULD MY CHILD BE IN?**

The Y is committed to providing children of all skill levels opportunities to learn, grow, and thrive. In order to accomplish these goals, swimmers who are new to our program will need to take a swimming skill evaluation so that staff can assign each child to a level, ensuring a positive and successful experience for all class participants. Evaluations are provided on Mondays and Wednesdays between 2:00 - 3:00 pm at the Eastmont YMCA Aquatic Center or by appointment. Beginner swimmers and current Y swim lesson participants may register without a swimming skill evaluation.

In order for the Y to ensure quality programming at an affordable price, all aquatic program fees are nonrefundable / nontransferable.

#### **Wenatchee Valley YMCA**

217 Orondo Ave.  
Wenatchee, WA 98801  
509.662.2109

#### **Eastmont YMCA Aquatic Center**

980 3rd St. NE  
East Wenatchee, WA 98802  
509.884.3113

Fall Registration Begins July 26 for Y Members and August 2 for Community Members.

Fall Session F1: September 11 - October 19.

Have your child's next birthday party at the Y. We offer pool parties and so much more. Call the Y 662-2109 or see our website <http://wenymca.org/birthday-parties> for more information. Leave the clean up to us!



Thanks to generous support from YMCA donors, no child is ever denied YMCA participation because of inability to pay.

We would also like to thank our 2017 YSplash sponsors.



Information on other programs and policies is available at the membership desk and at [www.wenymca.org](http://www.wenymca.org).