STAND! For Families Free of Violence is a catalyst for breaking the multi-generational cycle of violence, promoting safe and strong relationships and rebuilding lives.

Together we are Saving Lives Rebuilding Families Changing the Future

www.standffov.org
Cheryl O’Connor, Board Chair
Gloria J. Sandoval, CEO

In the past year, staff and leadership at STAND! have come together to re-evaluate the type of impact we aspire to make in our community. As always, we strive to support survivors and break the cycle of violence against women and children. We have identified three goals to focus our efforts: Saving Lives, Rebuilding Families and Changing the Future.

With your support, we save lives through programs like our 24-hour Crisis Line, emergency shelter and community liaisons. Every day in the U.S., between 4 and 7 children lose their lives to abuse and neglect while more than 3 women are killed by their partners. We thank the thousands of community members, volunteers and law enforcement partners for their commitment to protecting the lives of our community members experiencing violence at home.

We rebuild families through our Kinship program, domestic violence treatment program and counseling groups. Healing from trauma can be a difficult task, but our clients are up to the challenge. They do it for the health and well-being of themselves and for the happiness of their families.

We change the future through our Youth Education Support Programs, Proud Parenting program and DELTA group. The cycle of family violence can be stopped and our youth groups, instructors and role models are working diligently to make that happen. We thank everyone who has lent their support to our cause.

Thank you.
STAND! has tried to recognize all who have contributed to our work. We apologize if we have inadvertently omitted or misspelled any name.

**Changing the Future:** Community awareness, education presentations, teen dating violence prevention programs, early childhood education, bystander programs and parenting resources us towards a future where the multi-generational cycle of violence has been stopped.

**Saving Lives:** Survivors were able to heal from trauma and live free of violence thanks to support groups, parenting classes, counseling and therapy, transitional housing, respite and support for relative caregivers and treatment for people who used violence.

**Changing the Future:** Community awareness, education presentations, teen dating violence prevention programs, early childhood education, bystander programs and parenting resources us towards a future where the multi-generational cycle of violence has been stopped.

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Natascha is a transitional housing client whose husband’s attempt to strangle her put her at a high risk for homicide. When he began abusing their 6 year old daughter, Natascha knew the only way to keep her family safe was to leave the home and go to an emergency shelter. This is Natascha’s story, in her own words:

A few years ago, my home life with my husband of 11 years started to change dramatically. He started consuming more alcohol, becoming more disconnected in the way he was behaving. I was starting to worry that there were mental health problems going on. One night, he took me in a chokehold so forcefully that I fainted.

Unfortunately, I didn’t go to the police. I was just in shock and so scared of him. My only thought was “How can I tell someone? They’re not going to believe me.” But I found STAND! and I called. That’s the first person I ever told about the strangulation. It was really powerful.

So STAND! referred me to a support group. I filed for a restraining order against my husband, but because of his connections in the county, my request was denied. Later on, he attempted to force me on him. I got used to sleeping with two sets of clothes during the night, even in my own room.

It’s an horrible experience. You’re scared 24/7. And you really don’t get out of bed until it’s got out of control. You live in that vacuum and it’s hell. So I continued living in the house and going to the group, but my daughter started to experience symptoms. You really could feel that it was eating her at even though she didn’t witness direct physical violence. There was just so much tension and she was scared of him.

One day, I got a voicemail from my daughter. I hear her screaming. And I hear a scuffle between her and my husband. I hear her say, “Please, Mom, help me. I’m so scared, please help me.” And I went on and on. It was completely tortuous.

I immediately went to Child Protective Services with the whole recording. They told me it was time to plan a place in the shelter. So I called at STAND! the person who runs the group, and they helped me plan with the emergency shelter.

If it wasn’t for STAND!, I really don’t know what could have happened. First of all, my husband would have been able to get to me. Second of all, I could have lost my daughter because I wouldn’t have had a place to be. STAND! helped us out with basic things like food and rent, because I didn’t have any money at all after my husband began to withhold financial support. If I had been in a regular rental, they would have kicked me out, understandably.

At STAND!, I was able to finish my B.A. online in the safety of the emergency shelter. So I finished the U.S., a woman is assaulted or beaten every 9 seconds. In the U.S., a woman is assaulted or beaten every 9 seconds.
Whether they’re answering calls on the Crisis Line, organizing a donation drive or building awareness in the community, our volunteers are making a real difference in the field of family violence. In the past year, 134 volunteers have contributed a total of 4,764 hours to STAND!—that’s the equivalent of $114,218! Volunteers are the backbone of STAND! and we appreciate the selflessness and dedication they bring to our mission and work.

