

## **2017 John Smith Meet Info**

**Meet Site:** Kennedy Shriver Aquatics Center, 5900 Executive Blvd, Rockville, MD 20854

**Date:** March 31<sup>st</sup> to April 2<sup>nd</sup>

**Meet Director:** Noah Ehrenberg, [noahe@montgomerydiveclub.org](mailto:noahe@montgomerydiveclub.org)

**Facility:** Two 1-meter Maxi-B boards on concrete stands  
Two 3-meter Maxi-B boards on concrete stands  
1, 3, 5, 7 & 10 meter platforms with rough-tex surface  
18 ft. depth

**Eligibility:** Open to all competitive blue membership USA diving members, will have JO and novice events, as well as a 19-20 age group and master events. Events will be 1M, 3M, PL and synchro. Age group is determined by age as of 12/31/17.

**Awards:** Awards will be given to top 6 in each event, top 3 for synchro.

**Entries:** Sign up on [www.divemeets.com](http://www.divemeets.com)  
All entries are \$35 per event and a \$10 facility fee per diver.  
On deck or late entries accepted with a \$50 late fee (one or more events)

The next event may use the spring boards or the tower during the previous events warm up as long as its not on the same boards, and there will be open warm ups at the end of the day till close.

Novice events will be on 1 meter and 3 meter and they will compete at the same time as the JO events, no novice tower events and no novice synchro

**JO requirements will follow USA Diving rules. Novice requirements will be:**

<b>Age Group</b>	<b>1m and 3m requirements</b>
11 & under	4 optionals 2 categories
12-13	5 optionals 2 categories
14-15	6 optionals 3 categories
16-18	7 optionals 3 categories

Skills like 100, 200, 001, 002 in any position may be allowed as dives. No repeating dives

### **Synchro requirements**

Age group	1 meter / 3 meter	3 meter / tower
13 & under	<b>1 meter:</b> 4 dives @ 2.0 each 2 optional dives 4 different groups	<b>3 meter:</b> 4 dives @ 2.0 each 2 optional dives 4 different groups
14 & up	<b>3 meter:</b> 3 dives @ 2.0 each 3 optional dives 5 different groups	<b>Tower:</b> 3 dives @ 2.0 each 3 optional dives 5 different groups 5m or 7.5m or 10m

### **Schedule of Events:**

#### **Friday March 31<sup>st</sup>: first event warm up 3:15-4pm first event start at 4pm**

14-15 boys and girls tower

12-13 boys 1 meter / 12-13 girls 3 meter

16-18, 19-20, and masters boys and girls tower

#### **Saturday April 1<sup>st</sup>: 1<sup>st</sup> event warm up 7-7:45am first event will start at 7:45am**

11 & under boy and girl tower

14-15 boys 1 meter / 12-13 boys 3 meter

16-18, 19-20 masters girls 1 meter / 16-18, 19-20 masters boys 3 meter

13 & under synchro 1 meter / 14 & up synchro 3 meter

11 & under boys 1 meter / 11 & under girls 3 meter

12-13 girls 1 meter / 14-15 girls 3 meter

#### **Sunday April 2<sup>nd</sup>: first event warm up 7-7:45am first event starts at 7:45am**

14-15 girls 1 meter / 14-15 boys 3 meter

16-18, 19-20, masters girls 1 meter / 16-18, 19-20, masters boys 3 meter

13 & under synchro 3 meter / 14 and up synchro tower

11 & under girls 1 meter / 11 & under boys 3 meter

12-13 boys and girls tower