Senior Newsletter

Our mission is to: Come alongside senior adults in a dynamic season of life to provide friendship, laughter, spiritual care and a great lunch.

Senior Lunch has CHANGED!

When: Thursday, September 16 from 11:00am - 1pm
Where: Under the tents in pass-through from the lower parking lot to the upper parking lot. We want to keep you safe, so we will eat lunch outside this time. We will have tents to keep the sun off of us.

What: Chef Michele's famous and delicious salmon! And lots of friends to see. Mike Maybell will be sharing about his near death experience and miracle of God on the way to Ojai.

What should I bring? A face mask, a $7 donation, if you are able, and new friends!

How do I get there? From Cliff Drive turn down Santa Cruz Blvd. You may park in the lower lot, off Santa Cruz Blvd., and then walk to the tent area. There will be signs and friends along the way to direct you where to go. A restroom will be available indoors. Please remember that due to state licensing guidelines, you may not enter the preschool area at all. There will be no access down the stairs or driveway from Cliff Drive. Please enter from the lower parking lot only.

For the safety of all, we ask that everyone wear their face mask when they are not eating or drinking.

We can't wait to visit with you!!
When you were a little kid what was your favorite game or sport? What lit you up inside and made you smile and laugh without a care in the world? Maybe it was racing your neighbors down the street or turning wagons into go-carts, playing checkers or kicking a soccer ball, riding on your bike or dressing up your doll? Throughout this pandemic I have reconnected with my love of play that I had as a kid. To put it bluntly, I have become absolutely obsessed with the sport of Pickleball. ;)

Pickleball is a sport that is a loose combination of tennis, ping pong, and badminton and is played with four people. It requires intense focus, hand eye coordination, and picking up the basics is relatively straightforward. I now play about three times a week and it is SO FUN! I can’t help smiling even thinking about it.

I think that we as humans enjoy play because God enjoys play too. God did not have to create us but He chose to create us and the whole world out of His love, creativity, and sense of play. Another way of thinking about it is this: “creation as a whole is because of divine playing – and this playing is one of love. Our own playing, our own refusal to reduce our acts to strict biological or utilitarian purpose, to waste time and energy in superfluity, is a sign of being made in the image and likeness of God” (Brendan McInerny).

So when is the last time that you have played? When is the last time that you have done something for pure enjoyment enjoying the gifts God has given you? When we find ways to play in our lives we mirror our own loving and playful Creator who created us not because He had to but because He loves us.
When the road is rough,
Hold on to the words of the Master.
When your pace has slowed
And you just can’t go any faster.

Put your hand in His
For He NEVER will let you go;
On a mountaintop
Or the lowest depths you know.

Just wait on the Lord
For He will renew your strength.
With wings like an eagle,
Friend – you will rise again.

When you wake or sleep,
The Lord watches over you;
Your soul He keeps –
His word is forever true.

He’s the King of Kings;
Jesus, your greatest Friend
He’s Alpha and Omega,
There from beginning to end.

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(Isaiah 40:31; Psalm 121:4-6; Revelation 1:8)
Geography!

Take a trip around the world

A J W I M I S S O U R I R I V E R T O K Y O
I R S B B R S N I A T N U O M L A R U W H N
S V C N J P F R E V I R N O Z A M A N W A T
A R C T I C N Q A O L O A P O A S O R I A C
I A H G N A H S D C X U U U C M G R D D T A L
A J Y A N G T Z E R I V E R A T D I E T S K
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L A Q F E U S Y Z W R Y M H O H W I O T M U
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S A U J I E O Q C E R A N C O R I U X A C N
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AFRICA
AMAZON RIVER
ANDES MOUNTAINS
ANTARCTICA
ARCTIC
ASIA
ATLANTIC
ATLAS MOUNTAINS
AUSTRALIA
BALDWIN
BEIJING
BUENOS AIRES
CAIRO
CALCUTTA
DELHI
EQUATOR
EUROPE
HIMALAYAS
INDIAN
JAKARTA
LOS ANGELES
MEXICO CITY
MISSISSIPPI RIVER
MISSOURI RIVER
MUMBAI
NEW YORK CITY
NILE RIVER
NORTH AMERICA
OSAKA
PACIFIC
PRIME MERIDIAN
RIO DE JANEIRO
ROCKY MOUNTAINS
SAO PAULO
SHANGHAI
SOUTH AMERICA
SOUTHERN
THE ALPS
TOKYO
TROY
URAL MOUNTAINS
YANGTZE RIVER
YELLOW RIVER