THANK YOU TO OUR 2014–2015 VOLUNTEERS

Hassan Alabed
Alla Afrowavezova
Fiza Ali
Raveeali Ali
Brais Alvarez
Samone Anderson
Ebby Angalo
Colleen Baker
Joanne Bailey
Linda F. Bezi
Natasha Bijani
Lynn Bidy
Susan Bain
Chelsea Brandt
Bill Brown
Cassie Brown
Dawna Brown
Walter S. Chavez
Thomas Chewqui
Audrey Coled
Kitty Cole
Krystal Cole
Nadia Costa
Kevin Cassero
Sandia Cueva-Garcia
Naghmeh Dadashnejad
Bellas Delgado
Elizabeth Delgado
Aidan Devito
Adriana Dia
David Dioder
Karen Diller
Carlos Euceda
Sandra Felger
Dominic Frett
Saul Flores
Debi Gade
Denise Gaunt
Rikki Glints
Autrambeha Green
Laura Green
Karen Gregory
Kristin Hansen
Looane Hartshorn
Coysette Harts-Williams
Anne Hamell
Jasmine Hernandez
Bajbepi Heyer
Alison R. Hill
Kim Hogan
Nadya Hovens
Jennifer Huber
Linda Huerta
Leanna Jack
Kathryn Jackson
Senna Johnson
Tohson Khan
Nadia Kneboll
Joanne Lawon
Goomsdelly Lellmanu
Tatiana Lonzada
Pamela Lucas
Nadia Maldonado
Danielle Martinez
Taylor McChes
Joe McFadden
Mike McGaff
Mambo Meilewer
Pamela Miles
Jenise Miller
Nancy Miller
Rinal Monson
Adriana Montano
Shari Morfin
Jeffrey Moss-Lande
Fatima Motom
Kevin Munoe
Scharlene Murray
Jason Munari
Nicholas Nasb
Beck Ngan Nguyen
Laura O’Brian
Cheryl O’Connor
Ronnie Ochamoto
Rebecca O’Kieslo
Sandra Oliver
Rekha Patel
Guadalupe Perez
Gibb Pohakar
Jen Price
Jenni Prout
Marley Pragnt
Francisco Ramirez
Wendy Raphael
Bob Roberts
Erika Robles
Sylvia Rodrigues
Leila Rohrs
Kristina Russell
Gloria J. Sandoval
Jacklyn Schuchardt
Cassandra Segal
Kimberlee Seney
Angie Solis
Haley Soto
Elizabeth Stewart
Linda Stich
Tracey Smart
Carole Tempa
Desire Thompson
Linda Thompson
Timothy L. Truesdale
Erika UliahBat
Aramis Valdez
Linda ValenStro
Carolyn Vierra
G rant Wal t
Sandia Washington
Nalene Wons
Kim Weaver
Roberta Whitman
Aliyah Wilmot
Kourtney Wel
Sean Williams
Mary M. Williamson
Aubrih Wilson
Mike Wojcik
Laurie Wolkow

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At 83 years old and still working part-time as a nurse, Denise thought she was done raising children; but life took an unexpected turn when she took on the responsibility of caring for her four great-grandchildren. Marcus, 11, and Devon, 8, were aggressive and had trouble controlling themselves when they were upset or excited while the little ones, Christina, 5, and Adrian, 3, were bursting with more energy than Denise felt she could manage sometimes.

In her efforts to cope with four young children trying to deal with their own unstable family life, Denise fell back on the strict physical discipline that she’d been raised with herself. When her methods became unhealthy for the children, Child and Family Services connected Denise to STAND!’s Differential Response program. The STAND! case manager led Denise and her great-grandchildren to STAND!’s Kinship services. At Kinship, the family worked through their challenges, explored healthy alternatives to physical discipline and learned ways to enjoy positive experiences together.

With the help of her case manager, Robyn, Denise and her family have been able to access the resources they need to heal and grow strong as a family. She has connected with several food banks in the area to help feed her family and herself on her limited budget. Additionally, Denise, Marcus and Devon will receive free counseling services to help them develop positive coping and communication skills through STAND!’s counseling program.

