

CHOOSE LIFE

Jonah 1

God is the _____ of life. He wants _____ for us.

ELEPHANT IN THE ROOM:

WHAT IS SUICIDE?

WHAT DOES THE BIBLE SAY ABOUT SUICIDE?

WHY DO PEOPLE CHOOSE TO COMMIT SUICIDE?

WHAT ARE THE CONSEQUENCES FOR SURVIVORS?

over

WAYS TO HELP YOURSELF IF YOU ARE A SURVIVOR OF SUICIDE LOSS

HOW DO WE TAKE CARE OF OURSELVES NOW?

HOW DO WE HELP OTHERS?

Know the signs

OTHER THINGS WE CAN DO

QUESTIONS?