How baby grows

**Every visit counts!**

Regular well baby visits can help keep your baby on track.

The doctor will check your baby before you both go home from the hospital.

After that, your baby’s first-year visits usually take place at:

- A few days old to 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months

Check with your doctor about the timing of your well baby visits.

Here are some things the doctor may do. These are general guidelines. Your baby will grow and develop at his or her own pace.

Stay on track for your baby’s next well visit:

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**1 month**

- Talk about feeding, breastfeeding, vitamins, nutrition
- Give a physical exam
- Measure and write down your baby’s height, weight, and size of your baby’s head (circumference)
- Give recommended shots (vaccination)
- Check how your baby is growing and developing (Does your baby smile in response to another person’s smile? Tightly clench fists?)
- Answer any of your questions or concerns

**2 months**

- Give a physical exam
- Measure and write down your baby’s height, weight, and size of your baby’s head (circumference)
- Check how your baby is growing and developing (Does your baby make sounds like ‘oooh’ and ‘ahhh’?)
- Give next set of recommended shots (vaccination)
- Talk about feeding, breastfeeding, vitamins, nutrition
- Review ways of childproofing your home
- Answer any of your questions or concerns

More about your baby’s visits at months 4, 6, 9, & 12

Provided as an educational resource by Merck
<table>
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<td>• Ask about introducing solid foods</td>
<td>• Give next set of recommended shots (vaccination)</td>
<td>• Ask about your baby’s vision, hearing and speech</td>
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<td>• Check how your baby is growing and developing (Can your baby hold up head? Try to roll over? Use hands?)</td>
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In addition to usual well baby visits, call the doctor any time you have questions or if your baby is sick with fever, diarrhea, vomiting or other problems.

Want more resources to help keep you and your family healthy? Visit MerckEngage.com/healthyfamilies.