“At Kinship, the family worked through challenges, explored healthy alternatives to physical discipline and learned ways to enjoy positive experiences together.”

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FACTS

- As many as two-thirds of people in treatment for drug abuse reported being abused or neglected as children
- Violence in the home is correlated with a higher rate of depression and suicidal behavior
- 173 caregivers and 327 children received support through Kinship Services
- 204 caregivers participated in Differential Response/Path II programs
- 176 parents took a 10-week Proud Parenting course

Denise is proof that it is never too late to stop the cycle of violence and rebuild your family. With the guidance of her case worker and the support she found at STAND!’s Kinship program, Denise learned how to be a better great-grandmother to the four children. Since engaging with STAND!, Denise has not been in contact with Child and Family Services and is happy to report that, with the appropriate resources in place and the support of her community, things at home are going much more smoothly.
Nadia joined STAND!’s Youth Against Violence (YAV) program not realizing the impact teen dating violence had already had on her life. Through the YAV program’s Expect Respect group, Nadia learned how to recognize abuse in a relationship and how to educate her peers on dating violence. This is Nadia’s story in her own words:

My relationships have been rough, I guess you could say. I see other people in their relationships and I’m like, “Wow, I wish I could be like them.” But you know, people always have another side to their relationship that others don’t see.

With mine, my ex-boyfriend would always ask me, “Where are you?” or “What’s your password to this?” We would get into a lot of arguments. Through my eyes, that was fine. All relationships have their ups and downs and people have to get through them.

He would always ask me, “What are you doing today?” and if I didn’t respond fast enough, he would get upset. Now I realize that’s not ok. The reason why I realized is because I joined this group called Expect Respect and it taught me a lot about my relationships. It taught me about abuse. But when I heard the word abuse, the only thing that really came to mind was physical abuse. I never really knew that there were all these different types of abuse: sexual abuse, financial abuse, physical abuse. I didn’t realize. Now I see that a lot of those were in my relationships and I’m like, “Wow. How did I not see this?”

Now I see that it’s not ok. Thanks to Expect Respect, I realize that I went through the cycle of abuse over and over again and I never knew how to stop it. But now I’m out of that abusive relationship and I’m starting fresh.

“I learned a lot about how to not just help myself but how to help others, how to talk to them and show them that their abusive relationship isn’t ok.”

FACTS

- 1 in 3 adolescents experience verbal, emotional, physical or sexual dating abuse each year
- 1,579 teens participated in You Never Win With Violence presentations
- 30% of adolescent girls (ages 15 to 19) who are murdered every year in the U.S. die by the hands of an abusive partner
- 385 teenage girls participated in Expect Respect support groups

Thanks to the YAV group and the leadership, I learned a lot about how to not just help myself but how to help others, how to talk to them and show them that their abusive relationship isn’t ok. I learned how to not really approach the problem, not to directly tell them “You need to do this,” but to question them. Help them realize what they need to do, help them realize their own situation, just like YAV helped me.

It changed my perspective on relationships and how they should go. Now it’s possible for me to open up and tell everybody that I was in an abusive relationship, too. My life now, I guess you could say it’s changed a lot, knowing I’ve been through an abusive relationship.

