



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EYAC POOL SCHEDULE Summer 2017 (subject to change)

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|--|--|--|--|--|------------------------------------|
| 5:30 - 6:00 am | Adult Lap (6) | Rental | Adult Lap (6) | Rental | Adult Lap (6) | Closed |
| 6:00 - 7:00 am | Adult Lap (6) | Rental | Adult Lap (6) | Rental | Adult Lap (6) | Closed |
| 7:00 - 8:00 am | Adult Lap (5) Water Walk | Closed | Adult Lap (5) Water Walk | Closed | Adult Lap (5) Water Walk | Aqua Stand Up 7:30 - 8:15 am |
| 8:00 - 8:30 am | Adult Lap (1) Deep/Shallow Water Fitness | Senior Center Rental | Adult Lap (1) Deep/Shallow Water Fitness | Senior Center Rental | Adult Lap (1) Deep/Shallow Water Fitness | Aqua Stand Up 7:30 - 8:15 am |
| 8:30 - 9:00 am | Adult Lap (1) Deep/Shallow Water Fitness | Senior Center Rental | Adult Lap (1) Deep/Shallow Water Fitness | Senior Center Rental | Adult Lap (1) Deep/Shallow Water Fitness | Closed |
| 9:00 - 9:30 am | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Closed |
| 9:30 - 10:00 am | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (4) Water Walk | Closed |
| 10:00 - 11:00 am | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) | Adult Lap (2) Water Walk Swim Club (2) Therapy Rental | Adult Lap (2) Water Walk | Closed |
| 11:00 - 12:00 pm | Adult Lap (2) Water Walk | Adult Lap (2) Water Walk | Adult Lap (2) Water Walk | Adult Lap (1) Water Walk Therapy Rental | Adult Lap (4) Water Walk | Adult Lap (4) Water Walk |
| 12:00 - 1:00 pm | Adult Lap (2) Aqua Stand Up | Adult Lap (2) Water Walk | Adult Lap (2) Water Walk | Adult Lap (1) Water Walk Therapy Rental | Adult Lap (2) Aqua Stand Up | Adult Lap (4) Water Walk |
| 1:00 - 2:00 pm | EMPD Day Camp | EMPD Day Camp | EMPD Day Camp | EMPD Day Camp | EMPD Day Camp | Youth/Family Open Swim |
| 2:00 - 3:00 pm | Youth/Family Open Swim | Youth/Family Open Swim | Youth/Family Open Swim | Youth/Family Open Swim | Youth/Family Open Swim | Youth/Family Open Swim |
| 3:00 - 4:00 pm | Summer Day Camp | Summer Day Camp | Summer Day Camp | Summer Day Camp | Summer Day Camp | Birthday Party Rental |
| 4:00 - 6:15 pm | Adult Lap (2) Swim Lessons Private Lessons | Adult Lap (2) Swim Lessons Private Lessons | Adult Lap (2) Swim Lessons Private Lessons | Adult Lap (2) Swim Lessons Private Lessons | Closed | Closed |
| 6:15 - 7:15 pm | Adult Lap (2) H2O Corps | Adult Lap (2) | Adult Lap (2) H2O Corps | Adult Lap (2) Aqua Stand Up | Closed | Closed |

Eastmont YMCA Aquatic Center
980 NE 3rd Street
East Wenatchee
(509)884-3113

Based on the Y's commitment to safety, youth participation may be restricted based on age, skills and/or height. Youth age 13-16 may participate in adult programs if they are under the direct and constant supervision of an adult family member over the age of 21. Youth who satisfactorily complete the UPLIFT program may participate in an adult program without adult supervision. Please visit with a Y Aquatics Manager for more information.