

London School *of* Reflexology

Certificated Diploma Course in

Advanced Facial Reflexology

Sunday 26th June or 16th October or 4th December or 26th March or 3rd June or Sunday 17th September or Sunday 12th November

London School of Reflexology Regents College Regents Park NW1 4NS
10.00am – 5.00pm £105 (£92 early bird bookings)



This hands on practical day will develop your Facial Reflexology skills and will expand on your knowledge and techniques to include the **full Facial Reflexology sequence**. This will allow you to skillfully *adapt* the clinical expertise that you have learned in foot reflexology to facial reflexology for a range of common ailments and to meet client needs.

We will expand on the individual therapeutic techniques, instruments, massage movements and highlight the unique benefits of Facial Reflexology.

You will also learn a Metamorphic Technique on the spinal reflex on the face to help bring about client's relaxation on a deeper level.

By the end of the course we aim for you to be able to identify all the points on the face as well as adapt a seamless 40 minute treatment with various techniques.

As you have completed Facial Reflexology 1, you will already understand that the face provides a beautiful and precise tool to read what is going on within the body's internal organs, central nervous system and neuro-biological system.

Your facial reflexology sessions can help the face feel and look smoother and more toned. Over a series of sessions clients will notice a reduction in lines and wrinkles and with this 'mini face lift' you can help build up a new layer of skin tissue and improve skin tone. As you

stimulate the body's healing mechanisms and encourage the body to eliminate toxins with Facial Reflexology clients can look better, younger, less stressed and have a healthy glow on the outside as well.

In order to concentrate on the guided practical aspect of learning, and choosing to not lengthen this course you will be expected to complete:

Home Study of specific Face, head and neck A & P, pathology of the skin and a refresher of common conditions and appropriate reflexology points.

You will be required to submit 3 full Facial Reflexology Case Studies (within 10 weeks of completion of the course).

Digital copies of Facial Reflexology Case History form will be provided, along with a comprehensive booklet, Facial Reflexology Chart and Facial Reflexology Diploma on completion of the required case studies.

Students need to complete Facial Reflexology 1 first before attending **Advanced Facial Reflexology**

COURSE BOOKING FORM

I wish to confirm my place for Advanced Facial Reflexology on:

and enclose my course fee of £ to Z Bergman.

(Print your name, course and date of course on the back of cheques)

Name

Address.....

.....

Phone Numbere- mail

Please return your completed application form to:

London School of Reflexology 13 Brookfield Mansion, Highgate West Hill London N6 6AS.
020 7691 0793. www.learnreflexology.com.

Terms and conditions are the same as the (ABC Diploma) course; we do not offer refunds.