



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EYAC Pool Schedule

980 3RD ST. NE. EAST WENATCHEE

509.884.3113

February 2018 Pool Schedule

Schedule begins the first day of each month and is subject to change.

Kayaks

Community-led class on Friday evenings on 2/2, 2/9, 2.16, and 2/23. Fee is \$7 per person.

Swim Lessons

The last day of Winter 1 classes is February 15. Winter 2 classes are open for registration and classes begin February 19.

Swimmer Identification

All participants under the age of 13 are required to wear a swim bracelet while in the pool. Please see the lifeguard on duty for a bracelet and to learn about the swim test.

Pool Toys

Pool noodles, dive toys, and Coast Guard approved PFD's are permitted during open swim times and are provided by the YMCA. Please do not bring your own pool toys.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30-6:00	Adult Lap (6)	Closed	Adult Lap (6)	Closed	Adult Lap (6)	Closed
6:00-7:00	Adult Lap (5) Deep Water Fitness (6:00-6:55)		Adult Lap (5) Deep Water Fitness (6:00-6:55)		Adult Lap (5) Deep Water Fitness (6:00-6:55)	
7:00-8:00	Adult Lap (5) Water Walk		Adult Lap (5) Water Walk		Adult Lap (5) Water Walk	
8:00-8:30	Adult Lap (1) Deep/Shallow Water Fitness	Senior Center	Adult Lap (1) Deep/Shallow Water Fitness	Senior Center	Adult Lap (1) Deep/Shallow Water Fitness	Aqua Stand Up (7:30-8:15)
8:30-9:00						Closed
9:00-9:30	Adult Lap (4) Water Walk	Adult Lap (4) Water Walk	Adult Lap (4) Water Walk	Adult Lap (4) Water Walk	Adult Lap (4) Water Walk	Velocity Swimming
9:30-11:00						
11:00-12:00						Adult Lap (4) Water Walk
12:00-1:00	Adult Lap (4) Aqua Stand Up (12:00-12:45)			Adult Lap (4) Aqua Zumba (12:00-12:45)		
1:00-2:30	Closed	Closed	Closed	Closed	Closed	Youth & Family Open Swim
2:45-4:30	EHS	EHS	EHS	EHS	EHS	Birthday Party Rental (3:00-4:30)
4:30-5:00						
5:00-6:15	Adult Lap (2) Swim Lessons Private Lessons	Adult Lap (1) Swim Lessons Private Lessons	Adult Lap (2) Swim Lessons Private Lessons	Adult Lap (1) Swim Lessons Private Lessons	Velocity Swimming	Closed
6:15-6:55	Adult Lap (2) Open Swim Private Lessons H2O Corps	Adult Lap (1) Swim Lessons Private Lessons Aqua Zumba	Adult Lap (2) Open Swim Private Lessons H2O Corps	Adult Lap (1) Swim Lessons Private Lessons Aqua Stand Up (6:00-6:45)		
7:00-9:00	Velocity Swimming	Velocity Swimming	Velocity Swimming	Velocity Swimming	Kayaks (7:30-9:00)	

Based on the Y's commitment to safety, youth participation may be restricted based on age, skill, and/or height. Youth ages 13-16 may participate in adult programs if they are under the direct and constant supervision of an adult family member over the age of 21. Youth who satisfactorily complete the UPLIFT program may participate in an adult program without adult supervision. Please visit with a Y Aquatics Manager for more information.