I would tell other people to always keep their head up, even if they are in a tough situation. They can always talk to me. That’s my story.
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Hassan Alabass
Ali Afrogomarova
Fiza Ali
Ravneet Ali
Baran Alvare
Samone Anderson
Edith Angulo
Colleen Baker
Joanne Baby
Linda P. Bost
Natasha Brijani
Lynn Brody
Susan Branch
Chelsea Brandt
Bill Brown
Casey Brown
Denise Brown
Walter S. Chavez
Thomas Chuaqui
Audrey Colefield
Kitty Cole
Krystal Cole
Nadia Costa
Kevin Caceres
Sandra Cuevas-Garcia
Naghshem Darahbojtal
Bolaun Delgado
Elizabeth Delgado
Aidan Devito
Adrianna Diaz
David Doidge
Karen Doolan
Carlos Escuela
Sandra Felger
Dominic Ferrise
Saul Flores
Debi Gale
Denise Gant
Rikki Glantz
Astrawanah Green
Laranta Green
Karen Gregoire
Kristin Hamren
Louise Harthoorn
Carynne Harts-Williams
Anne Hamell
Jasmine Hernandez
Bishop Heyer
Alison R. Hill
Kim Horgan
Nadia Hossen
Jennifer Husler
Linda Huerter
Leanna Jack
Kathryn Jackson
Sonja Johnson
Teasom Khan
Nadia Kishoff
Joanne Lashon
Greensdorn LeBlanc
Tatiana Lepard
Pamela Lucas
Nadine Maldonado
Danielle Martinez
Taylor McClure
Joe McFadden
Lisa McGaffie
Marsha Meadors
Pamela Miles
Janie Miller
Jenny Miller
Rita Minson
Adriana Montano
Shari Mofrin
Jersey Moss-Landeen
Fatima Motomo
Kevin Munoz
Sachume Murray
Jassei Mustari
Nicholas Nash
Bich Nguyen
Laura O’Brien
Cheryl O’Connor
Bonnie Ochimoto
Rebecca O’Keefe
Sandra Oliver
Rebeka Patel
Guadalupe Perez
Gabi Poljakov
Janet Price
Jaimie Prout
Marley Pratt
Francisco Ramirez
Wendy Raphael
Bufie Roberts
Erika Robles
Sylvia Rodriguez
Lola Rohrs
Kristina Russell
Joe Sanchez
Sallie Sanchez
Glenn J. Sandelev
Jacklyn Schubach
Casandra Segal
Kimberlee Sennay
Pablo Serrin
Jerry Young
Nicholas Simurdo
Gary P. Snyder
Alison Solis
Halley Soto
Elizabeth Stewart
Linda Stinch
Tracey Smart
Carole Tempe
Destiny Thompson
Linda Thompson
Timothy L. Trudelle
Erika Ulrichbauer
Aramis Valdez
Linda Valentin
Carolyn Vieria
Grant Walker
Sandra Washington
Nalena Wiesn
Kim Weaver
Roberta Whitman
Alejandra Wilbert
Kountrey Wiley
Sean Williams
Mary M. Williamson
Ashleah Wilson
Mike Wozick
Laurie Wolkow
Natasha is a transitional housing client whose husband’s attempt to strangle her put her at a high risk for homicide. When he began abusing their 6 year old daughter, Natasha knew the only way to keep her family safe was to move them to an emergency shelter.

This is Natasha’s story, in her own words:

A few years ago, my home life with my husband of 11 years started to change dramatically. He started consuming more alcohol, becoming more disconnected in the way he was behaving. I was starting to worry that there were mental health problems going on. One day, he took me in a checkbook so forcefully that I fainted.

Unfortunately, I didn’t go to the police. I was just in shock and, because there were no marks, I thought, “How can I tell someone? They’re not going to believe me.” But I found STAND! and I called. And that’s the first person I ever told about the abuse.

If it wasn’t for STAND!, I am really scared to think of what could have happened... I really don’t know what would have happened to my daughter housing and I’m applying for jobs. I have my second interview later today. My husband kicked me out, understandably.

We really just can’t afford to keep her family safe was to move them to an emergency shelter. So I fainted.

Between 21-60% of victims of intimate partner violence lose their jobs due to reasons stemming from the abuse.

1 in 15 children are exposed to intimate partner violence each year. 90% of these children are eyewitnesses to this violence.

Between 21% and 60% of victims of intimate partner violence lose their jobs due to reasons stemming from the abuse.
How your Donations Serve Our Mission

When you donate to STAND!, you can trust that your dollars are being used to stop the cycle of family violence in our community. Last year, 77% of funds went directly towards programs and services for family violence survivors. 23% of funds went towards other important costs—such as rent, staff salaries and fundraising—that make our work possible.

Through government funding, foundation grants and support from individuals, more than 90 families and individuals are served each week. More than 3,300 survivors of domestic violence received emergency shelter for women & children, 2,214 attended day treatment programs, 212 attended prevention education presentations, 100 received legal advocacy services, 76 adult education presentations were held, and 15 women and girls attended job training programs. 233 adults and child victims of crime received 2,126 sessions of therapy, 1,975 adults and youth participated in violence prevention community education programs.

Changing the future: Community awareness, education, presentation, 24-hour Crisis Line and STAND!'s community-based advocates provided a comprehensive range of services at locations throughout Contra Costa County.

• Saving Lives: STAND! provided critical advocacy, grants and support for services such as safe shelter for women and children, a toll-free 24-hour Crisis and Counseling Line, emergency response team, court accompaniment and legal help.

• Rebuilding Families: Survivors were able to heal from the trauma of violence thanks to support groups, parenting classes, counseling and therapy, transitional housing, respite and support for relative caregivers and treatment for people who used violence.

The Numbers

$114 million of emergency shelter for women & children
2,214 support group sessions took place, helping people heal from trauma
379 victims of domestic violence received emergency transportation to a safe place
352 survivors of domestic violence received social services
229 survivors of domestic violence received court advocacy services
233 adult and child victims of crime received 2,126 sessions of therapy
1,975 adults and youth participated in violence prevention community education programs

STAND! has tried to recognize all who have contributed to our work. We apologize if we have inadventuously omitted or misspelled any name. Please advise us of any errors so that we may correct our records. Contact Mrs. Lach, 925/455-0135 or lr@lach.org

How are your donations used?

The diagram above shows the breakdown of your donations and how STAND! is able to use them to help families on the road to healing.

Revenue

Funding Sources

Management & General

Program Services

Government Grants & Support

Other Sources

Use of Funds

15% 77% 18% 15% 6% 76% 34% Saving Lives

30% Cycle of Violence

18% Rebuilding Families

6% Other

100% Program Expenses

31% Donation

46% Government

23% Other

33% Other

Other Sources

24-hour Crisis Line and STAND!'s community-based advocates provided a comprehensive range of services at locations throughout Contra Costa County.

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Message from Our Leadership

In the past year, staff and leadership at STAND! have come together to re-evaluate the type of impact we aspire to make in our community. As always, we strive to support survivors and break the cycle of family violence. We have identified three goals to focus our efforts on: Saving Lives, Rebuilding Families and Changing the Future.

With your support, we save lives through programs such as 24-hour Crisis Line, emergency shelter and community liaisons. Every day in the U.S., between 4-7 children lose their lives to abuse and neglect while more than 3 women are killed by their partners. We thank the families, community liaisons, volunteers and law enforcement partners for their commitment to protecting the lives of our community members experiencing violence at home.

We rebuild families through our Kinship program, domestic violence treatment program and counseling groups. Healing from trauma can be a difficult task, but our clients are up to the challenge. They do it for themselves and for the health and happiness of their families. We thank the families who have our programs and allow us to serve them as they rebuild.

We change the future through our Youth Education Support Programs, Proud Parenting program and DELTA group. The cycle of family violence can be stopped and our youth groups, instructors and role models are working diligently to make that happen. We thank everyone who has time, their voice and their expertise to raising awareness and engaging the community to end family violence.

Building a brighter future for our community is a group effort that would be impossible without the generosity of our supporters. From the Rebuilding Lives Luncheon to our quarterly Catalyst newsletter, donors like you have stepped up every time we’ve reached out with a need. In the following pages, you can see the direct impact your support has had on real people and real families who are rebuilding their lives after experiencing abuse. We can continue to program that heal scars, re-establish trust and provide fresh starts.

Thank you.

Gloria J. Sandoval, CEO

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We rebuild families through our Kinship program, domestic violence treatment program and counseling groups. Healing from trauma can be a difficult task, but our clients are up to the challenge. They do it for themselves and for the health and happiness of their families. We thank the families who have our programs and allow us to serve them as they rebuild.

We change the future through our Youth Education Support Programs, Proud Parenting program and DELTA group. The cycle of family violence can be stopped and our youth groups, instructors and role models are working diligently to make that happen. We thank everyone who has time, their voice and their expertise to raising awareness and engaging the community to end family violence.

Building a brighter future for our community is a group effort that would be impossible without the generosity of our supporters. From the Rebuilding Lives Luncheon to our quarterly Catalyst newsletter, donors like you have stepped up every time we’ve reached out with a need. In the following pages, you can see the direct impact your support has had on real people and real families who are rebuilding their lives after experiencing abuse. We can continue to program that heal scars, re-establish trust and provide fresh starts.

Thank you.

Gloria J. Sandoval, CEO

Message from Our Leadership

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STAND! For Families Free of Violence is a catalyst for breaking the multi-generational cycle of violence, promoting safe and strong relationships and rebuilding lives.

Together we are Saving ⬅️ Rebuilding ➤ Changing the Future

www.standffov.org

STAND! For Families Free of Violence